School Looks to ‘Exotics,’ Reconsiders Europe
Making the Long Bet at Lincoln Academy

Lincoln Academy international student Kai-Lin Shen and Sophia Barlowe. PHOTO BY ETHAN ANDREWS

Ethan Andrews

Last winter, Lu-Shien Tan, director of admissions at Lincoln Academy, visited Finland, the Czech Republic, Poland, Germany, England, and Ireland. This spring he traveled to Singapore, Hong Kong, Thailand, Malaysia, China, Cambodia, and Vietnam. Recently, back in his office in Newcastle, he recounted with excitement how he had recruited a student from Cambodia and one from Hungary, who would be coming to Lincoln Academy in the fall. Both countries are new to the school’s roster and not typically ones that send students to private schools in the U.S. I told him I envisioned the recruiting process like a treasure hunt in a jungle.

“They do feel like treasures,” he said. “When you have a Cambodian from the diplomatic elite, that is absolutely a treasure,” he said. Tan described this particular student as “groomed” by his background but not a blue blood to the core. “He is starry-eyed, giddy. Which is perfect. He’s not entitled.”

Lincoln Academy is a hybrid of a public and private school. Founded as a private school in 1801, one hundred years before public education was established in Maine, the school became the de facto high school of the Damariscotta-Newcastle area. Today, the state school funding goes toward tuition for the Damariscotta-Newcastle area. The school became the de facto high school in 1801, one hundred years before public education was established in Maine.

Tan’s job is to find those students wherever they might be in the world. This wouldn’t be possible without the international students, who work in their home countries around the world and serve as intermediaries between Tan and parents who are driven and affluent enough to send a child overseas in hopes of setting them up for placement at a top college or university, and is presumably boundless success.

A generation ago, Tan was on the other side of the table. He grew up in Singapore and was precocious enough that his parents, after his 10th-grade year, sent him to Baylor University in Waco, Texas, a wealthy Southern Baptist school where he was one of 20 foreign students. His two older sisters had gone there. Tan was 16 when he got on the plane. Reflecting on his parents’ thought process, he called it “a choice of convenience and safety,” and described his own experience as “absolutely terrifying.”

In his work at Lincoln Academy, he keeps that in mind, in the sense of not wanting to repeat a mistake, “I pulled it off.” he said, LINCOLN ACADEMY continuous page 9
2019 Summer Solstice Celebration
Street Party & Dock Party

- A production of Rockland Main Street, Inc. featuring the annual Wayne Steeves Memorial Whoopie Pie Eating Contest on Main Street, sponsored by Rockland Cafe.
- New this year is the Rockland Sculpture Race during the Street Party!

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Main Street Closes between Park and Summer 4-7pm. No Parking after 3pm

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Eat-In or Take-Away – Open 10:30 – 4:00
397 Main Street, Rockland (207) 593-7778
Downtown Rockland will host two parties on Saturday, June 15. The Summer Solstice Street Party on Main Street, 4 to 7 p.m., will feature live music, food, and family games. The After Hours Dock Party, from 6 to 10:30 p.m. at Journey’s End Marina, at the end of Tillson Avenue, will feature music from DJ Dan Miller, and food for sale. Both a cash-only bar, live music by the band Outerspace, dancing and events are free. The street party is family friendly; the dock party is for adults only, with ID. During the street party, Main Street will be closed to vehicles from the corner of Park Street all the way to Summer Street, but the entire harbor will be accessible via Park Drive and the Harbor Park entrance next to Mildred Merril Park on South Main Street. Park Drive will be open to provide complete access to Bailey Park, Lormond’s Cove, Journey’s End Marina on Tillson Avenue, and the Landings Restaurant and Marina on Commercial Street. There will be no access to Main Street via the side streets between Park and Summer. Parking will be available behind the Thondike block, accessible from lower Tillson, via Park Drive, in the Winter Street parking lot, also accessible via lower Tillson Avenue. Public bathrooms are located on Tillson Avenue. A sculpture race is scheduled to begin at 5 p.m. Registration for the “Wayne Steeves Memorial Whoopie Pie-Eating Contest” will begin at 4 p.m.; the contest will begin at 6 p.m. During the event, smoking on Main Street will be prohibited and dogs must be kept on a leash. For more information, email rockland-downtown@gmail.com or call 593-6693.

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Lobster Management Zone Council Meetings

On Thursday, June 20, at 6 p.m. in the gym at Camden Hills Regional High School, 25 Keelson Drive, Rockport, the Maine Department of Marine Resources will host a Lobster Management Zone Council meeting to facilitate the development of a Lobster Management Plan. The zone targets established by the Atlantic Large Whale Take Reduction Team for right whale protection. The meeting is one of seven scheduled in the state.

The team has recommended broad measures for Maine that include removing 50 percent of vertical lines from the Gulf of Maine and 25 percent from the Bay of Fundy, as well as a ban on lobstering from the top of vertical lines. The measures are driven by federal laws designed to protect whales — the Endangered Species Act and the Marine Mammal Protection Act.

The targets established by the Atlantic Large Whale Take Reduction Team have been criticized for placing too heavy a burden on Maine lobstermen. Maine’s delegation in Washington, D.C., has called for consistency in how the reduction is measured from state to state. National Fisherman reported that Massachusetts listed an existing area closer as a part of its plan for further reducing risk to whales, while Maine listed only new management measures.

Department of Marine Resources Commissioner Patrick Keliher will work with each Lobster Management Zone to develop a proposal that meets the Atlantic Large Whale Take Reduction Team’s goals. Meetings were held earlier this month in Trenton, Deer Isle and Kennebunk. In addition to the Rockport meeting, the department is scheduled to hold meetings in Wiscasset (June 13), East Machias (June 18) and Freeport (June 27).

In all of China it may come to pass that not one article, not one posting or tweet, not one family’s remembrance, not one victim’s photo, and not one explicit word about events at Tiananmen will see the light of day

Notes from Away

Tiananmen Square, June 2019

by Stephen Harder

I used to jog some mornings around the great square in the center of Beijing — the largest square in the world, surrounded by a wall 1900 feet high that lists in order past the Forbidden City and Mao’s huge portrait, past the Great Hall of the People, past the Monument to the People’s Heroes with its sculpture in motion and students past the Museum of Chinese History, and then a quarter mile along Chang An Avenue to return to my room (for more than a year) in the Peking Hotel. That spring of 1989, in the early days of the crisis, I woke up one morning near the Hotel Gate was almost empty, except for a small group of soldiers raising the national flag.

The soldiers are stationed along the way by barricades of buses, hostile disbeliefing crowds, and, at least some who have burned firebombs, some armored personnel carriers, and some of the young soldiers in them, during the night. Some also make it to the rooms of the hotel. In the next 18 months, the Tiananmen will see the light of day, except to be erased within seconds by government censors. And it is worse now than those 18 months ago. Even if a student in Tiananmen Square could see the image of millions. In April of that year a former party leader, its Mandarin dialect, make camp in the outskirts of the city. Some have never been to Beijing, and some of whom barely speak Mandarin, but they have come to Beijing to study Chinese — they have come to Beijing to learn Chinese — they have come to Beijing to read the white paper to be released by the state welcome at the airport instead of the steps of the Great Hall of the People — a loss of face for the increasingly nervous government, and until then Deng’s chosen successor — know-}

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Established 1985 by Roade Brewer & Martha McSweeney Brewer.
Aubanq to Raise Salmon at Former Millinocket Mill
Fourth Fish Farm Planned for Maine
by Ethan Andrews

The return of Atlantic salmon to the shores, if not the water, of its native Penobscot River spawing grounds continues.

A U.S. subsidiary of K.U.-based Aquacul- ture Management & Holding Co., on June 11 announced plans to build a land-based, recirculating aquaculture system (RAS) to raise Atlantic salmon at the former Great Northern Paper mill site in Millinocket. The company plans to break ground next year and pro- duce 3,600 metric tons of Atlantic salmon per year by 2022 and up to 10,000 tons by 2024.

CEO AJ Shapiro, in an email to The Free Press, declined to say exactly where the facility would be located on the former mill property, but he has secured the land, saying no final decision would be disclosed later.

Our Katahdin, the nonprofit that owns the former paper mill, did not immediately respond to a request for comment.

In spite of six cited examples of obstruction. Because of

The gift of democracy for granted and have not realized

The two-page summary that Attorney General Barr submit- ted to the Congress and America when he first received the report, and the statement that he made an hour and a half before the release of Volume I of his report, were misleading and confusing to the public, serving the interests of the president rather than the interests of the public.

In Mueller’s short presentation of the report a few weeks ago, he made it clear that he was leaving the decision about whether the president was guilty of obstruction of justice to Congress and to the people. He has left the outcome of this moment of truth and the preservation of the spiritual and moral legacy of this democracy in our hands. It is up to us to pass on the noble vision of our forefathers, members of the Founding Generation who were willing to sacrifice their lives as a beacon of hope and light in the world. It is our moment in history, and our children, grandchildren and generations to come will judge us by our response to it. Can we lift our voices, lend our ears, and see that we will not make just a sound in our busy lives to preserve our precious heritage. Although the Mueller Report is lengthy and heavy it is our guideline to know. Even if we have only time to read a small bit of its Mueller’s summation at the beginning of each volume gives us a glimpse into the rest of it. Make a commitment to your children and grandchildren to read as much of it as possible and become engaged in the battle to preserve democracy.

The Governor’s Climate Bill

Your recent article “Gov. Mills Introduces Bill to Miti- gate, Prepare for and Adapt to Climate Change” (May 2) highlighted Governor Mills’ climate bill (LD 1679). This bill is unanimously passed by the Environment and Nat- ural Resources Committee; once it is finalized, it will go to the Maine House and Senate for a vote.

This bill makes Maine a leader in emission reduction, but climate action on the national level is crucial as well. In the U.S. House, the Climate Action Now Act, H.R. 9 — co-spon- sored by Maine’s U.S. Reps. Jared Golden and Chellie Pin- gree — is aiming to do this. Sen. Jeanne Shaheen from New Hampshire has introduced a Senate version, the Climate and At- mospheric Protection in the Senate to show solidarity with the Climate Action Now Act, the International Climate Accountability Act. These bills hold the U.S. accountable for meeting the emis- sion reduction standards the Paris Agreement requires, regard- less of official membership. Local solutions are crucial, but Mainers should call for their federal representatives to sup- port the measures. To help, see www.350.org and the International Climate Accountability Act.

Samantha Jones, Climate Action Intern, Environment Maine

End Robocalls Now

by Michael G. Roskin

E verybody hates robocalls — 48 billion last year, nearly half of all calls and get- ting worse — and Do Not Call is laugh- ingly ineffective. Why then is making this a political issue so delayed? Is the telemarketing industry so powerful that they hold our politi- cians in thrall?

Internet providers have blocked spam for years, and phone companies claim they block telemarkam. They go slow, however, offering partial solutions and are notable for lack of market. Social add-free market proposals. No one may retrain and those that do the right to advertise. A few note that by own- ing a phone you are entitled to get marketing messages on the reciever and have no rights? The right to a calm dinner uninterrupted? The right to enjoy a tranquil evening? Older people (I’m one) may need after- hours calls for dental services, but the general number of rob- ocalls may be a health hazard. In addition, many unso- licited calls are crooked, certainly those that ask for payment or personal numbers.

Come on, politicians, do something against this evil wave! True, attempting to outlaw unsolicited calls may encounter overstretched constitutional arguments for free speech, but the Constitution also enjoins Congress to set rules for inter- state commerce. Congressional paralysis is bad governance.

One measure would be effective, revenue-enhancing and check the complacency: tax all phone calls. Telemarketers can operate because their costs are low. Robocall offerings robocalls for one cent a minute per call or lower. Solution: Boost this cost. Even a small tax — say, 10 cents per call — might persuade most robocallers to cease. If not, make it 20 cents.

And you wouldn’t have to laboriously separate out robos and unwanted callers. You just tell your provider which com- pany algorithms to automatically do that are flawed and evaded.

One would care about paying a dime to talk to a relative, friend or customer, but 10,000 robocalls would cost do. Political robocalls, currently unrestricted, should also pay.

Part of the problem is that phone-service providers give their time and too competitive and how wages across the board to give a phone; they send regular letters. You phone calls. Robocallers can

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munity to get approval for construction, just like Walmart, Walgreens, a new gas station or a wind farm.

Maine lawmakers and the state legislature have long been concerned about the financial impact of offshore drilling. The Governor (M. Kyrillos) predicted that the bill would effectively allow “a single community, 69 pop- ulation, to veto a project that affects our whole regional grid and would have long-term benefits.”

The Maine House and Senate also voted to pass LD 1363, which would require two-thirds of municipalities along the route of the transmission line to approve the project. It would also prohibit state and local governments from approving a high voltage electric transmission line unless the commission finds “sig- nificant tangible public benefits” will result from the project. This measure would make good on a promise through votes to pass a bill which would require the Department of Environmental Protection to conduct a review of the effect that the offshore wind transmission line project would have on the functioning of the college.

The Arizona-based organization cites several situations in which conservative professors were banned from college cam- pus and shut down by students for holding controver- sial viewpoints. A number of conservative University of Maine students spoke in favor of the original bill, although none of them mentioned a specific instance when their free speech rights were violated. Speaking in favor of the original bill last week, Rep. Larry Lockman (R-Bradley), who was one of the main sponsors of the bill, said that he was concerned with the idea that free speech at the University of Southern Maine in 2017, criti- cized UMaine for requiring students to ask permission before participating in specific political activities on campus.

“Who has a fundamental, inherent or unalienable right to other’s labor, which is where this could take us,” said Lockman. “This is tantamount to involuntary servitude as referenced in the 13th Amendment of the Constitution.”

The charge elicited an emotional response from Hick- man, who is African-American. “With all due respect to the statesmanship of our Constitution,” said Hickman, “there is no way I would put in a Constitutional amendment that would enslave the state of Maine.”

The bill also would allow the state to designate other state agencies, as well as colleges and municipalities, to submit registration information to the bureau for inclusion in the central voter registration system. Finally, LD 1463 lowers the age at which a person may submit a conditional regis- tration to vote in a general election, from 17 to 16. Maine Law of Women Voters and other progressive groups testified in support of the bill as a way to help more young people register to vote and to stay on the voting rolls. But opponents said it would make “a dangerous mess” and would lower electoral participation. “The state of Maine has nothing to gain and everything to lose from offshore drilling. It would expose our economy, health and wildlife to significant new threats of oil pol- lution, oil spills and other ill effects,” said Rep. Susan MacLean, a member of the Natural Resources Council of Maine in a statement. “We’re glad to see the Maine Legislature take this step in protect- ing our coastal economy and environment.”

Many conservative politicians have voiced similar mea- sures. Nevertheless, Rep. Dick Campbell (R-Orrington) said he opposed the bill because it is “symbolic” as there are likely no hydrocarbon reserves in Maine or in Maine waters, according to the Maine Geological Survey.

The Maine House last week rejected a bill (LD 1616) that would ban tobacco vending machines, a bill which would require two-thirds of municipalities along the route of the transmission line to approve the project. It would also prohibit state and local governments from approving a high voltage electric transmission line unless the commission finds “sig- nificant tangible public benefits” will result from the project. This measure would make good on a promise through votes to pass a bill which would require the Department of Environmental Protection to conduct a review of the effect that the offshore wind transmission line project would have on the functioning of the college.

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Notes from Little City
by Nathan Kroms Davis & Becca Shaw Glaser
Is Rockland a Walkable City?

We have been pleased to see Rockland — both the city and its residents — increasingly take the needs of pedestrians, as well as bicyclists, skateboarders and wheelchair users, into account. But it’s worth discussing the significant challenges that remain.

Last week Nate walked to City Hall on a drizzly weekday morning, and this is what he found.

On Ocean Street, where his journey began, the sidewalks are invisible to drivers turning from Pleasant onto South Main, and that has to close leads for us (as drivers and as pedes-

trians) abound. But with research showing that easily accessi-ble and visible to pedestrians, as well as bicyclists, skateboarders and wheelchair users, into account. But it’s worth discussing the significant challenges that remain.

