A huge zoning gamble
Threats to the North Woods Multiply

by Lance Tapley

Why is a Democratic governor who professes environmental concerns supporting two policies that environmentalists fear would help destroy Maine’s magnificent North Woods? Both are policies Janet Mills inherited from the administration of conservative Republican Gov. Paul LePage.

I wrote two columns in April about Mills’ support for Central Maine Power Co.’s unpopular plan to construct a giant, high-voltage transmission-line corridor through 53 miles of forest near Jackman. The line then would continue southward for 92 miles through 20 communities as it conveys Quebec electric power to Massachusetts.

But there’s another, little-known, and potentially bigger threat to the Maine Woods: Mills’ refusal to stop or suspend the Land Use Planning Commission’s recent opening to residential, commercial, and industrial development of hundreds of thousands of the state’s 10 million acres of Unorganized Territory.

The Unorganized Territory is the thinly inhabited, forested land that covers roughly the northern half of the state. LUPC is the planning, zoning and building-permit bureau for this area, where only new residential subdivisions are allowed — up to three miles from a public road. Other possible limitations on development include such things as availability of emergency services and having a legal right of access.

Where New Development Could Occur — Where New Development Could Occur —

Below: Eustis-Carrabassett Valley
Above: The Rockwood-Moosehead Lake Area
Above: The Millinocket Area
IMAGES COURTESY MAINE LAND USE PLANNING AGENCY

Deep State

The Unorganized Territory is the thin- thin- thin-

NORTH WOODS THREATS

continued page 5

GIVING BACK...

For the month of August we are donating $5.00 of every oil change to Camden American Legion

BREXIT BROKE IT

— SEE MICHAEL G. ROSKIN, PAGE 4

We Got a Marijuana Card — PAGE 6

Susan Groce and Mark Kelly — SEE “ARTISTS IN PROFILE,” PAGE 25

Maine Boat & Home Show Schedule — SEE PAGES 2 & 3

Will Young People Stay, or Go? — SEE “NOTES FROM LIME CITY,” PAGE 28

Summer Job Tips — SEE TOM SADOWSKI, PAGE 29

Calling All Wrens — SEE DON KIMBER, PAGE 21

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ON ALL SAVINGS ACCOUNTS

NOW THROUGH OCTOBER

10TH AVENUE, ROCKLAND

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10TH AVENUE, ROCKLAND
LUPC permit based on detailed criteria. Single-lot homes con-
operations — will now be able to locate here and there with-
that have some development already on them will be open
Unorganized Territory townships that border a rural hub.

would be permitted three miles from a public road in the
“rural hubs” and no more than a mile from a public road.
trial development will be allowed if they are — as the crow
“adjacency principle.” Previously, new developments —
and its allies fear.

of the current commissioners heart attacks.)

ing and camping, although their presence might give some
a few hip young Portland women with tattoos who love hik-

1561 would have encouraged representation from “persons
they also represent politically conservative interests.

ers were appointed. Before the LePage era, governors appoint-
ment and Forestry Committee’s Democratic chairs, Sen. James
Dill, of Old Town, and Rep. Craig Hickman, of Winthrop, vot-
against it, joining the committee’s Republicans. If it had
emerged from the committee with united Democratic support,
 might have passed in a Legislature with a considerable Dem-
ocratic majority, though Mills could have vetoed it.

It and the Unorganized Territory than in the towns. The commission replies to

One reason is that taxes are much lower in the Unorgan-
ized Territory and the towns around it, nothing LUPC

the tax argument in a document: “Taxation issues ... are out-
ized Territory than in the towns. The commission replies to

“hub” town on the periphery of the Unorganized Territory
ist Democratic governor — who hails from Farmington, a

rural and business interests. Current commissioners

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But but Mills said that the Natural Resources Council of Maine (NRCM), the

proposed change in development in Maine’s unorganized
development. She admitted, however, that there have been

the Unorganized Territory’s edge. Horn said one concern

I can think of only one time in the last 30 years, which is as
far back as my experience goes, where it allowed devel-

I was acting director for part of that time, trying to do
my best to help keep the agency going,” Samantha Horn
recalled in an email. “It was very stressful, but it has
recently become once again LUPC’s acting director.

The Republican and the legislative majority did suc-
ceed in transforming the Land Use Regulatory Commission (LUPC) into the Land Use Planning Commission (LUPC).

The name change says a lot. Regulatory power over forestry
activities and the site-permitting of big projects were moved
to other agencies. But:

But possibly the biggest change was in how commission-
er’s were appointed. Before the LePage era, governors appoint-
ed nine commission members. Now, county commissioners from the count-
ies with the most unorganized townships appoint eight of the
LUPC commissioners; the governor, one.