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Gov. Mills more popular than her slogan
Survey Says: Still “The Way Life Should Be”

Gov. Janet Mills appears to be adding a jolt of optimism to Maine’s electorate. A recent poll by Critical Insights of 619 registered Maine voters found a positive pivot in their feelings about their home state:

- More feel the state is headed in the right direction (34 percent) than did last fall (25 percent), while 28 percent feel the state is on the wrong track.
- Of those who believe the state is headed in the right direction, most attribute that feeling to the election of Gov. Mills (60 percent).

One of Gov. Mills’ first actions upon being sworn in was to install a new slogan — “Welcome Home” — on road signs at the state’s southern border. Under Gov. Paul LePage, the signs read “Open for Business.”

“Luckily slogans aren’t everything,” wrote Bob Domine, president of Critical Insights, “and signs can be replaced more easily than governors.”

Critical Insights on Maine is a semi-annual, nonpartisan tracking poll launched in 1996 as a public service to Maine’s electorate. A recent poll by Critical Insights of 1,500 respondents showed a slight preference for “Discover Your Maine Thing” (27 percent), followed by “Worth a Visit, Worth a Lifetime” (18 percent), and “The Way Life Should Be” (16 percent).

In a nationwide poll of the same slogans, the 1,500 respondents showed a slight preference for “Discover Your Maine Thing” (27 percent), followed by “Worth a Visit, Worth a Lifetime” (18 percent), and “The Way Life Should Be” (16 percent). Ten percent preferred “Welcome Home.”

By a wide margin, respondents preferred “The Way Life Should Be,” with almost half (47 percent) citing it as their favorite of the six.

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Lawmakers Lift Limit on Cannabis Sales to Out-of-State Patients

Maine lawmakers this month removed a major obstacle to medical cannabis patients visiting from other states. Among 54 bills signed into law by Gov. Janet Mills was LD 538, which revokes the clause of the Maine Medical Use of Marijuana Act that previously required visiting medical cannabis patients to designate a caregiver or dispensary in Maine.

Paul McCarrier of Legalize Maine, the organization behind the legalization of adult-use (recreational) cannabis in Maine, said the law added a layer of confusion to regulations that are already poorly understood.

“People have come up here who are confused that we don’t have adult use,” he said. Authorized patients from other states were “doubly confused” under the old rules, he said.

“They’d say, ‘I’m a medical patient who has cancer. Why can’t I get it here?’”

Testifying last month, Rep. Lydia Blume, D-York, who sponsored the bill, laid out the benefits of the bill in simple economic terms.

“We all know that Maine has a large and vibrant tourist industry,” she said. “There were about 37 million tourist visits to the state in 2018, with visitors spending over six billion dollars. “We also all know that there are patients who medically benefit from, and rely on, accessing and using marijuana.”

Speaking before the bill passed, a Rockland caregiver with a retail shop had two words for the potential missed opportunity of turning away cannabis patients visiting from outside of Maine: cruise ships.

WRFR FM, Rockland

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Email wrfr93.3@gmail.com for inquiries about hosting a radio show. To sponsor your favorite WRFR radio show, contact station manager Jo Lindsay at wrfr93.3@gmail.com.
shared an office with an attorney. The Cambodian student coming this fall was referred to Tan by a former Soviet country.

Sophia Borovkova, a junior from Kazakhstan, described her experience in the dry, unconcerned manner of someone from a former Soviet country. "I don’t know, my mom talked to this agent and she found this school in Maine,” she said.

Her parents sell building materials. Her brother had gone to China at 16, and she wanted to be like him — more independent from her family. “They think I am irresponsible, which is kind of true,” she said.

Borovkova said she’s thinking of going to Bard in Berlin, a liberal arts college. After that, she said, she might come back to the U.S. I asked her if she could imagine going back to Kazakhstan at some point. She couldn’t. “There is no opportunity in Kazakhstan. There is nothing to do there. That’s how it is, actually.”

Jessica Uviovo, who graduated this month, said she hadn’t heard of Maine before coming here and had imagined it would be like “High School Musical.” She’s planning to attend Stonybrook University in New York to double-major in computer engineering and business. After that, she didn’t rule out going back to Nigeria.

“If I get a good job here, that will compel me to stay,” she said, “but I do want to go back and spend some time there, just because I feel like if we just get a good education and spend our knowledge here, I feel like we’re not really helping our country.”

When the students left, Tan invited me into his office. He had let me interview them without listening in, and was eager for any unique insights. I told him he would be disappointed. I hadn’t made it beyond the broad questions: How did you connect with Lincoln Academy? Was it your idea to come to the U.S. or your parents? What are you studying, and what are your plans for the future?

Tan said, “The questions that are very interesting to me are, ‘How do you guys define success? Did your dream of what you want to do or become in the future shift, and why?’”

A week later, I emailed the four students a version of that question and got two responses. Both were aspirational and upbeat. They could have been endorsements of Lincoln Academy or reminders that high school, no matter what it happens, is a transformative time when a great many things seem possible.

"but at great cost to my self-awareness and taking ownership of my path. In some ways it set me back almost a decade. It takes time to play these things out." Not surprisingly, the notion that intelligence will drag maturity along with it persists. Many of the families who have the means and desire to send their kids to Lincoln Academy see grade skipping as a sign of potential and want to seize the moment. When Tan tells them about his own setbacks, he said, it puts cold water on their aspirations.

American students have known for years that high test scores are only part of the package when it comes to getting into a good college in U.S. The most sought-after admissions, in particular, are looking for something less easily quantified — what Tan calls “applied interest and explored capabilities. The recruits are self-selecting, to a point. "If they’re coming to us,” it’s because they have a top-three list of universities in the U.S. But for Tan, it’s not just about grabbing the first person willing to put up the $44,500 annual tuition.

Tan describes the ideal student for Lincoln Academy as “very capable … but very lost as far as what they want to do.” The hope, he said, is that the student makes a quantum leap in their personal development, and the bigger the leap the better. “If you’re already good and you got slightly better you’re not going to benefit as much from us. So the important entity in helping you develop,” he said. “That was just the stage that allowed you to flex a little bit. But if you transformed a lot, I think that was where I found who I am.” And that is profoundly important to me in terms of recruiting people through their help.

"It is passionate and knowledgeable about his work and his students. He’s also minutely strategic. He speaks of data points and diversification as a hedge against political tension. He stresses the importance of being "agile," as in ready to respond to a rapidly changing market. As recently as several years ago, someone in his position could expect to get by with well-tended contacts in China alone. Today, and particularly since the start of the trade war, that supply chain has become unreliable.

With the window on China closing, Tan started going to places where none of his predecessors would have considered, hoping that allowed you to flex a little bit. But if you transformed a lot, I think that was where I found who I am.” And that is profoundly important to me in terms of recruiting people through their help.

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Belfast Soup Kitchen Building New Home

A rendering of the new Belfast Soup Kitchen building designed by 2A Architects rendering courtesy Belfast Soup Kitchen.

The Belfast Soup Kitchen board of directors started construction June 5 on a new home for the Belfast Soup Kitchen, at 29 Belmont Avenue. Completion is anticipated by January 2020.

The 3,400-square-foot building is an energy-efficient design that will include a commercial kitchen, food storage facilities, serving area, and space to implement and expand the soup kitchen’s mission to “feed the hungry” in Waldo County. The space will allow for cooperation with other Belfast service groups for programs such as health screenings, adult literacy and nutrition education.

Belfast Soup Kitchen was started as an outreach program of St. Francis Church in Belfast and was later incorporated as an independent nonprofit charitable organization. From 2016 to 2018, volunteers served 20,000 meals or more per year. During that time, the number of daily guests increased from an average of 60 to a peak of more than 90.

Belfast Soup Kitchen is open five days a week, year-round, at its current location in Renys Plaza, and serves all who come from 10:30 a.m. to 12:30 p.m. for a coffee hour, followed by hot lunch, including take-home bags of produce and baked goods.

The new building was made possible by a single large donation to buy the land, and construction has started with help from an additional large donation, individual and foundations’ contributions, and grants. To donate to the capital campaign or the ongoing operational fund, send a check to PO Box 1153, Belfast, ME 04915. For more information, visit belfastsoupkitchen.com.

Perkins Center Honors Steven Hufnagel

The Frances Perkins Center will honor Steven Hufnagel, executive director of the Coastal Rivers Conservation Trust (CRCT), at 4 p.m. on Wednesday, June 26, at the Frances Perkins Homestead National Historic Landmark, 478 River Road in Newcastle.

Greg Paxton, executive director of Maine Preservation, will speak. The awards ceremony will include tours of the property, and light refreshments will be served.

There is no cost to attend; preregistration is required. Email info@francesperkinscenter.org or call 563-3374.

Coastal Rivers Conservation Trust is a new organization formed by the merger of the Pemaquid Watershed Association and the Damariscotta River Association (DRA). It holds and monitors a conservation easement over much of the 57-acre Perkins Homestead.

Coastal Rivers Conservation Trust’s Fund on the Pier fundraiser will include dining on the waterfront, a silent auction, a float-plane ride, boating excursions, several assortments of French wines, gift cards for local restaurants and services, merchandise donated by local businesses, and more. All proceeds benefit the conservation work of Coastal Rivers Conservation Trust (formerly Damariscotta River Association and Pemaquid Watershed Association).

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St. Andrew’s RiverFest Seeks Crafters

Tables are available for local artisans at RiverFest, to be held at St. Andrew’s Episcopal Church, 1 Gilford Street, Newcastle, on Saturday, July 13, from 10 a.m. to 2 p.m. Each registration includes two 6-foot tables. Space rented for $50, and artists keep all sales proceeds. At the event will also be a tent to knit goods, a jewelry tent, an art show, a silent auction, food and live music. To reserve a table, call Ann Kash at 563-3533 or email her at stannes@tidewater.net.

At Whitehall Inn in Camden —

Cafe Miranda Community Nights

Whitehall Inn, 52 High Street, Camden, will host a benefit for the NRCM Party at Langlais Preserve on Thursday, June 20, from 5:30 to 7:30 p.m. Rockland’s Cafe Miranda will provide hors doeuvres, and there will be a cash bar. Tickets are $45, available at caferimandarina.com or at the door.

On the third Thursday of the month, May through October, Cafe Miranda and Whitehall Inn host a cocktail benefit to showcase a different nonprofit organization. June beneficiares are the Tarratine Tribe of Belfast, based in Portland, works to end child hunger in Maine.

Community Supper in Edgecomb June 15

The Edgecomb Community Church, 15 Cross Point Road, will host a community supper on Saturday, June 15, beginning at 5 p.m. The menu will include homemade baked Maine soldier casserole, casseroles, salads, rolls and dessert. Supper will be served until 6 p.m. or until the food runs out. The price is $8 for adults and $4 for children. The Edgecomb Community Church will serve at 4 p.m., and there will be craft and gift basket tables.

Celebrating 60 years —

NRCM Party at Langlais Preserve

National Resources Council of Maine (NRCM) will celebrate the organization’s 60th anniversary on Saturday, June 29, at the Langlais Sculpture Preserve, 576 River Road, Cushing, from 1 to 4 p.m.

All ages are invited. There will be refreshments, children’s activities, live music by Old Grey Goose, tours of the Langlais homestead, and remarks by NRCM CEO Lisa Pohlman. Make reservations at nrcm.org/nrcm-events.

Summer Solstice June 15 —

Rockland Sculpture Race

The Rockland Sculpture Race takes to the streets this year on Saturday, June 15, at 5 p.m. as part of the Summer Solstice Celebration. The public can view the sculptures on Main Street from 4 to 5 p.m. and vote for their favorites. Judges this year will be Bethany Engstrom of Center for Maine Contemporary Art (CMCA) and Gordon Page of Rockland Main Street.

The race will begin at the corner of Main Street and Till- son Avenue; racers will turn right onto Park Street, then right onto Winter Street, ending in the CMCA courtyard for an award ceremony.

Awards will be given for Speed, Most Outlandish, Craziest Costumes, Engineering Ingenuity, People’s Choice and Yute Award. This year’s race contraptions include a Giant Ice Cream, Tasha the Hippo, Taco Tank, Bath Bombers, Whale, Granary Mobile, Zanadu, Giant Hamster Wheel, Mer- ry Pagans and Day at the Opera.

Coastal Rivers Party on the Pier —

The annual Union Fairgrounds Gigantic Yard Sale will be held on Saturday, June 15, from 9 a.m. to 2 p.m. on the Union Fairgrounds, just off Route 17 in Union. The rain date is Sunday, June 16.

The menu will include homemade baked beans, natural-curing hot dogs, coleslaw, American chop suey, rolls and/or brown bread, sweet and sour pickles and assorted desserts.

The cost is $6 for adults, $5 for children, and $25 for families (two adults and their children). The supper is open to the public.
WALDOBORO DAY 5K
8:30AM Race begins in the Village. Register on race day or anytime at Long Winter Soap Co. or waldoboroday5k.com

WALDOBORO DAY PARADE
10AM Parade begins on Mill Street, travels through the Village ending on Pine Street

BREAKFAST AT CIDER HILL FARM
6:30-9AM Rising Sea Medicinal and Barstow Farms are hosting an all-you-can-eat breakfast. $5/person and veterans are free! Any donations will be made to the Waldoboro VFW and the American Legion.

HISTORICAL SOCIETY TROLLEY RIDES
Reserve your spot on the trolley as it visits key spots in Waldoboro and then out to the MidCoast Sports Hall of Fame. Times are available at 8:30, 11:30, 12:30, 1:30 & 2:30. For more information or to reserve your spot call 790-1307 or message on Facebook.

CLAM SPECTACULAR
4-6PM The Waldoboro Public Library will host a clam feast at the VFW Hall on Mill St. Come enjoy chowder, steamers, corn on the cob and more! Odd Alewives beer will be available for purchase. $15/person

ARTWORK DISPLAY
Discover the artwork scattered throughout the village by our talented local students.

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MVHS Class of 2022—Field Games and Cotton Candy

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Music from 11AM-10:30PM on the AD GRAY outdoor stage
11:00AM DJ RYAN MOODY
5:00-6:30PM OPEN MIC!!
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Jerry Douglas Plays Bluegrass at Boothbay Opera House — Dobro master and Grammy winner Jerry Douglas (shown) will appear with his band, The Earls of Leicester, at the Opera House at Boothbay Harbor, 86 Townsend Avenue, on Friday, June 28, at 7:30 p.m. The bar will open at 6:30; doors for seating will open at 7:00. The evening of bluegrass music will pay tribute to the music of Lester Flatt and Earl Scruggs. Advance tickets, $35, are currently on sale at the opera house box office, or by calling 633-5159. Regular tickets are $40 and available online at boothbayoperahouse.com and on the day of the concert. Seating is general admission.

VoXX Presents “Music from the British Isles”

Midcoast-based a cappella vocal ensemble VoXX: Voice of Twenty will present four performances in June and July. The program, “Music from the British Isles,” focuses on works by choral composers ranging from Byrd to Britten and beyond. Concert dates and venues include:
- Friday, June 21, 7:30 (pre-concert talk at 7 p.m.) at Union Hall, 24 Central Street, Rockport.
- Saturday, June 22, 7:30 (pre-concert talk at 7 p.m.) at St. John’s Episcopal Church, 234 French Street, Bangor.
- Saturday, July 13, 7:30 (pre-concert talk at 7 p.m.), United Farmers’ Market, 18 Spring Street, Belfast.
- Sunday, July 14, 4:00 (pre-concert talk at 3:30 p.m.) at Old South Baptist Church, Salt Pond Road, Cushing. Tickets are $15 (cash or check), available at the door. For more information, visit voiceoftwenty.com.

Celtic Band at Opera House — The Opera House at Boothbay Harbor, 86 Townsend Avenue, will present Gaelic Storm (shown) on Tuesday, June 25, to celebrate Windjammer Days and kick off their summer season. Gaelic Storm is known as a “genre-bending Irish rock band,” playing traditional Celtic music that appeals to audiences with a range of tastes. Advance tickets are $30 at the box office or by calling 633-5159. Regular tickets, $35, are available online at boothbayoperahouse.com and at the door. Doors open at 7 p.m.; the music will start at 7:30. The upstairs bar will open at 6:30 for ticket holders.

American Folksinger Jeff Warner at Sail, Power and Steam — Rockland Folk Arts will present American folksinger Jeff Warner (pictured) at Sail, Power and Steam Museum, 75 Mechanic Street, Rockland, on Friday, June 14, at 7:30 p.m. Admission is $15 at the door, cash or check only. Doors open at 7 p.m. Multi-instrumentalist Warner is a well known performer and interpreter of traditional music, with a wide-ranging repertoire of songs and ballads from lumber camps, fishing villages and mountaintops, and he has recorded for Flying Fish/Rounder, Wild Goose and other labels.

Sitar Concert at High Mountain Hall in Camden — Sitarist and composer Deobrat Mishra (shown) will give a concert on Tuesday, June 25, from 7:30 to 9:30 p.m. at High Mountain Hall, 5 Mountain Street in Camden. He will be accompanied by Prashant Mishra on tabla. An exponent of the Benares Gharana school of Hindustani classical music, Mishra teaches at Academy of Indian Classical Music, the school he founded along with his father. For more information, and to purchase advance tickets, call Cy Scofield, 691-4914, or visit deobratmishra.ticketspice.com/deobrat-mishra-in-concert. Tickets at the door are $25. All proceeds benefit Deobrat’s music school in India as well as charitable yoga programs in the United States.

“Sun, Moon and Stars” in Belfast

Penobscot Bay Singers will present “The Sun, the Moon and the Stars” on Friday, June 14 and Saturday, June 15, at 7:30 p.m. at the Belfast United Methodist Church, 23 Mill Lane. The concert will feature songs from the 1930s to the present, all with celestial references. There will be cafe seating and refreshments. Admission is $15 at the door; accompanied children are admitted free of charge. For more information, visit penobscotbaysingers.com.

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MORE ENTERTAINMENT HIGHLIGHTS ON PAGE 23
Program on Perennial Garden Design at Merryspring — Maine Master Gardener John Frooner will give a presentation on practical perennial garden design at Merryspring Nature Center in Camden on Tuesday, June 18, at noon. Starting a new perennial garden or reworking an existing one can be challenging. Frooner will teach how to work through the design process to create the right kind of garden for a variety of settings. His talk will also cover soil and environmental conditions and how to select and organize the plants. The outdoor program is part of Frooner’s perennial gardening series that will continue at Merryspring throughout the gardening season. A selection of recommended gardening books and tools will be available for purchase after the program. Admission to Tuesday talks at Merryspring is $5, with free admission for members. Shown, the perennial garden at Merryspring.

For the Love of Ferns at Stover Preserve in Belfast —

Belfast Bay Watershed Coalition will host a walk with fern-loving botanist Hildy Ellis on Thursday, July 11, from 10 a.m. to noon at Stover Preserve, a Coastal Mountains Land Trust property at 84 Doak Road, Belfast. Hildy, pictured in pink, will teach easy ways to identify ferns and talk about their secret lives. Participants should bring water and a hand lens and be prepared for insects. For more information, phone 338-1147, or visit belfastbaywatershed.org. For more information, phone 338-1147, or visit belfastbaywatershed.org.

Left, primulas in bloom in Janice Anthony and David Greetley’s woodland gardens. Right, a Japanese maple and one of many rhododendrons add color to the gardens.

Garden Tour in Jackson

Belfast Garden Club’s Open Garden Day will feature woodland gardens, a rock garden, perennial borders, a pond with water lilies, and acres of pasture at the home of Janice Anthony and David Greetley, 291 Hatch Road, Jackson. The tour is Friday, June 21, from 10 a.m. to 4 p.m. rain or shine. Open Garden Days will be held every Friday through August 23 (except June 28 and July 5). Individual tickets, $5, or a $30 season pass — which provides nine admissions — are available at individual sites or in advance at Aubuchon Hardware, Left Bank Books, or The Good Table, all in Belfast. To suggest a Waldo County garden or farm to include in next year’s Open Garden Days, email Susan Conard, sconard@aol.com.

Learn Natural Farming at Erickson Fields

Aaron Englander, Erickson Fields Preserve program manager, will demonstrate Korean Natural Farming. PHOTO BY JOEGEVIN TERRICK

Maine Coast Heritage Trust will host a free, hands-on natural farming workshop at Erickson Fields Preserve, 164 West Street, Rockport, on Thursday, June 27, from 2 to 5 p.m. Aaron Englander, Erickson Fields Preserve program manager, will demonstrate Korean Natural Farming (KNF), a method that encourages self-sustaining, closed-loop systems through minimizing external inputs. KNF shares principles central to Masanobu Fukuoka’s natural farming technique as well as those of permaculture. KNF is applicable to many types and scales of farming, from backyard gardening to large-scale livestock operations. The goal of the workshop is for attendees to leave equipped with the knowledge to implement KNF practices on their own farm or garden, including how to make KNF inputs.

Participants should wear work clothes and closed-toe shoes and bring a notepad and pen, water, a snack and work gloves. Space is limited. For more information and to register, call 236-2739 or email jalbury@mcht.org.

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Maine Invasive Plants Field Guide Released

Maine Natural Areas Program in the Maine Department of Agriculture, Conservation and Forestry has published “Maine Invasive Plants Field Guide.”

The 3.75” by 8” guide covers 46 species of terrestrial and wetland invasive plants and is waterproof, portable, and ring-bound to allow for future additions. Each species account includes key identification characteristics, growth form, habits, invaded control methods, similar native and non-native plant species, and current status of the plant in Maine.

For orders received by June 30, the guide price is $18, which includes 5.5-percent sales tax and shipping and handling. For orders received after June 30, the price is $20, which includes 5.5-percent sales tax and shipping and handling. Partial funds for the guide were provided by the Foundation for Maine’s Natural Resources, Maine Department of Agriculture, Conservation and Forestry, and U.S. Fish and Wildlife Service.

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PHOTOS:
PAINTED BUNTING BY DOREEN MYTHAM, INDIGO BUNTING AND SUMMER TANAGER BY LEANNE M. ROBICHEAU, AND SCARLET TANAGER BY DON REIMER

Left to right: male painted bunting, indigo bunting, male scarlet tanager and immature summer tanager

Hoppie! Late May bird watching can be such fun! For the most part, there’s a general predictability in when certain migrants will arrive. A few warblers, such as palm, pine, yellow-rump and black-and-white, often appear early in May, while the majority of flycatchers, swallows and other songbirds come a bit later. But “wild card” species are the frosting on the cake as random birds overshoot their northern destinations to delight our eyes.

This spring was a banner year for bunting and tanager sightings at local yards and feeders. Members of the cardinal family, these birds feature bright jewel-like plumages that speak of tropical regions. Let’s begin with the indigo bunting, a sparrow-size bird that nests in weedy fields and shrubby habitats of Eastern North America. Oddly enough, the cerulean-colored males’ feathers actually lack blue pigments. Their deep hues come instead from microscopic structures in the feathers that refract and reflect blue light. This same phenomenon applies to atmospheric particles that account for the “blue” skies we see, as well. These buntings migrate at night, using stars for guidance. On rare occasions another bunting, the painted bunting, visits New England from the Southern and South-Central U.S. With their blue, green, yellow and red coat of many colors, the males of this species are true stunners. Females and immatures are a distinctive bright green. Imagine the surprise of the Warren resident near South Pond who photographed a gorgeous male bunting just outside her front door! An accompanying female bunting was a double bonus. In 1841 John James Audubon reported that “thousands” of these colorful birds were trapped and shipped from New Orleans to Europe as cage birds. The French name for the painted bunting, nonpareil, means “without equal.”

Two species of tanagers can dazzle watchers in spring. For Mainers, the scarlet tanager is the more familiar, since it nests in mature deciduous forests. At any distance, the male scarlet tanager’s blood-red torso and contrasting jet-black wings and tail are show-stoppers. These birds typically remain high in the treetops to nest, making them hard to spot. Sometimes the bird’s raspy robin-like song and “chick-burr” call notes are the only clues to its presence. Tanagers were especially abundant on Monhegan Island this spring as groups of hungry, tired individuals gathered low in search of food. In one amazing instance, five male tanagers shared the same copse of trees. By fall, these tanagers molt to a yellow-green color as birds leave to winter in northern South America. I had mentioned springtime “overshoots.” With a nesting range extending into the Mid-Atlantic states, summer tanager sightings are increasingly reported during our Maine springs. Such sightings often involve immature or sub-adult birds with variable mixed patches of red and greenish-yellow feathering. The photo (an immature) was yet another special sighting for the South Pond area. As adults, these rosy-red tanagers are the only completely red birds in North America. Interestingly, the summer tanager is a bee and wasp specialist, catching them in flight and pounding the insects against a branch to kill them. Next the bird rubs the bee against a branch to remove the stinger before consuming it.

The pre-nesting and post-nesting seasons are probably the most opportune times to see unusual birds. As we mentioned, some birds overshoot their intended spring destinations. At the conclusion of summer nesting, adults and immature birds alike are free to wander before the onset of cold weather. In fall, we see additional movement of wanderers from Western regions of the country. And, of course, powerful weather systems can send birds our way at practically any time of year.

Field Sketching Workshop at the Farnsworth — Beginning on Monday, June 24, the Farnsworth Art Museum will host a weeklong workshop on field sketching at the museum’s Gamble Education Center, at the corner of Union and Grace streets in Rockland. The program, led by artist Sherrie York, will take place Monday through Friday, from 9 a.m. to noon. Field sketching is a valuable tool for gardeners, journalers, artists and scientists. A hand-written and -illustrated journal can help one to slow down, reflect, and experience the world in a more personal and intimate way. York will cover several basic drawing and observational skills and techniques, including contour, memory, and gesture drawing. Participants of all abilities are welcome. The fee is $195, $165 for Farnsworth members. For more information or to register, visit www.farnsworthmuseum.org.
Sustainable Forestry, Healthy Land

Midcoast Conservancy’s Hidden Valley Nature Center, at 131 Egypt Road in Jefferson, is a state and national award-winning example of sustainable forestry. Forestry Manager Tim Libby oversees active management of nearly 15 acres — about 1.5 percent — of the 1,000-acre property each year. That includes thinning to create desirable habitat and to encourage faster growth of the healthiest trees. Cut trees are either left to provide habitat and replenish the soil or removed for turning into products, such as firewood, lumber, picnic tables, edge-bridge benches and tables, and timber frame buildings.

The conservancy shares forestry expertise in hands-on timber frame classes, and in programs that address such topics as the kind of forestry that is best for wildlife and birds, and for sequestering carbon; impacts on vernal pools, seashore streams and water crossings; and seasonal consider- ations for timber harvesting.

To learn more about Midcoast Conservancy and its sus- tainable forestry programs, visit midcoastconservancy.org or call 389-5150.

Volunteers will lead participants on a leisurely one- to two- mile hike on easy to moderate terrain. The group will meet at the trailhead parking lot, and registration is not required. For more information, email thall@bbltf.org or phone 633-4818.

Midcoast Conservancy offers paddle programs in Jefferson. Liberty and Waldoboro this summer featuring free equipment rentals, instruction and leadership, with the goal of getting families outside. Participants can use Midcoast Conservancy’s gear and boats or bring their own. Registration for the six-week series is encouraged; drop-ins are wel- come, but registrants will have priority on gear.

The Liberty series runs from June 20 to August 1; the six weeks will be split between Stevens Pond and Lake St. George. The Waldoboro program, June 25 to July 30, will meet each week at the River Brook Preserve on Route 220 for kayaking and paddleboarding. The Jefferson series, June 26 to July 21, will include kayaking on Damariscotta Lake for three weeks, then paddleboarding on Dyer Long Pond. All of the programs run from 4 to 6 p.m.

For more information, or to register, go to midcoastconservancy.org or call 389-5150.

Sunset Cruise Will Benefit American Lighthouse Foundation –

American Lighthouse Foundation (ALF) is hosting a Penobscot Bay cruise on Friday, June 28, featuring nine midcoast lighthouses. The five-hour sunset cruise aboard the MV Otter, operated by Isle au Haut Boat Service, will leave from Rockland Public Landing at 3:30 p.m. and include close-up views of lighthouses at Eagle Island, Mark Island, Isle au Haut, Shead Island, Owls Neck, Brown’s Head, Goose Rock, Owls Head and Rock- land Breakwater. Proceeds will benefit ALF’s preserva- tion and education mission. Tickets are $120, and reservations are required. They can be purchased at light- housefoundation.org or by calling 594-4174.

Seeds Island Solstice

Friends of Sears Island will host a family solstice celebra- tion on Friday, June 21, from 6 to 8:30 p.m. on Sears Island, at the end of Sears Island Road, off Route 1, just east of Sears- port village. The event is free and open to all, with a sug- gested donation of $5 per person or $10 per family to support Friends of Sears Island’s education and conservation efforts.

Activities will include live fiddle music, solstice readings and a sun-themed procession. All are invited to wear fes- tive garb. Participants may bring food or purchase hamburg- ers, veggie burgers and hot dogs from Searsport Lions Club and ice cream from Stone Fox Farm Creamery.

No grills, open fires, or pets are permitted on Sears Island; participants are encouraged to bring blankets or lawn chairs as there are no picnic tables. Everyone should be prepared to carry out what they carry in. Portable-potties will be avail- able near the island gate. Parking will be along the cause- way facing south along the guardrail. A weather cancella- tion will be posted on the Friends Facebook page.

For more information, visit friendsofsearsisland.org or call 973-3878.

FORECAST for

Thursday Night Rain, mainly before 1am, then a chance of showers after 1am. Areas of fog between 3pm and 3am. Low near 52. East wind 10 to 15 mph becoming south- southeasterly overnight. Winds could gust as high as 25 mph.

Friday Chance of showers before 7am, then a chance of showers after noon. Partly sunny, with a high of 66. South- west wind 15 mph. Chance of precipitation is 30%.

Saturday Night Partly cloudy, with a low around 53. West wind around 5 mph.

Sunday Mostly sunny, with a high near 69.

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OUTDOORS

Midden Minders Sought

Volunteers will learn to monitor area shell middens.

Coastal Rivers Conservation Trust is seek- ing volunteers to help document sea level impact on shell middens. Volunteer training will be offered Tuesday, June 18, 3 to 7 p.m., at Coastal Rivers’ Education Center, 110 Belvedere Road, Damariscotta. There is no cost for the training. Online registration is required at coastalrivers.org/events.

Midden minders will make regular visits to one or more of Coastal Rivers’ many middens to take measurements and record changes through observations and photographs. They will also document storm impacts, which will help researchers and resource managers under- stand threats to the middens and plan for data rescue and conservation. Volunteers will need to commit to visiting their midden or middens at least twice a month during warmer months.

Participants should be prepared to walk in the field and practice monitoring methods. Proper attire should include hiking boots and tick protection. A pizza dinner will be provided. Individuals who are interested in volunteering but can- not attend the training may contact Sarah Gladu at sgladu@coastalrivers.org.

Boothbay Land Trust June Programs

Boothbay Region Land Trust (BRLT) will offer several programs in June:

Forest Bathing Walk at Porter Preserve, Kimbelltown Road, Trevett, on Friday, June 21, from 10 to 11 a.m. The leisurely walk covers less than a mile of trail and will be led by Midcoast Conservancy Land Trust Environmental Educa- tor and Certified Forest Therapy Guide Tracey Hall. Regis- tration is required for the free event; the group is limited to ten. Register by emailing Hall at thall@bbltf.org or phone 633-4818.

Trail Mixer at Gregory Hiking Trail, 2 Sawyer’s Island Road, Boothby, on Tuesday, June 25, from 10 to 11 a.m. led by Boothbay Region Land Trust Environmental Educa- tor Tim Libby oversees active management of nearly 15 acres — about 1.5 percent — of the 1,000-acre property each year. That includes thinning to create desirable habitat and to encourage faster growth of the healthiest trees. Cut trees are either left to provide habitat and replenish the soil or removed for turning into products, such as firewood, lumber, picnic tables, edge-bridge benches and tables.

Full Moon Paddle at Hidden Valley

Midcoast Conservancy will host a full moon paddle at its Hidden Valley Nature Center (HVNC), 131 Egypt Road in Jefferson, on Saturday, June 15, from 8 to 10 p.m. Participants can enjoy the “strawberry” moon (in honor of ripening berries) as they glide along Little Dyer Pond after a mile- long walk.

Note that HVNC’s canoes are available to rent anytime between dawn and dusk; leave a $10 per boat donation at the group for dinner. Call 338-1147 for updates, or visit belfastbaywatershed.org.

Dinner Paddle in Belfast Harbor –

Belfast Bay Watershed Coalition invites the public to a dinner paddle on Saturday, June 15. Participants will meet at Belfast Boathouse at 5 p.m. and paddle across the bay to Young’s Lobster Pound for dinner. After dinner, the group will paddle back across the bay in the setting sun and rising near fully moon. Everyone should bring their own boat, paddle and PFD. Paddling will be canceled if weather is questionable; the group would then meet at the restaurant at 5 p.m. Those who don’t wish to boat may join the group for dinner. Call 338-1147 for updates, or visit belfastbaywatershed.org. PHOTO BY CLOE CHUNN

INTERNATIONAL WEATHER SERVICE

Knox County

Rockland Area Tides

June 13 to June 20

High AM High PM Low AM Low PM

Thursday 8:25 8:54 2:10 2:29
Friday 9:25 9:47 3:09 3:24
Saturday 10:21 10:37 4:05 4:16
Sunday 11:13 11:24 4:57 5:05
Monday 12:02 5:45 5:52
Tuesday 12:09 12:49 6:31 6:36
Wednesday 12:52 1:33 7:14 7:19
Thursday 1:33 2:17 7:57 8:01

THE FREE PRESS Thursday, June 13, 2019 19
with Summer finally here... children are out of school and parents are wondering what to do. Here are some suggestions for camps, classes, libraries and other ideas to entertain, educate and involve your child this summer. Check out these samplings of local, midcoast programs.
"Every person you meet knows something you don’t; learn from them."

— H. Jackson Brown Jr.
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Broad Bay’s 35th Anniversary Party

Broad Bay Congregational United Christian Church, 941 Main Street, Waldoboro, will hold a free block party and 35th anniversary celebration on Saturday, June 22, from noon to 3 p.m. featuring music by Rusty Hinges, a children’s bounce house, games for both young and “older,” and a variety of foods. Rusty Hinges plays acoustic music from folk and oldies to pop and rock, bluegrass and country to songs of the sea. The festivities will continue with a concert at 7 p.m. “Music on the Medomak,” featuring Halcyon String Quartet; admission by donation. The quartet will perform music by Dvorak and Holst as well as a selection of Danish folk tunes, each paired with photographs and artwork by midcoast artists. The celebration will be held rain or shine. For questions, call 832-6898 or visit broadbaychurch.org.

Swinging Solstice at Skidompha —

Novel Jazz marks the beginning of summer on Friday, June 21, at 7 p.m. with an evening of classic jazz from the Great American Songbook at Skidompha Public Library in Damariscotta. The band is celebrating the release of their fourth CD, “Ellington & Strayhorn Novellas,” which features recently unearthed compositions by Duke Ellington and Billy Strayhorn. Admission is $15 for adults, $14 for seniors, $7 for young adults ages 12 to 18. Children under age 12 with a parent are admitted free of charge. Call 563-5513 for more information. Pictured here, left to right, musicians Bill Manning (drums), Burney Balch (trombone), Dave Clarke (guitar), David Harris (reeds), Herb Maine (bass), Mickey Felder (piano) and Mike Mitchell (trumpet).

Michael Vincent Band at Time Out Pub —

The Monday night blues series at Time Out Pub, 275 Main Street, Rockland, continues on June 17 with Michael Vincent Band (shown), playing from 7 to 10 p.m. in the upstairs music room. Admission will be $10 at the door, which opens at 6 p.m. The series continues June 24 with Diane Blue Band with Lisa Mann ($15); July 1, Misty Blue Band ($15); July 8, Bridget Kelly Band ($15). Shows are subject to change. For more information, visit northatlanticbluesfestival.com, or call 596-6055.

Young Stars of Maine Prizewinners in Concert —

Bay Chamber Concerts and Music School will present a free concert at Rockport Opera House on Sunday, June 23, at 4 p.m. featuring this year’s Young Stars of Maine prizewinners. For more than 50 years, Bay Chamber has awarded prizes to recognize, encourage and reward young Maine music students who are serious in their study and performance of music. Prize awards are $1,000, in eight categories, for individuals and ensembles ages 11 to 25. Honorees include Ina Wolovits (piano), pictured, and Elijah Hutman, oboe; co-winners of the Elise Bixler Junior Prize; Lydia Gilman, vocalist; Nathan E. Corning Jazz Prize; Daphne te Boekhorst, flute; Jean and Harvey Picker Senior Prize; Ida Santos, soprano; Eleanor Erdman and Diane Nixon Prize for Vocal Excellence; Joshua Chunn, piano; A.H. Chaitfield Piano Prize; Annabel Parker, soprano; Ezra Rachlin Prize for Excellence.

Music at Second Congregational Church in Newcastle —

At the 10 a.m. worship service on Sunday, June 16, Second Congregational Church, 51 Main Street, Newcastle, will celebrate the role of music ministry. Pre-service music will begin at 9:45 a.m. with Tower Ringers (pictured) playing English handbells and chimes. Chance Chor will sing several pieces, including two settings of “Alleluia!” and an arrangement of “When the Morning Stars Together.” Contralto Sarah Highland will introduce “An Appalachian Lord’s Prayer.” The service will end with a setting of the hymn “When in Our Music God Is Glorified” arranged for handbells, organ, timpani, trumpet, choir and congregation. All are welcome.

Arts on the Hill: Bottomless Funk —

Bottomless Funk (pictured) will present a free concert as part of Coastal Mountains Land Trust’s Arts on the Hill entertainment series on Friday, June 21, from 6:30 to 8 p.m. at Beech Hill Preserve in Rockport. Bottomless Funk members are Joshua Sepe, Melanie Scofield, Alex Wilder, Cy Scofield, David Edward Butler, and Cole Seymour. The concert is free and open to all ages (but leave your shoes at home). Refreshments will be served at intermission.

Musicians Invited to Jam in Waldoboro —

Medomak Arts Project, 13 Friendship Street, Waldoboro, invites musicians to join a jam session on Friday, June 21, at 6 p.m. Light refreshments will be provided, and beer and wine will be available for purchase. Medomak Arts is a nonprofit art and gallery center.

Outdoor Performance and Foraged Feast at Fiore Art Center —

From Midnight to Midnight plays “Therapeutic Memory: A Road Map to the Elysian Fields” on Thursday, June 13, at 7 p.m. to Friday, June 14, at 7 p.m. Based on the novel “The Elysian Fields” by Natasha Bakht, the performancecip will follow the lives of those who helped create the Elysian Fields on Cape Cod. For more information, visit rockvillecommunitychapel.org.

Finnish String Ensemble to Perform

Suomalaiset Jouset, a local Finnish string ensemble, will perform in the library at Schooner Cove Retirement Community, 35 Schooner Street, Damariscotta, on Monday, June 17, at 7 p.m. The ensemble features kantele, a lap harp that produces tones similar to those of the Appalachian dulcimer; ukulele; folk guitar; and Celtic harp. The concert is free and open to the public. For more information, phone 563-5523.

Playin’ Possum in Rockport —

The Friends of Rockville Chapel will host a performance by Playin’ Possum at the chapel, 87 Old Rockland Street, Rockport, on Friday, June 21, at 7 p.m. The Hynd family play light rock, country, folk and a little bluegrass. David Hynd plays acoustic rhythm guitar, Gigi plays upright bass, Peter plays lead guitar (both acoustic and electric) and James plays drums. David, Gigi and Peter all sing. Visit rockvillecommunitychapel.org for more information, or email Diane Perry at diaenperry240@gmail.com.

Belfast Student to Attend American Ballet Theatre Summer Program —

Willie Kirkpatrick (shown), a sophomore at Belfast Area High School, has been accepted into American Ballet Theatre of New York’s intensive summer program, held at the University of Alabama, Tuscaloosa. Willie will be performing in Atlantic Ballet Company’s “Don Quixote” and “Carnival of the Animals” production on Sunday, June 16, at The Crosby Center, 96 Church Street, Belfast. For more information about Atlantic Ballet Company at P2P Dance Center, visit p2pdance.com, or call 542-9205.

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Entries invited for Maine Coastal Islands Wildlife Juried Art Show

The Friends of Maine Coastal Islands National Wildlife Refuge will hold their third annual “Fins, Feeters, & Fur: Maine Coastal Wildlife Juried Art Show” in July. Work will be juried by Rockland artist Kim Barnard. Submissions should be dropped off at the Maine Coastal Islands NWR Visitor Center, 9 Water Street in Rockland, on Friday, July 26, from 11 a.m. to 6 p.m., or Saturday, July 27, between 9 a.m. and noon. Artwork submitted need not be for sale. Bernard will select work for the show on the afternoon of July 27.

The show will open that day from 4 to 7 p.m. and run through the month of August. Best in Show and People’s Choice (both students and adults) winners will receive Friends of Maine Coastal Islands National Wildlife Refuge T-shirts. For more information on entry fees and forms, visit mainecoastislands.org or call 594-0600, extension 5.

Southwick Photos in Boothbay

Photographs by Peter Southwick will be displayed through July 30 in the upstairs gallery of Opera House at Boothbay Harbor, 86 Townsend Avenue. The gallery is open Tuesday through Friday from 9 a.m. to 3 p.m. and for ticket holders during performances. There will be a free, public reception, with an opportunity to meet the photographer, in the gallery on Wednesday, June 19, from 5 to 7 p.m.

As a staff photographer for the Associated Press, Southwick covered everything from political campaigns and conventions to major sports championships, as well as breaking news and feature stories. He also served as director of photography at the Boston Globe and professor of journalism at Boston University, retiring in 2017. He is a part-time resident of Boothbay and produced a multimedia photo project, “Route 27 South” (route27south.com), accompanied by an illustrated hardcover catalog with an essay by Christopher B. Crossman, founding curator of Crystal Bridges Museum of American Art and former director of Farnsworth Art Museum.

In his essay, Crossman writes, “...Ann Craven’s birds, moons, trees, and her stripe and palette paintings all enforce the hard stop our mind and eye make before inexplicable paintings, paintings that affirm an inseparability of beauty, truth and virtue. This is painting at its most authentic and original, at its most memorable and tenderly remarkable.” Craven’s paintings are in the public collections of The Museum of Modern Art, Whitney Museum of American Art, the New Museum, and the Museum of Contemporary Art Chicago.

2019 Monhegan Artists’ Residency Awards Announced

The Monhegan Artists’ Residency Corporation has announced its choice of three Maine artists for the 2019 summer residency program on Monhegan Island: Jennifer Calvas, Dozier Bell and Katherine Cargile. Calvas and Bell will spend five weeks in June and September, respectively, and Cargile was awarded the two-week residency in July, established for artist-teachers who serve the K through 12 grade levels in Maine.

A recent MFA graduate of Yale University, Jennifer Calvas is a Maine native currently living in Brooklyn. Her work uses humor and the uncanny ability to talk about her personal experiences as a woman and about the broader historical, cultural world as filtered through the lens of her childhood impressions of Maine’s environment and her interest in nature as represented in the art of 15th- and 16th-century German artists such as Altdorfer and Dürer, and in German Romantic fables, where the landscape itself is a participant in the drama.

Katherine Cargile is a veteran middle school art teacher from Lewiston who is interested in literature, history and visual culture studies, and works in a variety of media, including painting, printmaking, appliqué quilting and papier-mâché sculpture. She says, “There is a feeling of mystery, timelessness and myth about the island that will contribute to my narrative work as well, as I intend to do some imaginative studies based on my experiences.”

The three were selected by a jury that included photographer Margo Halverson, chair of the graphic design program of the Maine College of Art; Portland painter and art instructor John Knight; and Leith MacDonald, from Rockland, who is an artist, arts administrator, and author of the recent book “Island Inspiration, Monhegan’s Art Colony, 1895–2000.”

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From left to right: “Passage, 2, 2018,” acrylic on linen, 44” x 50” by Dozier Bell; “The Mariner’s House, 2018,” acrylic on panel, 16” x 16” by Katherine Cargile; “Speech Exercise # 1, 2018,” archival pigment print, 23” x 28.75” by Jennifer Calvas

Art on the Coast

The artist’s inaugural exhibition in Maine opens June 29 — “Ann Craven: Birds We Know” at CMCA

Left, “Moon (Foul, Bright Orange Light, Catching, 8-26-18, 8 p.m.),” oil on linen and at right, “Portrait of a Robin (Laying, Aware, After Picnic),” 2011, oil on linen, both by Ann Craven, courtesy the artist and Karma, NY

Center for Maine Contemporary Art, 21 Winter Street in Rockland, will present an exhibition of Ann Craven’s paintings beginning Saturday, June 29, and continuing through October 13.

Craven began painting in Maine in the early 1990s, first in a borrowed barn near Slab City Road in Lincolntonville, then from her own barn that she converted to a studio on a farm she purchased nearby. It was on Lincolntonville Beach in 1995 that Craven painted her first “Moon” painting. For Craven, painting serial versions of the moon on-site was a way to conflate the momentary with the constant, a symbol of time and memory, themes that remain the primary focus of her work. The paintings of birds soon followed, inspired by color plates found in her Italian grandmother’s vintage ornithology books. In 2008, Craven moved from Lincolntonville to Cushning.

The exhibition, “Ann Craven: Birds We Know,” will be the first show of the artist’s work in Maine. It will be accompanied by an illustrated hardcover catalog with an essay by Christopher B. Crossman, founding curator of Crystal Bridges Museum of American Art and former director of Farnsworth Art Museum.

In his essay, Crossman writes, “...Ann Craven’s birds, moons, trees, and her stripe and palette paintings all enforce the hard stop our mind and eye make before inexplicable paintings, paintings that affirm an inseparability of beauty, truth and virtue. This is painting at its most authentic and original, at its most memorable and tenderly remarkable.” Craven’s paintings are in the public collections of The Museum of Modern Art, Whitney Museum of American Art, the New Museum, and the Museum of Contemporary Art Chicago.

Paintings by Martha LaMarche at River Arts in Damariscotta —

River Arts, 241 Route 1 in Damariscotta, is featuring paintings by Portland-based artist Martha LaMarche in a West Gallery show from June 13 to 26. There will be two opportunities to meet the artist and enjoy refreshments at River Arts: Saturday, June 15, and Saturday, June 22, from 2 to 4 p.m. LaMarche works primarily with oils, sometimes acrylics, and frequently introduces mica into her compositions. She painted for a time with Portland’s River Arts: Saturday, June 15, and Saturday, June 22, from 2 to 4 p.m. LaMarche works primarily with oils, sometimes acrylics, and frequently introduces mica into her compositions. She painted for a time with Portland’s

Mona Lisa: A Mystery of the Ages

Pictured, hardwood sculpture by Carl Solberg.

Hardwood Sculptures at Maine Coastal Islands Visitor Center — Maine Coastal Islands National Wildlife Refuge Visitor Center, 9 Water Street, Rockland, is currently showing works by Waldoboro sculptor Carl Solberg (shown). The pieces on display shape native hardwood to depict both landscapes and figures. “North Woods Rising,” a 28-square-foot high-relief wall construction was inspired by Katahdin Woods and Waters National Monument at night. “A Myth of Fundy Bay,” the show’s centerpiece, portrays a sleeping mermaid. The show runs through July 19. For information, call 594-0600, extension 5.

Pictured, hardwood sculpture by Carl Solberg.
Maritime Shadowbox Workshop at Penobscot Marine Museum — Penobscot Marine Museum will hold a shadowbox workshop on Saturday, June 29, at 10 a.m. The workshop is for all ages; children under age 8 must be accompanied by an adult. The cost is $5 for museum members, $20 for nonmembers. All materials will be provided, and the fee includes museum admission. To register, call 548-2529, extension 213, or email jganskop@pmm-maine.org.

Solstice Yoga & Singing Bowls — Rachel Nixon and Lori LeBlanc (shown) will offer Solstice Yoga & Singing Bowls, a celebration of the longest daylight of the year, on Thursday, June 20, from 5:30 to 7 p.m. at The Dancing Elephant, 16 School Street, Rockland. The evening will include gentle yoga, meditation and relaxation, all to the sounds of Tibetan singing bowls. The program is open to the public by donation. Everyone is welcome, including beginners. For more information, visit rocklandyoga.com or email Rachel Nixon at rachel@rocklandyoga.com.

FDA Food Safety Certification Training — University of Maine Cooperative Extension is offering an FDA-recognized food safety certification workshop beginning Wednesday, June 26, from 8 a.m. to 5 p.m. at the UMaine Extension office, 307 Maine Avenue, Bangor. The 20-hour workshop continues from 8 a.m. to 5 p.m. on Thursday, June 27, and from 8 a.m. to noon on Friday, June 28. Workshop topics include how to create an FDA-compliant food safety plan, how to conduct a hazard analysis, and guidelines for creating effective monitoring programs with corrective actions and required documentation. Participants who complete the training will be certified as a preventive controls qualified individual according to the FDA preventive controls regulations.

Estate Planning at Jackson Memorial — Jackson Memorial Library, 71 Main Street, Tenants Harbor, will host a free presentation, “Preparing Your Estate Plan,” on Saturday, June 22, at 11 a.m. in the community room. Presenters will be local St. George attorney Crystal Tarjick and Zachary Herrick, a financial advisor with Edward Jones Investments.

Timber Frame Course at Hidden Valley — Midcoast Conservancy will hold the second of three timber framing courses from Friday, July 5 through Monday, July 8, at Hidden Valley Nature Center (HVNC), 131 Egypt Road, Jefferson.

University of Maine Cooperative Extension is offering a 20-hour workshop to train will be certified as a prevent—

The workshop fee is $250 for Maine businesses, $500 for out-of-state businesses, and includes meals and all training materials. Participants must register online by June 19. For more information, contact Theresa Tilton at 942-7396 or theresa.tilton@maine.edu. More information is available on the program website.

Eight students will have the opportunity to build a complete timber frame and participate in every step of the process — from harvesting trees to raising the finished structure — learning basics of sustainable forestry and sawmill operation, design principles, and techniques for constructing a simple frame.

Tuition is $450 for Midcoast Conservancy and MOFGA members, $500 for nonmembers. Scholarships may be available. Tuition includes lodging at one of the huts or yurts at HVNC, lunch each day, use of all necessary tools, a cookout on Sunday and a Midcoast Conservancy membership. Complete information and registration are available at midcoastconservancy.org/events, or call 389-5150.
Paces for PAWS 5K Run & 1-Mile Family Walk

P.A.W.S. Animal Adoption Center will host Paces for PAWS, a 5K run and one-mile family walk, on Saturday, June 22, at the Belfast Rail Trail, next to the parking lot by the Armistice Footbridge on the waterfront, corner of Pierce and Water streets. Registration fee is $25 for runners and walkers; all proceeds will benefit P.A.W.S.

Check-in for the race will begin at 7:30 a.m.; the race will start at 8:30. The one-mile walk will begin at 8:45 a.m., with check-in by 8:30. Participants are encouraged to bring children and friends; silly hats or costumes are welcome.

Paces for PAWS is a dog-friendly event. All dogs must be current with rabies and distemper vaccines and must be on a leash no longer than 6 feet at all times during the event.

To register, visit pacesforpaws.org.

Waldo Peace and Justice Potluck & Film

Peace and Justice Group of Waldo County will hold its annual spring celebration and potluck at Belfast Free Library on Wednesday, June 19, at 5:30 p.m. All are invited to bring ethnic foods to share and to view the film “I Know a Man ... Ashley Bryan,” which will be shown at 6 p.m.

Ashley Bryan is a 94-year-old poet-illustrator of over 50 children’s books, and he makes puppets and sea-glass windows inspired by his African heritage. Bryan lives on Islesford in Maine and has used his art to celebrate joy, meditate on the darkness of war and racism, explore the mysteries of being and to create community.

For more information, visit peaceandjusticewaldocounty.wordpress.com.

“Your Family Tree” at Lincolnville Library

Maine State Library genealogist B.J. Jamieson will present a free program, “Tracing Your Family Tree,” on Wednesday, June 19, at 7 p.m. at the Lincolnville Community Library. Participants will work in small groups to search for their family on the internet and in valuable tools available at the library such as Ancestry and My Heritage to conduct research.

For more information, call 706-3896 or email questions@lindonvillelibrary.org.

Renovation at Watershed School in Camden —

Watershed School, an independent high school located at 1 Free Street, Camden, will undergo renovation this summer. The new first floor will feature a large common space for school and public gatherings, with new flooring and an open-concept design that allows for ample, natural light. The second floor will feature a climate-studies resource center. Renovations will be paid for from a matching grant from the Edward E. Ford Foundation, and the project will be complete by the time school starts in September.

Roar Vacation Bible School in Camden

Chesnut Street Baptist Church, 29 Chesnut Street, Camden, will offer Roar Vacation Bible School from Monday, July 8, through Friday, July 12, from 9 a.m. to noon. Children 5 to 10 years old are invited to participate in the Africa-themed program.

Children will sing, play team-building games, experiment with Bible lessons, collect Bible memory verses and more. Snacks will be provided. Each day will conclude with a safari celebration, when children will have an opportunity to show family members and friends what they’ve learned.

Registration is free, but contributions to an initiative to provide nutrition packets and health checkups for moms and babies in need in Zambia are welcome.

For more information, visit events@chesnustreetbvs.org or call the church office at 236-2195 for more information.

Vacation Bible School at Littlefield Baptist

Littlefield Memorial Baptist Church, 1 Waldo Avenue in Rockland, will offer Vacation Bible School (VBS) Monday, June 24, through Friday, June 28, from 6 to 8 p.m., for children 4 years old through grade 6.

“The week’s theme is ‘Giddy-Up Function.’ Activities will include Bible stories, crafts, games, snacks, music and more.

There is no charge. Children will participate in a nightly “pay-ny-thing” competition to raise funds for a mission project to be announced at the end of the VBS. For information, call 954-5093 or email littlefieldbaptistchurch@gmail.com.

Ecology Camps at Merryspring

Enrollment is open for Summer Ecology Camps at Merryspring Nature Center, 30 Conway Road, Camden. Eco-Explorers, Monday, July 8, through Friday, July 12, from 8:45 a.m. to noon, is for children ages 7 to 9. Activities will include exploring the natural world, doing experiments and getting to know local plants, insects and animals. Little Sprouts, Monday, July 15 through Friday, July 19, from 9 to 11:30 a.m., is for campers ages 4 to 6 who love to be outdoors, discover the world around them, play outdoor games and be creative.

Allergy-safe snacks are provided during both sessions. Cost is $100 for Eco Explorers and $80 for Little Sprouts. Merryspring members receive a $10 discount. Financial aid is available upon request.

For more information, and to register, visit merryspring.org or call 236-2329.

Brui ns Hockey Program Offered at MRC

This October, Midcoast Recreation Center (MRC) in Rockport will again host the Boston Bruins Learn to Play Hockey Program, an introductory program that helps children who want to learn to play hockey take their first steps in the sport. Registration opens July 10.

Available to girls and boys born from 2010 to 2014, the Bruins Academy is a four-week on-ice program led by certified coaches. Participants receive a full set of CCM equipment — including skates, a jersey, and an equipment bag, as well as a professional personalized fitting.

The Boston Bruins Academy is only open to youth who are new to the sport. Any children who have already completed the program or took part in MRC’s 8U hockey program are not eligible to participate. Children who played in MRC’s 6U, Learn to Play Hockey, or Learn to Skate program are still eligible.

Last season the Bruins introduced more than 5,000 kids to the sport of hockey at 80 locations across New England and donated $2,500,000 worth of equipment to the next generation of players.

Visit nhl.com/bruins/community for more information.

For more information, email questions@bostonbruins.com.

For Father’s Day —

Dads Free at Coastal Children’s Museum

Coastal Children’s Museum, located at Sharp Point Mar-ina, 75 Mechanic Street, Rockland, will offer fathers free admission on Father’s Day, Sunday, June 16. The museum will provide an opportunity for children to create a craft for their father or grandfather to celebrate the day.

Digital Interactive Art Intensive for Girls

Maine Mathematics & Science Alliance will offer a free two-week Digital Interactive Art Intensive for girls 12 to 16 years old at Waterville Arts, 256 High Street, Belfast, from Monday, August 5, through Friday, August 16.

The summer intensive launches a digital, interactive art club for girls that will continue to meet weekly via phone or video conference (with one face-to-face meeting month-ly) from September through October. AR (Augmented Reality) Girls will share their digital stories with the community during the AR Girls Fall Showcase in October.

To participate, email Phelan Gallagher at phgal@gallag-her@mmms.org or phone 667-2092 or visit mmms.org for more information.

40 Days of Summer Starts June 24 at Thomaston Library —

Thomaston Public Library offers the sixth year of its 40 Days of Summer program beginning on Monday, June 24. The program, which is free to all children who have completed kindergarten, runs from 11 a.m. to 1 p.m. Monday through Friday (except July 4th). Participants enjoy lunch and healthy snacks, outdoor and indoor games, book reading, art activities, an end-of-summer party, presentations and performances by talented community members, as well as visits from Chewonki Foundation, Sparks Ark Wildlife Rescue, Northern Stars Planetarium, Pope Memorial Animal Shelter, STEM experts, and more. Children can attend for one day or all 40. The library’s website, thomaston.lib.me.us, has lots of information on the program, as well as registration forms. Advance registration is not required, but it will speed up check-in on the first day a child attends. Registration forms are also available at the library. Shown: 40 Days of Summer participants on the day last year when the local Coast Guard landed a helicopter on the grounds.

Northern Stars Planetarium Coming to Thomaston, Rockport —

The new first floor will feature a large common space for school and public gatherings, with new flooring and an open-concept design that allows for ample, natural light. The second floor will feature a climate-studies resource center.
**LETTERS / OPINIONS**

**Wait for the Financial Records**

By Tom Sadowski

I should be a surprise! Father’s Day comes every year at this time, in fact it will get us past. There should be no panic except that there always is with everyone running around wondering what to do for Father’s Day. We’ve been over this before. In the past I detailed what might interest and amuse your fathers and we have covered all the primal Pepsi or whatever else you may have. We have beer, pallets, matches and flashlights and all thing sharp like knives, axes, saw blades and pencils. And speaking of sharp, if he tends toward being a sharp-eyed man, a superabundance of keen apparel is available.

I can tell you that there are a lot of fabulous food restaurants and to be treated to a cedar-planked salmon steak (or whatever is on your mind) with cilantro garlic butter would indeed be a wonderful Father’s Day. Gilbane will make him do the logistics. Plan out where to take him. Make the reservation. And even though he will try, don’t let him pay.

But let’s not get distracted and get back to the old saying where “if you give your dad a fish, you will feed him for a day. Teach your dad to fish and you may never see him again” … or something like that. The point is that you need to learn how to read your dad so as to pick the perfect Father’s Day gift and stop relying on limp suggestions from lame columnists. I would think that with cilantro garlic butter would indeed be a wonderful Father’s Day. Gilbane will make him do the logistics. Plan out where to take him. Make the reservation. And even though he will try, don’t let him pay.

By Steve Cartwright

**Clean Energy** Hype

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By Steve Cartwright

**Clean Energy** Hype

“Clean Energy” hype—

project, it will not “cost Maine 1,600 jobs.” That’s just silly.

Robert Karl Skoglund, The Humble Farmer, St. George

Be Truthful in Your Storytelling

Last week, Nordic Aquafarms announced it has hired Gilbane Building Company to oversee construction of their proposed $850,000-square-foot facility. Within hours, a local opposition group currently circulating a petition to halt Nordic’s proposed 850,000-square-foot facility (LCSG), shared an article on their Facebook page talking about a $1 million-plus legal settlement Gilbane paid as a result of an alteration of a government contract, complete with pithy commentary something like “shady companies keeping shady company.”

The problem is, LCSG once again utterly fails to be complete in their stories. The real facts are these: In 2010, a company called WG Mills was accused of fraudulently acquiring a government contract in a project to build the U.S. Fish & Wildlife Service (the company that will be building NAFO) bought WG Mills and folded its operations into their own. When Gilbane acquired WG, they entered into an agreement for dealing with the lawsuit. Given that the accused no longer existed, Gilbane and the U.S. Attorney’s Office agreed on a no-fault settlement. The agreement was never to be the alter- native to any government contract. It is entered into and underwritten by a group in Belfast would so unfairly smear a reputable company just as they are gearing up to spend the next few years here. [Editor’s note: This letter was cut from its original format in order to fit into the page.]

By Steve Cartwright

**Clean Energy** Hype

CMP is sending out slick propaganda about its proposed transmission line through our state. Don’t buy it. If Maine is specials to just a nice environment we can afford a project, it will not “cost Maine 1,600 jobs.” That’s just silly. Those are temporary construction jobs that could be taken by people who lose them to jobs overseas. They’ll be on the jobs eating their job. CMP is offering “millions” over a period of years to sweeten their sour deal. Don’t swallow it. It’s less than it seems.

The bottom line is: the health of our precious Maine North Woods for sale to a giant corporation! I sure hope not.

By Steve Cartwright

**Clean Energy** Hype

“Clean Energy” hype—

Steve Cartwright, Tenants Harbor

**Open Primaries or Maine**

Maine has over one million registered voters, but about 40 percent of them are not registered with a major political party. Just because neither major party represents you does not mean it should be barred from the political process. Our current two-party system limits our choices, it limits our options, and may run our public officials, but 40 percent of registered vot- ers are not allowed to participate in those primaries.

In this primary election, Maine needs open primaries so every voter in Maine can participate in a meaningful way in every election. At a time of rising populist anger, growing frustration and concern, if all political parties, all in government in government is listening to them, allowing everyone to have a voice in the primaries will help direct this anger towards meaningful reform, rather than towards authoritarianism.

Democracy is supposed to be participatory. Unfortunately, the Maine Legislature had a chance this ses- sion to pass open primaries for the 2020 election cycle, but for some reason, he decided not to listen to the vast majority of Mainers who support the idea. I want to thank the legislators who did vote for open primaries, and Mainer will have their voices heard one way or the other … we always do.

By Steve Cartwright

**Clean Energy** Hype

**Just Saying ...**

By Tom Sadowski

**Father’s Day—Yet Again**

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COPM is sending out slick propaganda about its proposed transmission line through our state. Don’t buy it. If Maine is specials to just a nice environment we can afford a project, it will not “cost Maine 1,600 jobs.” That’s just silly. Those are temporary construction jobs that could be taken by people who lose them to jobs overseas. They’ll be on the jobs eating their job. CMP is offering “millions” over a period of years to sweeten their sour deal. Don’t swallow it. It’s less than it seems.

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The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, phone number (in case we need to contact you). Email letters to copyeditor@freepressonline.com or mail them to The Free Press, 8 North Main St., Suite 101, Rockland, ME 04841.

Contact the author by sending email to sudawski@tidewater.net. Kindly edit out any metaphors before sending. © 2019 Tom Sadowski
Lincoln County Historical Museums Open for the Season

Re-enactors prepare for a Memorial Day Salute at the Pownalborough Court House in Dresden.

The three house museums of Lincoln County Historical Association have opened for the season. LCHA volunteers at each museum present a special exhibit to help make history come alive. The sites are open from June through the end of September. An exhibit at the Pownalborough Court House (1761), 23 Court House Road, Dresden, focuses on the French and Indian War. Called the Seven Years War, this conflict pitted the colonies of Britain against those of New France from 1754 to 1763. The land upon which the court house stands was once the site of Fort Shirley. The exhibit includes items from Fort Shirley and Fort Halifax, including a musket and bayonet, ensign box, and a dated powder horn. The system of trails at Pownalborough Court House has been expanded and is open to all.

For more information about Lincoln County Historical Association, visit lincolncountyhistory.org

Waldoborough Historical Society News — Waldoborough Historical Society trustee Roy S. Hall, who was guest speaker at the 2019 Maine Volunteer Roll of Honor, Hatch, along with other state volunteers, was guest speaker on April 19 and received his certificate and pin at the Waldoborough Select Board meeting on May 28. The society’s museum, at 1164 Main Street, comprises three buildings: admission is free. The site will be a free trolley ride on Waldoborough Day, Sunday, June 15, highlighting the town’s historical development; for reservations, call 1-800-1307. Donations will be accepted. PHOTO BY JEAN LAWRENCE

Old Coots Give Advice in Liberty

Old Coots will be offering advice on Saturday mornings at Liberty Library, 59 Main Street, throughout the summer, beginning on June 15. The Old Coots in Liberty are volunteers, ages 60 or older, who have a wealth of life experience. They will sit outside the library, weather permitting, fresh air helps. Visitors can tell the Coots about their problems, get free coffee and a donut, and receive advice. It’s probably bad advice, but it’s free! Volunteer will receive a book or DVD of their choice, thanks to a Rose and Samuel Rudman Trust Fund grant. First volunteers will be Mariah Williams and Ian Collins.

BELFAST — In a seamless partnership of values, The Law Office of Lee Woodward has joined forces with longtime colleagues attorneys Christopher MacLean, Pamela Terry, Sarah Gilbert, Katherine Adamsky, David Allen, Peter Conant, Eric Darling, Gene DeLorenzo, Jackie Dunham, Elizabeth Goodridge, Claire Honigan, Wendy Howard, Vera Morrison, Owen Shugard and Lisa Mossel Vierne. For more information, email Julie Sells at appletonlibrary@gmail.com or call 785-5656.

Attorney Haley Hall will offer a free advice clinic, “Sails on the Sheepscot,” includes photos that illustrate Wiscasset during its heyday in the early 1900s. Interactive elements for children and adults are new this year. Visitors can learn to tie the kinds of knots that might have meant the difference between life and death for sailors. An Amesbury skiff designed by John Gardner of New England boat design fame and built by David Simmons of Boothbay has been hauled ashore to rest on the lawn for all to climb upon and practice their knotting skills. The well-maintained grounds at the Old Jail extend toward the Sheepscot, where there is a short trail.

Knott Your Weekend at Penobscot Marine Museum — Penobscot Marine Museum celebrates the art of knot tying on Saturday and Sunday, June 22 and 23, from noon to 4 p.m. Visitors will learn about knots and their uses in maritime Maine with demonstrations, vendors, and hands-on activities. Knot Your Ordinary Weekend events are included with museum admission. For more information, visit penobscottenmuseum.com or call 548-2529.

Picture: sailors’ knots and seamins.

Celebrate Richard Wallace with the Waldoborough Historical Society — The public is invited to attend “Celebrate Richard Wallace” on Sunday, June 16, at 1 p.m. at the Waldoborough Historical Society Museum, 1164 Main Street, Waldoboro. The celebration of the 51 years of Wallace’s service to the society will begin with a brief thank you and the telling of the Revere Bell. Wallace’s favorite refreshments, fruit punch and cookies, and time to share memories of his life will follow. All museum buildings and the Town Pound will be open from noon to 3 p.m. The 2019 exhibits will be on display. Showen: The late Richard Wallace displaying the model of a Waldoboro ship.

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In Damarciscotta — Blacksmith Demo at Chapman-Hall House

Jeffrey Miller, master blacksmith and historian from Waldoboro, will demonstrate his trade at Lincoln County Historical Association’s 1754 Chapman-Hall House, 270 Main Street, Damarciscotta, on Sunday, June 16, from noon to 4 p.m. Miller will work at his 18th-century temporary forge, creating items that might have been used in his family’s home. Miller will be married to his wife and blacksmith Joanne, who will be on hand to tell visitors about the blacksmithing craft. Miller will be working in the same forge he had traveling up the Hudson, Erie Canal, St. Lawrence, and down the Chambly Canal, through Lake Champlain, and back out to the Hudson. For more information, visit penobscottenmuseum.org or call 548-2529.

Bellevue Outing — The public is invited to join Old Coots on a Sunday sail to enjoy a barbeque on the deck of the Windjammer on Thursday, June 20, at 2 p.m. The trip begins at the Wallace displaying the model of a Waldoboro ship.

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School-Based Restorative Practices

Course leaders Sarah Matari (left) and Carrie Sullivan

University of Maine Hutchinson Center and Restorative Justice Project Birch will offer a six-session program for school-based teams, including at least one representative from administration. School teams will be able to talk about at least three people are invited to send individuals to the Foundations in Restorative Practices Certificate Program, which will begin December 5.

Fundraising party in Augusta — State Museum Friends’ Making Your Mark!

The theme of Making Your Mark!, inspired by the museum’s current exhibit, “Women’s Long Road — 100 Years to the Vote,” and the evening’s entertainment harks to the late 1910s and early 1920s. Actress-musician Birdie Newman Katz will perform songs of the era; a slide show will focus on the “New Woman,” and hors d’oeuvres, wines, punch, and a silent auction will round out the evening.

Program cost is $600 per person and includes materials, a light breakfast and catered lunch. A limited number of need-based scholarships is available. For more information, or to request reasonable accommodations, phone Michelle Patten, 338-8002, or email michelle.patten@maine.edu. Register online at Hutchinscenter.umn.edu/professional-development.

Rockland Library Summer Reading

Rockland Public Library will launch its summer reading program, “A Universe of Stories,” on Saturday, June 15. The space-themed program for all ages runs June 22 through August 10. There will be a presentation for children grades three through six... "The Wonderful Sky,” in the Community Room at 11 a.m. and 1:30 p.m.; seating is limited. The presentation will feature stars, constellations, planets, and other elements of the seasonal night sky that can be seen unaided. Families may sign up for the program in the Children’s Room all day. Bags, bookmarks, Sea Dogs vouchers and reading logs will be available. Teens and adults are also encouraged to participate; they can sign up on June 22 or June 15 at Rockland’s Summer Solstice Celebration.

CloudLibrary at Rockland Library

Rockland Public Library will offer an opportunity to learn how to download and use CloudLibrary, a reading app, on Tuesday, June 25, from 6 to 7 p.m. Additional sessions are planned for July and August.

Sign up for this free service at cloudLibrary.com or call 207-363-1080. More information at www.rocklandlibrary.org.

Hops & Fads at OHTM

Hops & Fads at OHTM, beginning on Friday, June 27. Subsequent dates are June 28, September 16, and December 13. All sessions will run from 6 to 7:30 p.m. at the Hutchinson Center, 80 Belmont Avenue, Belfast. The program will be led by health educator and advocate Carrie Sullivan and attorney-mediator Sarah Matari. Schools must register in teams of up to five members, including at least one representative from administration. School teams will be able to talk about at least three people are invited to send individuals to the Foundations in Restorative Practices Certificate Program, which will begin December 5.

“Love Our Lakes” Series Offered

Those who own shoreline property or who are interested in water quality and healthy lakes are invited to join Waldo County Soil and Water Conservation District and the University of Maine Cooperative Extension for a series focused on caring for local lakes. The series will be offered on Fridays in June and July beginning June 14 from 3:30 to 5 p.m. in Swansville and Searsport.

Lakes and large ponds support shoreline camps and residences, recreational boating and fishing and other activities. These activities also have the potential to create challenges in maintaining water quality. Sediment and nutrient increases can create potential for algal blooms and other problems that can impact fish and wildlife, water clarity, lake aesthetics, property values and human health.

The schedule is:

Session 1, June 14, Lakes 101 (optional in-depth session ends at 5:30 p.m.), Kermit S. Nickerson School, Swansville.
Session 2, June 28, Septic System Care and Maintenance and a Bit About Soils, Kermit S. Nickerson School.
Session 3, July 12, Keeping Up Those Camp Roads, North Searsport United Methodist Church, Searsport.
Session 4, July 26, Best Homeowner Practices to Be, LakeSmart, and Intro to LoomSmart, North Searsport Unit-
ed Methodist Church and at Swan Lake.

For more information, visit www.waldoco-countysiodand.

Woman voting PHOTO FROM LIBRARY OF CONGRESS PRINTS AND PHOTOGRAPHS DIVISION

The public is invited to a “Communi-Tea” in the Main Reading Room of the Library on Friday, June 21 from 3 to 4:30 p.m. Celebrate the first day of summer with a cup of tea, sweets and savories. Those attending are encouraged to bring a personal-care item to donate to the local food pantry. Personal-care items not generally covered by SNAP funds and are needed at the pantry.

Gibbs Library Sale June 29

Gibbs Library will hold a sale on Saturday, June 29, from 9 a.m. to noon at Washington Fire Department, 42 Old Union Road. The fundraiser will include furniture, tools and books.

For more information, or to donate items for the sale, call 201-845-2663.

“Communi-Tea” at Thomaston Library

The public is invited to a “Communi-Tea” in the Main Reading Room of the Library on Friday, June 21, from 3 to 4:30 p.m. Celebrate the first day of summer with a cup of tea, sweets and savories. Those attending are encouraged to bring a personal-care item to donate to the local food pantry. Personal-care items not generally covered by SNAP funds and are needed at the pantry.

Rabinowitz to Speak to Waldo Republicans

The Waldo County Republican Committee will hold its monthly meeting on Thursday June 13, at Troy Howard Middle School in Belfast. The public is welcome. The speaker will be Julie Rabinowitz, director of policy and communication for Maine People Before Politics.

Rabinowitz is knowledgeable about a variety of economic, employment and workforce issues, a published author and editor, and a college instructor. She has a combination of public service, private enterprise leadership, and non-profit experience. Most recently she served as the press secretary and senior policy advisor for defense, veterans and emergency management for former Gov. Paul LePage.
~ Thursday, June 27 at 7 p.m.: 
Briallen Hopper, author of “Hard to Love: Essays and Confessions” 
~ Sunday, June 30, from 1 to 2:30 p.m.: Ellen Sanders, author of “Trips: Rock Life in the Sixties”

Both talks & signings are free and open to the public!

LEFT BANK BOOKS
109 Church Street, Belfast, ME 04915 
Tel. 207-338-9009 
leftbank@myfairpoint.net

Paleontology and U.S. National Monuments — Downizing Utah’s Grand Staircase-Escalante and Bears Ears Is Bad for Science

Dr. David Polly, the Robert R. Shrock Professor of Earth and Atmospheric Sciences, Indiana University

The Trump administration shrank two scenic, fossil-rich areas — designated national monuments by Presidents Clinton and Obama — to allow coal extraction. Dr. Polly assesses the impact of the decision on science.

Free admission 
Saturday, June 15, at 3 p.m.

OLDER PROFESSOR’S BOOKSHOP
99 Main Street, Belfast 
338-2006

New York Times Best Selling Author STEPHEN McCaULEY joins us for a talk and signing on THURSDAY, JULY 20 at 7 pm

We’re celebrating the paperback release of Stephen’s latest comedy of manners, My Ex-Life

Join us for this free event that will be fun and festive!

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BOOK NEWS

Chats with Champions July 9 — Richard Blanco at Lincoln Theater


Poet and author Richard Blanco will appear at Lincoln Theater, 2 Theater Street, Damariscotta, to read from and talk about his newest book of poems, “How to Love a Country,” on Tuesday, July 9 at 7 p.m.

“How to Love a Country” both interrogates the American narrative, past and present, and celebrates the still-unkept promise of its ideals. A committed proponent of the civic role that poetry can fulfill in the public realm, Blanco addresses sociopolitical matters that affect us collectively.

In 2013, Blanco was selected by President Obama as the fifth inaugural poet in U.S. history, the youngest — and the first Latino, immigrant, and gay — person to serve in the role. He is a Woodrow Wilson Fellow and has received many honorary doctorates. He has taught at Georgetown University, American University and Wesleyan University and serves as the first education ambassador for the Academy of American Poets.

The event is a fundraiser for Skidompha Library. Tickets are $20 and can be purchased, beginning June 14, at the library, Sherman’s Maine Coast Book Shop, Lincoln Theater and online at skidompha.org.

Maine Poetry Express at Belfast Library June 18 — The public is invited to a Maine Poetry Express community reading at the Belfast Free Library on Tuesday, June 18, at 6:30 p.m. A program of the Maine Humanities Council and the Maine State Library to bring Maine poetry and poets to local libraries and their communities, the Maine Poetry Express was originally designed by poet Wesley McNair during his time as the Maine state poet laureate. The June 18 reading will explore themes important to Belfast: home, shelter and development.

Twelve community members selected a Maine poem and learned to perform it in a workshop with Belfast Poet Laureate Areilee Greenberg (pictured), who will lead the participants in the reading. In addition to working in creative nonfiction and cultural criticism, Greenberg is the author of five collections of poetry, including the forthcoming “Come Along with Me to the Pasture Now.” Her work has been featured in many literary anthologies, including “Best American Poetry.”

Photographer of Greenland Plane Recoveries to Speak at Lighthouse Museum June 15 — Maine Lighthouse Museum, 1 Park Drive, Rockland, will host a presentation by photographer Lou Sapienza, board chairman of the Fallen American Veterans Foundation (FAVF), on Saturday, June 15, at 6 p.m. A suggested $5 donation is requested for admission. Sapienza has completed six expeditions to Greenland, three of them for the U.S. Coast Guard and Defense Department. The expeditions have led closer to the discovery of a WWII-4 Grumman Duck amphibious biplane and three American servicemen missing since 1942. The Danish Ministry of Defense Joint Arctic Command and Global UAV Technologies will partner with FAVF in an August mission to locate and repatriate the remains of the servicemen, who are believed to be locked in the ice within their aircraft. The ordeal of the crews is chronicled in the book “Frozen in Time” by Mitchell Zuckoff. During the early 1990s, Sapienza participated in three expeditions that recovered a World War II fighter plane from 24 stories beneath the ice. He served as the mission’s principal photographer, and his work was used extensively in the History Channel’s “The Hunt for the Lost Squadron.” Copies of “Frozen in Time” will be available for purchase.
Please Take Note
Listings should be emailed to copydesk@freepressonline.com or mailed to The Free Press, 8 North Main Street, Rockland, ME 04841 before Friday before the Thursday publication date. Include your name, address and phone number.

NOTEWORTHY

THURSDAY, JUNE 13:

➢ "Revolutionary" Author in Chats with Chapman

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Friday, June 14:

➢ Back to Summer Block Party at Central Lincoln County YMCA, Damariscotta, 5:30 to 8:30 p.m. Free party with a climbing wall, farmers market, music, face painting and trail running, and a PARMS at the Y smoothie bar to wash it all down, plus face painting for the kids. ➢ Backlash Dance Party in Waldboro, 7:30 p.m. at the VFW Hall, 50 Mill Street. The band plays rock, blues and country at the 21-plus BYOB party. Admission is $5. ➢ The Very Great Grandson of Sherlock Holmes at The Playhouse, 107 Church Street in Belfast. The curtain goes up on the teen theater production at 7:30 p.m. Friday and Saturday and 1 p.m. Sunday. Tickets are $5 at the door. Call 338-5777 to reserve.

SATURDAY, JUNE 15:

➢ Waldboro Day, the annual party serves as a palindrome: a word or phrase that reads the same backward and forward, like "madam," "racecar," or "level." The afternoon program includes a parade, field games, 4 p.m. clam tasting at the VFW Hall, and dance at A D Gray School with music by Phog. See pages 12 and 13. ➢ Old Costs Giving Advice at Library, 59 Main Street, 10 a.m. to noon Saturdays throughout summer. The coast, ages 60 and up, will be outside the library on sunny days. Visitors can tell them their problems, and get coffee, a donut, and some free advice. ➢ "Hops in the Hangar" at Owls Head Transporation Museum, 1 to 4 p.m. Sip a selection of brews from the midcoast’s booming craft beer scene and check out vintage cars, motorcycles, bicycles and planes. Tickets ($35, $20 museum members; $14 designated drivers) include entry to the new “Fads and Failures” exhibit, with the museum’s most eclectic items and rarely told stories of bygone technologies that failed or flew. ➢ Talk on Downsizing Two National Monuments for Coal Extraction, 3 p.m. at Old Professor’s Bookshop, 99 Main Street, Belfast. Dr. David Polly on the Trump administration’s shrinking of Utah’s Grand Staircase-Escalante and Bears Ears national monuments – known for their breathtaking vistas and dinosaur bones — to open the land to coal mining. ➢ Rockland’s Summer Solstice Party, 4 to 7 p.m. on Main Street, with live music, food and games for the whole family. The Rockland Sculpture Race starts at 5 p.m. and rolls from the corner of Main Street and Tillson Avenue to CMCA’s courtyard on Winter Street. The After Hours Dock Party, for ages 21-plus, is 6 to 10:30 p.m. at Journey’s End Marina, end of Tillson Avenue, with food and a cash-only bar, live music by OuterSpace and dance music by DJ Dan Miller. Both events are free. ➢ Talk on Trips to Greenland to Find Downed WW II Servicemen and Plane, 6 p.m. at Maine Lighthouse Museum, 1 Park Drive, Rockland. Photographer Lou Sanpazia on his expedition to the frigid Arctic to search for the still-unrecovered bodies of three American servicemen whose rescue plane vanished in a storm. The story is told in Mitchell Zuckoff’s book “Frozen in Time.” $5 admission. ➢ Down East Dance Party with Johnny Hoy and the Bluefish, 8 to 11 p.m. at Blue Gnome Dance Hall. The Martha’s Vineyard blues band has stopped by the dance hall at 1184 Atlantic Highway in Northport for going on 25 summers. $20 ($35 couples). SUNDAY, JUNE 16:

➢ Father’s Day at Savage Oakes Vineyard & Winery, Union, 11 a.m. to 4 p.m. With a farm-to-table barbecue, Savage Oakes wines, Maine beers and craft cocktails for sale. Artwork by Jay Sawyer (aka Ina Wolovitz), piano, Camden, ME

Young Stars of Maine Prizewinners Concert Sunday • June 23 • 4PM • Rockport Opera House FREE

Come celebrate all of the 2019 Young Stars of Maine prizewinners as they take the stage and perform the works that secured them an award.

Congratulations to the 2019 Prize Winners!

Joshua Chun, piano, Belfast, ME
Lydia Gilman, vocalist, China, ME
Elijah Huttman, oboe, Richmond, ME
Annabel Parker, soprano, Rockport, ME
Ida Santos, soprano, Portland, ME
Daphne te Boekhorst, flute, Cape Elizabeth, ME
Ina Wolovitz, piano, Camden, ME

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Young Stars of Maine Prizewinners Concert

SUNDAY, JUNE 16TH

11AM TO 4PM

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MEET LOCAL ARTIST JAY SAWYER AND OYSTERS, TOO

FATHER’S DAY FOOD AND ART FESTIVAL

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The Record Company 7.12 | Amos Lee 7.27
Brian Setzer 8.9 | Rick Springfield 8.30

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Gina Chavez WITH HER BAND

JUNE 15 7:30PM

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<td>Monday, June 17</td>
<td>► &quot;Summer in Maine&quot; Slideshow at The Lincoln Home, 22 River Road, Newcstle, from 3 to 4 p.m. Join Francoeur’s Michael Perry for a journey through Maine from late spring to the first colors of autumn. See a historic Poland Spring resort, waterfalls in Rangeley, sandy beaches in Phippsburg and Kennebunkport, scenic Penobscot Harbor, and majestic Moosehead Lake. Free.</td>
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| Tuesday, June 18 | ► Talk on Four Women Writers, Wards Hall, 174 Main Street, Thomaston. Judith Tydings shares what she gleaned from her interviews with a memoirist, Maine’s first poet laureate, a bookseller, and an author for her thesis on women and aging. Thomaston Historical Society offers refreshments and meets at 7 p.m. Tydings’ talk is at 7:30 p.m.  
► Grease at The Public Theatre, in Lewiston. Step back in to Roaring ’20s and High’s class of 1959, with its hot-rodding Burger Palace Boys and guns-snapping Pink Ladies. Curtain opens at 7:30 p.m. Tuesdays and Saturdays, June 18 to 22 and 25 to 29, and 2 p.m. Sundays, June 23 and 30. The June 18 preview costs $20; regular tix are $35. With a beer tasting at the June 19 show and wine tasting at the June 25 show. Tickets: ThePublicTheatre.org.  
► German POWs in Maine: From ‘Friendly’ to 2 p.m., Rockland Public Library. Hank Lunn’s illustrated talk on what it was like to have captured German soldiers help with the potato harvest on his family’s Aroostook County farm in 1945.  
► Coastal Rivers Conservation Fund Party on the Pier, from 5 to 8 p.m. at The Contended Soul in New Harbor. Hors d’oeuvres, cash bar, live music and a silent auction packed with items like a float-plane boat, boating excursions and French wines. $40 dollar tix, at CoastalRivers.org.  
► Lobster Management Zone Council Meeting, 6 p.m. at Camden Hills Regional High School, Rockport. Maine Department of Marine Resources holds it before developing a proposal to meet targets to protect right whales, set by the Atlantic Large Whale Take Reduction Team.  
► Where in the World Is John Worth? 6 p.m. at Penobscot Marine Museum’s Old Vestry, 2 Church Street. Excellent for ages 6 and older. After retiring from a life of driving tugboats, windjammers and other workboats, Worth took a retirement trip on the water. He’ll talk about traveling up the Hudson, Erie Canal, St. Lawrence, and down Champlain Canal, through Lake Champlain, and back onto the Hudson. $8 ($5 museum members).  
► Camden Shakespeare Festival Talk, 7 p.m. at Camden Public Library. Director Stephen Legawiec will lead a discussion about Hamlet to put the play in context for those planning to attend the festival in July and August (which will also feature The Taming of the Shrew).  
► 3rd Annual Over the Bay Soiree, to benefit Central Maine Food Bank, at The Strand Theatre, 109 Church Street, Thursday, June 26, at 7 p.m. Braddish Hoppe reads aloud from her stories about self-reliance, unbreakable friendships, single life, and dealing with death, in her new novel, The English Professor at Queens College. To save your seat: LeftBank@myfairport.net or 338-9009.  
► Music on the Medomak at Sprague Point home in Nobleboro. $100 tickets can be bought at the Y, 525 Main Street in Damariscotta, or you can call 563-9622.  
► ME Water Buffalo Co. Grand Reopening, Sunday, June 22, from 11 a.m. to 4 p.m. Meet the herd, tour the farm, taste buffalo cheese, feed the goats and sheep, visit the pigs, and cuddle a water buffalo calf. Bring a picnic to eat on the lawn, if you wish. No dogs. The farm is at 232 Old County Road, Appleton.  
► Broad Bay Church Black Party and Concert, 941 Main Street, Waldoboro. The UCC celebrates its 35th anniversary with a free fete, Saturday, June 22, 9 a.m. to noon, rain or shine, with music by the Rusty Hinges, food, and a bounce house and games for younger and older kids.  
► The Halcyon String Quartet plays “Music on the Medomak,” classical pieces and Danish folk tunes, paired with photos and art by midcoast artists. Admission is by donation.  
► Performance and Foraged Feast at Intervale, 7 p.m. at Ashworth’s, Saturday, June 22, at 4 p.m. Artist Susan Buckfied and a group of movers, vocalists, musicians, writers, visual artists, foragers, an astrolabe and a cook present “stillness” 19” featuring a slow walk across the land, and a lakeside performance of a traditional feast. Tix are $25 (extra with a copy of the “Foraged Cookbook” at Eventbrite or rag print) at Eventbrite.com or the door.  
► National Amateur Radio Field Day at Cobscook Bay Park and radio operators invite everybody to check out the equipment they use to talk across town and around the planet, without internet or cell phones. Saturday and Sunday, June 22 and 23, at Troy Howard Middle School. Learn more at wcura.org.  
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NEW LISTING!

**4 Acre Property & Home in Knox County, ME**

- **195 Waterman Road, Nobleboro, ME 04555**
- **Offered at $278,000**

**Main House:**
- 4 BR, 4.5 BA
- 2,450 sq ft
- **New Construction**
- Open concept layout
- **Features:**
  - Master suite on the main level
  - Hardwood floors
  - Vaulted ceilings
  - Large windows for natural light

**Additional Features:**
- **Private Setting:** Enjoy the tranquility of a 4-acre wooded lot
- **Nearby Amenities:** Close to beaches, hiking trails, and local shops
- **Nearby Attractions:** Coastal Route 1, Maine National Seacoast Trail

**Additional Details:**
- **Construction Completion:** Expected by late fall
- **Showings:** By appointment

**Contact:**
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Lease offer requires $326 due at signing. Lease is subject to credit approval through Toyota Financial Services. MSRP $26,844. 36 months / 30,000 miles. Low Money Down is available on select models. MSRP does not include tax, title, license fees, $299 destination and handling. Any lease incentives are reflected in the MSRP. 

Lease offer requires $326 due at signing. Lease is subject to credit approval through Toyota Financial Services. MSRP $26,844. 36 months / 30,000 miles. Low Money Down is available on select models. MSRP does not include tax, title, license fees, $299 destination and handling. Any lease incentives are reflected in the MSRP. 

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Lease offer requires $429 due at signing. Lease is subject to credit approval through Toyota Financial Services. MSRP $38,744. 24 months / 20,000 miles. Low Money Down is available on select models. MSRP does not include tax, title, license fees, $299 destination and handling. Any lease incentives are reflected in the MSRP. 

Lease For

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FRIDAY, JUNE 14:
- Join us for $25 “Get One, Give One” at Art Loft, Rockland, from 9 a.m. to 12:30 p.m. at Camden Lions Club. Bob Richardson will teach the art of glass blowing. All materials included. $35.

SATURDAY, JUNE 15:
- Life Drawing Class in Camden, from 9:30 a.m. to 12:30 p.m. at Camden Lions Club. Bob Richardson will teach the art of life drawing. “gesture drawings”, how to draw and how to give volume to the figure; foreshortening; and perspective. $36. To register, email davidblanchard555@gmail.com or call 207-542-0360.

SUNDAY, JUNE 16:
- “Paint Night – Lighthouse Wine Glass” at Art Loft, Rockland, from 4 to 7 p.m. Justin Kimney leads the BYOB class: feel free to bring a bottle to go with your two new glasses. All materials included. $35.

MONDAY, JUNE 17:
- Learn line work, shading, value and creating three-dimensional form using pen, chalk, pencil, Conte crayon and charcoal $25.

THURSDAY, JUNE 20:
- Reception for “RECYCLED: From the Waste Bin to the Wall” from 4 to 5 p.m. at Appleton Library. The show features works by Kathryn Adamusky, David Allen, Peter Conant, Eric Darling, Gene DiLorenzo, Jackie Dunham, Elisabeth Goodridge, Claire Horne, Vera Morrison, Abbie Read, Owen Shugard, and Lisa Mosel Vietze.

“Mop Cap: An Alopecia Story”

Film in Belfast — The midcoast premiere of the documentary film “Mop Cap: An Alopecia Story” will be on Sunday, June 23, 5 to 7:15 p.m., at Colonial Theatre, 2 Theater Street, Damariscotta. The film is about Ann Hedy’s experience with the autoimmune condition alopecia, which characterizes hair loss that is rapid and balding, and explores themes of femininity, beauty, personal loss and transformation.

Following the film there will be a discussion with Hedy (shown) and director Nicole Littrell. Tickets are $10. For more information, visit facebook.com/mopcapfilm.

London Plays on Film at Lincoln Theater

Lincoln Theater, 2 Theater Street, Damariscotta, will show seven National Theatre Live productions on screen this summer. All shows are on Thursdays at 7 p.m. unless otherwise noted.

June 14 — “Beat the Devil,” 1954; NR; 100 minutes.

This satirical film features a mix of adventure, comedy and crime. Billy (Humphrey Bogart) and Maria (Gina Lolobrigida) are stranded in Italy en route to Africa. Though they seem like an average couple, they are actually along with some of their traveling companions (Peter Lorre and Robert Morley) — have less-than-honorable intentions in laying claim to property supposedly rich with uranium. Directed by John Huston. A recent restoration can be viewed. Friday Night Films are open to the public and free of charge, but donations are accepted. The Lincoln Academy Classroom is handicap-accessible from the entrance. Light refreshments will be served. For more information, call the library at 354-2453.

Bogie ‘n Gina “Beat the Devil” in Friday Film

Friends of the Thomaston Public Library presents its Friday Night Film Series at the new time of 7 p.m. in the Thomaston Academy building.

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New on DVD & Blu-ray

Just Released June 11 — THE MUSTANG R/Drama/Dir: Lauren De Clermont-Torre (Michael Fagan, Susannah Fielding, Tim Roth, George MacKay) A man (Michael Fagan) who has spending problems is sentenced to an “outdoor maintenance” program as part of his state-supervised parole. He struggles to escape his violent past, is required to participate in an “outdoor maintenance” program, and meets a woman he has fallen in love with and marries.

THE MULE R/Drama/Dir: Clint Eastwood (Clint Eastwood, Bradley Cooper, Taissa Farmiga) Earl Stone is 90 years old, broke and alone when he is offered a job to travel the globe in an antique car. But even as Earl’s money problems disappear, his mistakes of the past start to haunt him. It’s uncertain if he’ll have the time to right those wrongs before the law or the car itself catches him.

ON THE BASIS OF SEX PG-13/Comedy/Dir: Mimi Leder (Felicia Day, Armie Hammer, Justin Theroux) The story of how Ruth Bader Ginsburg rose to power and ultimately Supreme Court Justice.

JACKIE R/Drama/Dir: Pablo Larrain (Joaquin Phoenix, Greta Gerwig, Jared Leto, Stephen Graham, Strictly Rhythm, John Carroll Lynch) In 1962, Jackie Kennedy was a woman ahead of her time, as she leaves London and returns to his family in Stratford-upon-Avon. The film follows Shakespeare as he strives to bridge the distance between himself and his wife and two daughters, recover from the loss of his son, and come to terms with his legacy as an artist.


THE MUSTANG R/Drama/Dir: Lauren De Clermont-Torre (Michael Fagan, Susannah Fielding, Tim Roth, George MacKay) A man (Michael Fagan) who has spending problems is sentenced to an “outdoor maintenance” program as part of his state-supervised parole. He struggles to escape his violent past, is required to participate in an “outdoor maintenance” program, and meets a woman he has fallen in love with and marries. On the other side of town, a young man (George MacKay) with an uncertain future who becomes drawn to a valley of cascading springs and its mysterious owner (Joaquin Phoenix) becomes a part of a family that has been banished from the settlement for a century. The two are thrown together in a survival story of true love. VICE R/Drama/Dir: Adam McKay (Christian Bale, Amy Adams, Steve Carell, Jeremy Strong) Donald makes the most powerful man in the world as vice president George W. Bush, reshaping the country and the globe in ways that we still feel today.
take measurements and record changes at least twice a month during warmer months. Register for the chance to learn about Coastal Rivers info. Those who can't make it but want to volunteer can fill out the online form on their website.

**WEDNESDAY, JUNE 19:**
- **Introduction to Sea Kayaking,** 9 a.m. to 1 p.m. Depart from Paul S. Lefavour Sport Outfitters kiosk in Camden Harbor for a leisurely tour led by Registered Maine Guides. Paddling and safety instructions will be provided. Kids 10 and up are welcome, but must be with an adult. $20 includes kayaks, family discounted price. Sign-up: 921-3950, JourneyToHealth.com/Storm.com.

**COMING UP:**
- **Paws for PAWS 5K Walk and 1-Mile Family Fun Run**, Saturday, June 22, 8:30 a.m. on the Belfast Rail Trail. The dog-friendly event is the second in a series of six by Run Belfast 2019 Details: RunBelfast.com.
- **Rockport Public Library 5K Run/Walk**, Sunday, June 23, 9 a.m., starting at Rockport Opera House and ending at Rockport Harbor Marine Park. $20 to run/SignUp.com by June 21, and $25 on race day.

**HOME & GARDEN**

**FRIDAY, JUNE 14:**
- **Bird Walk at Founders Preserve in Waldo County**, 7 to 9 a.m. Ted Mohlie leads the 1.5-mile walk and discusses the basics of binocular use and bird identification and behaviors. Register online at MidcoastConservancy.org.
- **Volunteer Training in Edgecomb**, at Midcoast Conservancy, 290 Route 1, from 8:30 a.m. to 2:30 p.m. All volunteers new to the program will be provided with new and returning volunteers. The program offers free evaluations and info to homeownwers about managing their waterfront homes and gardens. Dress for the weather and bring lunch. Register at MaineLakes.org.
- **Shaw's Path and Tour of Two Coves Farm**, in Harpswell, at 10 a.m. in the Friends of Merrymeeting Bay Summertime Outside 2019 series. Free and open to the public; registration is required: 666-3372. Details: FriendsOfMerrymeetingBay.org.
- **Dinner Paddle in Belfast**, leaves Belfast Bouchouse at 5 p.m. and heads across the bay to Luke’s Lobster for dinner. The return paddle will be in time for the setting sun and rising nearly full moon. Visit BelfastBayWatershed.org or call 338-1147 for weather updates.

**TUESDAY, JUNE 18:**
- **Volunteers Needed to Document Sea Level Impact on Midcoast:** More help needed with scoring (and pizza) offered to 3 p.m. at Coastal Rivers Conservation Trust’s Education Center, 110 Belvedere Road in Damariscotta. You’ll make +Phyllis regular visits to middens to

**SATURDAY, JUNE 15:**
- **Making of an Arboretum:** 10 a.m. at Nymotyping Nature Center, Camden. Arborists Nancy Cudle-Johnson and Douglass Johnson of Treekeepers LLC give a presentation, then lead a walk to the Kitty Todd Arboretum Enhancement Project. **Sharing and Creating Habitat** at Hidden Valley Nature Center, Jefferson, 2 to 3 p.m. at Ravenwood, in Searsport, with 1.72 acres, 12 of them dedicated to human simulation. Take in permaculture practices, garden riparation, tree leaf food forest, pest forest, pollinator gardens and a moldering gap composting toilet. Sign up at MidcoastConservancy.org.
- **Tour of the boots:** 1 p.m. on Hidden Valley Nature Center, Jefferson. Guests will point out architectural details inside and outside; refreshments will be offered. $10 admission; $8 THS members; free for kids 12 and under.

**TUESDAY, JUNE 18:**
- **Program on Practical Perrenian Garden Design, noon, Mymeyping Nature Center, Camden. Maine Master Gardener John Foxmeier teaches how to work through the design process to create the right garden for a variety of settings. He’ll cover soil and environmental conditions and how to select and organize the outdoor project. $5.

**COMING UP:**
- **Four-Day Timber Framing Course, Friday to Monday, July 5 to 8, at Hidden Valley Nature Center, Jefferson. Eight students will complete a timber frame, taking part in every step, from harvesting to building to the last nail. $500 ($450 for Midcoast Conservancy and Midcoast MAGA members). Learn more at MidcoastConservancy.org.

**SUNDAY, JUNE 16:**
- **Clam Spectacular in Waldo County, 4 to 9 p.m. at the RV Hall, 50 Mill Street. $15 tickets include a cup of chowder, steamed clams, corn on the cob, and a roll. Craft beer from Old Alewife will be for sale. Hosted by Waldo County Public Library.
- **Baked Bean Supper in Thomaston, 5 p.m. at Williams-Baxter American Legion Hall, 37 Watts Lane. Homemade baked beans, natural-curing hot dogs, coleslaw, chop suey, rolls or brown bread, sweet and sour pickles, and assorted desserts. $8 adults; $5 kids; $25 families.
- **Steak Supper in Washington, at Camp Olive Grove on Route 1, 5 to 6:30 p.m. Steak to order, baked potato, vegetable, salad, biscuits, dessert, and chips. $15 adults; $8 kids, who can also opt for free hot dogs, rolls and chips.** (Continued on p. 39)
ATTENTION, BUSINESS OWNERS & PET PEOPLE - Can You Help Sponsor a Pet?
Call Steve at 596-0055

THE FREE PRESS
PET ADOPTION PROGRAM

Call Maine Coast Animal Rescue (through Blake Veterinary Hospital) 789-5700

Logan is sponsored by:

OLIVER — Actually, we are introducing TWO adorable pug-French bulldog crosses. Oliver is inerparable from his twin Ozzie and they must go home together. They are 6 months old and full of fun and energy. In our pavilion, they are never far from each other, even at a full gallop! They love car rides and playing with toys, and with a little obedience training, they will be an exciting, entertaining addition to some lucky home.

Olive and Ozzie are sponsored by:

Stormy is sponsored by:

CHARLOTTE — This Staffordshire mix is a happy girl who LOVES her Kong toy. Compact and medium-size, she can do a bunny hop that sends her airborne! Roughly 2 years old, Charlotte needs some training as she is a bit of a chewer. We found this out as she tried to eat one of our volunteers’ notebooks! She’ll need a breed-savvy home, boundary, patience, no cats and plenty of time for exercise. She’s well worth the effort.

Charlotte is sponsored by:

Oliver and Ozzie are sponsored by:

Primo is sponsored by:

PRIMO is an independent kitty who loves on his own terms. He is looking for someone who can coax him out of his shell.

Primo is sponsored by:

Summer is sponsored by:

SUMMER is a chatty kitty with a super soft coat. This gorgeous girl will make the perfect lap cat!

Summer is sponsored by:

POPPY is a lovely kitty who can be shy at first but is such a friendly cat with people he bonds with. He just wants to go home!

Casper is sponsored by:

Casper is sponsored by:

BETSY ROSS is an endlessly purring machine the second you pet her. A little shy at first, she is a total sweetheart once she meets you.

Betsy Ross is sponsored by:

Wolfgang's Roadside Variety BAKERY & CATERING
1386 Waterville Road, Waldo, ME 3-42-5697 ~ www.weaversroadsidevariety.com

LEESCHNELLER FINE GARDENS
Japanese-inspired gardens
Perennial bed design
www.leeschneider.com 507-235-1010 Camden

Lee Schneller Fine Gardens

SALT CAT AT
458 Main St., Damariscotta 563-8377

www.blakevet.com

Oliver and Ozzie are sponsored by:

PI is sponsored by:

PI is a senior special-needs kitty who is very loving and social. He is looking for a family with a quiet house/hold where he can relax and get comfortable.

PI is sponsored by:

Scupper at rockland
195 Park St., Rockland - 594-5443

Call Maine Coast Animal Rescue at 594-2200 about adopting these pets.

Call Pope Memorial Humane Society of Knox County at 594-2200 about adopting these pets.
RESTORED EACH EVENING:

SUNDAY, JUNE 16:

1. TRIVIAL NIGHT at Rockland Public Library, 1st Fl., 7:30 to 9 p.m. Come and join in on some easy and fun trivia questions. Prizes will be awarded to the top three winners. Non-members $2, members free.

2. CELEBRATION OF THE SACRAMENT at the United Church of Christ, 75 Main St., Camden, 11 a.m.

3. ZUMBA FUSION at the Falmouth Family Resource Center, 9 a.m.

4. COMMUNITY SONG SERVICE at Chelsea Congregational Church, 69 High St., Chelsea, 11 a.m.

5. JUMBO OUTDOOR FLEA MARKET at the Falmouth Fairgrounds, 3:30 to 6 p.m.

THURSDAY, JUNE 20:

1. COMING UP: JOIN US IN CELEBRATION OF THE JUNE 20 FESTIVAL: "SELFLESS" by MARY MACARTY at the Rockland Public Library, 6-8 p.m., $10.

2. MEMORIAL SERVICE for the late Carol Des Lauriers Cieri at Chelsea Congregational Church, 75 Main St., Chelsea, 6 p.m.

FRIDAY, JUNE 21:

1. INDOOR FLEA MARKET at the Falmouth Family Resource Center, 9-11 a.m.

2. DINING ROOM GARDEN PARTY at the Falmouth Family Resource Center, 6-8 p.m., $20.

SATURDAY, JUNE 22:

1. COMING UP: "NURTURE CHILDREN: ROBOTICS" at the Union Fairgrounds, 9 a.m. to 4 p.m.

2. COMING UP: "HEAVENLY THREADS" Thrift Shop, 57 Elm Street, Camden, 9 a.m. to 4 p.m.

3. COMING UP: "BOOKS, & UNIQUE TREASURES FOR FATHER'S DAY" at the Boothbay Region Community Library, 8 a.m. to 1 p.m.

4. COMING UP: "GOALS, STRATEGIES & MEASURES" for small business training at the Midcoast Center, 9 a.m. to 3 p.m., $125.

5. COMING UP: "BREASTCANCER & THE MIND" at the Midcoast Center, 12:30 to 3 p.m., $10.

6. COMING UP: "TALK TO THE TIGER" at the Midcoast Center, 2 p.m., $10.

7. COMING UP: "TRANSIT: TOWARD SAFER PATHWAYS" at the Midcoast Center, 3 p.m., $10.

8. COMING UP: "HEALTHY HANDS, HEALTHY MINDS" at the Midcoast Center, 4 p.m., $10.

9. COMING UP: "SABRETT" at the Midcoast Center, 5 p.m., $10.

10. COMING UP: "THE ART OF SAVING" at the Midcoast Center, 6 p.m., $10.

11. COMING UP: "REMEMBERING THE HEROES" at the Midcoast Center, 7 p.m., $10.

12. COMING UP: "FIRST CONGRESSIONAL CHURCH" at the Midcoast Center, 8 p.m., $10.

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**MISCELLANEOUS**

**THURSDAY, JUNE 13:**
- Warren High School Alumni Association Annual Potluck, at Warren Odd Fellows Hall, Routes 1 and 90, with a social hour at 5 p.m. and supper at 6 p.m. Eva Murphy will give a 6 p.m. program about living on Matinicus Island. “You Can Get There from Here, Sometimes!”
- Maine AIDS/LifeCycle Monthly Meeting, 6:30 p.m. at Belfast Free Library. Dr. Phil Capier gives an update on health care bills before the Maine Legislature. The Rev. John Nieman will lead the history, practices and liturgy of the Episcopal Church. For more at MaineAIDS/LifeCycle.org or call 338-2412. The Rendezvous still needs volunteers.
- Lincoln County Hemophilia Support Group, 5:30 to 7 p.m. at The Dancing Elephant, 16 School Street, Rockland. Celebrate the longest and lightest day of the year with gentle yoga, meditation and relaxation, all to the sounds of Tibetan singing bowls. Open to the public by donation.
- Lincoln County Democrats to Meet, 6:30 p.m. Community Room of Newcastle Fire Station, 86 River Road. Updates from Laura Fortman of Nobleboro, commissioner of the Maine Department of Labor, and Thomas Abell of Edgecomb. Gov. Janet Mills’ senior policy advisor for natural resources and transportation.

**COMING UP:**
- Free "Preparing Your Estate Plan" Class at Jackson Memorial Library, Tenants Harbor, 11 a.m. Learn from a lawyer and a financial advisor what to consider when creating a will, the benefits of trusts, how to reduce taxes on estates, and the new value of a living will. Open to the public by donation.
- Volunteers Needed for Midcoast Recovery Coalition Spring Cleaning, at Friends House in Rockland, 1 p.m. Help spruce up the recovery home. Email Desang@MidcoastRecovery.org or call 338-9061.

**Visit FreePressOnline.com for ongoing events**
**YARD SALES**

**UNION FAIR GIGANTIC LAWN SALE** on the Union Fairgrounds, Saturday, June 15, 9 a.m. to 3 p.m. Rain date, Sunday, June 16. Rental for 12 x 12 space is $25. Set up time is 6 a.m. to 8 a.m. Entry fee is $3. Children under 10, free.

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DEAR CAR TALK: I own a 2016 Toyota Camry. Yesterday, on my way to the gas station, I pulled out my credit card and set it on the central console. When I pulled away from the pump, I reached for my card, and it dropped down between the seat and the console. I squeezed my hand into the space and was able to push the card forward enough to grab it. Ever the klutz, when I tried to grab it, I hit it. Every time before they take off like a North Korean rocket. The solution is what your mechanic did. You “tap” a new spark plug hole. There’s a kit we buy that comes with an insert. It’s a sleeve that’s slightly bigger than the existing spark plug hole and has threads on the outside and the inside. We drill out the new hole, which is a little bit smaller than the old one. Then, we screw this sleeve in there and epoxy it in place. The spark plug threads inside that new sleeve.

They work. Your mechanic is right that the insert should not fail again. So, I’m guessing you’ve had three different plugs blow out. The good news is that because each spark plug has been installed on this engine has a coil built on top of it, and that coil gets ruined when the spark plug blows out, each insert is going to cost you about $400 a pop.

You can do them prophylactically and replace them all now, so you won’t have a problem again. But since this truck is going on 10 years old, you might want to take it a plug at a time. Who knows what else might go in the truck before you get through live more inserts?

You might even be able to delay future problems by checking and tightening your plugs on a regular basis. Like once a week. Or twice an hour. Good luck, Frank.

Get a question about cars? Write to Car Talk in care of The Free Press, 8 N. Main Street, Suite 101, Rockland, ME 04841 or via email by visiting www.cartalk.com.

© 2019 BY RAY MAGLIOZZI AND DOUG BERMAN
2016 KIA SOUL
- 1.6L, 6-Spd. Manual
- FWD
- Heated Leather Seats
- Tilt/Telescopic Steering Wheel

2016 FORD FOCUS SE
- 2.0L, 4-Cyl.
- FWD
- Bluetooth
- Entertainment System
- Rear Camera
- Keyless Entry

2017 HYUNDAI ELANTRA GT
- Bluetooth
- SiriusXM
- Split Rear Seat
- Child Safety Locks
- Tilt/Telescopic Steering Wheel

2016 FORD FUSION SE
- 2.0L, 6-Spd. Auto.
- Heated Seats
- Bluetooth
- SiriusXM
- Split Rear Seat
- Child Safety Locks

2018 FORD FOCUS SEL
- 2.0L, 6-Spd. Auto. w/PowerShift
- FWD
- Rear Camera
- Heated Leather Seats
- Rear View Camera

2017 FORD ESCAPE SE
- 2.0L, 6-Spd. Auto.
- AWD
- Heated Seats
- Bluetooth
- Apple CarPlay
- SiriusXM

2016 LINCOLN MKC
- 2.0L, 6-Spd. Auto.
- AWD
- Heated Seats
- Rear View Camera
- Bluetooth
- SiriusXM

2018 FORD ECOBOOST
- 2.0L, 6-Spd. Auto.
- Heated Leather Seats
- Rear View Camera
- Bluetooth
- SiriusXM

2018 FORD FOCUS SEL
- 2.0L, 6-Spd. Auto.
- Heated Leather Seats
- Rear View Camera
- Bluetooth
- SiriusXM

2019 KIA Sorento LX
- 3.3L, 6-Spd. Auto.
- AWD
- Heated Leather Seats
- Rear View Camera
- Bluetooth
- SiriusXM

2016 FORD EDGE SE
- 2.0L, 6-Spd. Auto.
- Heated Seats
- Rear View Camera
- Apple CarPlay
- SiriusXM

2018 FORD EXPLORER
- 3.5L, 6-Spd. Auto.
- Blind Spot Monitor
- Rear View Camera
- Bluetooth
- SiriusXM

2018 NISSAN ROGUE SV
- 3.5L, 6-Spd. Auto.
- Apple CarPlay
- SiriusXM
- Bluetooth
- Rear View Camera

2018 NISSAN FRONTIER SV
- 4.0L, 6-Spd. Auto.
- Rear View Camera
- Apple CarPlay
- Bluetooth
- SiriusXM

2019 FORD FUSION SE
- 2.0L, 6-Spd. Auto.
- Heated Leather Seats
- Rear View Camera
- Bluetooth
- SiriusXM

2017 JEEP COMPASS LIMITED
- 3.0L, 6-Spd. Auto.
- Blind Spot Monitor
- Rear View Camera
- Apple CarPlay
- SiriusXM

2018 CHEVROLET COLORADO LT
- 2.5L, 6-Spd. Auto.
- Rear View Camera
- Apple CarPlay
- Bluetooth
- SiriusXM

2016 FORD FUSION
- 2.0L, 6-Spd. Auto.
- Heated Seats
- Bluetooth
- Rear View Camera
- SiriusXM

2018 CHEVROLET SUBURBAN LT
- 5.3L, 6-Spd. Auto. w/OD
- Blind Spot Monitor
- Rear View Camera
- Apple CarPlay
- Bluetooth

2018 CHEVROLET TAHOE
- 6.2L, 6-Spd. Auto.
- Blind Spot Monitor
- Rear View Camera
- Apple CarPlay
- Bluetooth

2019 KIA SORENTO LX
- 3.3L, 6-Spd. Auto.
- AWD
- Heated Leather Seats
- Rear View Camera
- Bluetooth
- SiriusXM