This has resulted in an LUPC membership tightly repre-

senting the state’s economic interests and its farming, forestry,
and fishing communities. The LUPC’s role as a watchdog is
limited, according to a number of observers.

In recent decades a dozen or so of these fringe towns have
been developed lake just because it was within a mile of another
development in an inappropriate place,” said Cathy Johnson, the

The most important rule change was in what is called the
“adjacency principle.” Previously, new developments — for
example, residential subdivisions, a restaurant or store or a
business making business — were allowed only if they were within
a road mile of — adjacent to — an existing, similar develop-
ment. This provision was designed to prevent willful or
illegally by the LUPC and theFragment of the forest

Now, residential subdivisions and commercial and indus-
trial development will be allowed if they are — as the crow
flies — in the seven miles of the town bordering the
“rural hubs” and no more than a mile from a public road.
That means, practically speaking, development could be en-
sured in some of the coast’s more remote areas or so far from a
town center.
The hubs include such places as Bethel, Carrabassett Valley,
Farmington, Greenville, Rockwood, Jackman, Mininocket, Rangely, and Rumford.
If emergency or emergency ambulances and fire depart-
ments — are available, compatible residential subdivisions
would be permitted three miles from a public road in the Unorganized Territory — except for those that have a hospital.

Additionally, subdivisions with large lots (11 to 25 acres
each) are now allowed in limited areas. And an unknown number
of the Unorganized Territory’s lakes — the classic “wildlife,”
that have some development already on them will be open
to development. Some lakes are now protected that previously
were not.

Further, businesses that serve visitors and workers in the
forest — like guiding and gear-rental outfits and wood-pellet
operations — will now be able to locate here and there with
it, though in most instances every development needs an
LUPC permit based on detailed criteria. Single-lots homes con-
tinue to be allowed throughout the Unorganized Territory.
LUPC says it wants to prevent “leapfrogging” of devel-

top among roads and focus it on communities located at
the Unorganized Territory’s edge. Horn said one concern
was that leapfrogging development could land on an unde-
volved lake just because it was within a mile of another
development. She admitted, however, that there have been
only “a small number” of such instances.

LUPC’s overreaching desire to accommodate development is
clear. In its online Frequently Asked Questions about the
new policy, the commission states: “There are some loca-
tions that would be a good fit for residential subdivisions
or commercial businesses. Some sites, however, are located farther
than one mile from existing, compatible development.”

As an example, the commission notes that “resource pro-
cessing and extraction activities” in the Maine Wilderness
Organizes around the idea that “the outdoor recreation econ-
omy depends on ‘beautiful, undeveloped areas.’”

But Mills refused to support the bill, declining to give a rea-
son why. It died after the Agriculture, Conserva-
tion and Forestry Committee’s Democratic Chair’s, Sen. James
Dill, of Old Town, and Rep. Craig Hickman, of Winthrop, vot-
against it, joining the committee’s Republicans. If it had
emerged from the committee with united Democratic support,
 might have passed in a Legislature with a considerable Dem-
ocratic majority, though Mills could have vetoed it.

The Free Press

report that “new LUPC North Woods zoning, Mills also is insisting on
keeping in place LePage’s tax cuts for the rich, which lim-
its spending possible to promote her renewable-energy
agenda in supporting the CMP corridor and the

The Natural Resources Council of Maine (NRCM), the
agency that has long lobbied against development in the
Unorganized Territory, “the largest globally significant
important bird area in the continental United States,” was
identified against LD 1561. (See “Deep State: In the North
Ganized Territory and the towns around it, nothing LUPC

With this openness to development, it’s not surprising that the
Maine Forest Products Council — representing paper
mills, logging contractors, commercial forest owners and
other businesses — supported the changes and opposed LD 1561.

Not all conservation groups lined up against the new rules.
The Nature Conservancy, which tries to get along with
corporate interests and itself owns big tracts of timberland, tes-
tified against LD 1561. (See “Deep State: In the North

A map of Maine with LUPC’s approved development sites in
orange and striped orange

Fears of sprawl
The NRCE examined the written public comments to
LUPC before the April commissioners’ vote and said that
95 percent of them “raised major concerns.” These com-
menters included some business and government leaders
from the struggling and sometimes depopulating towns
next to the Unorganized Territory.

In recent decades a dozen or so of these fringe towns have
“deorganized” and joined the Unorganized Territory, and
the few schools within it have seen their enrollments decline.
These trends have occurred because of the demise of se-
veral large paper mills, the automation of other paper mills
and logging operations, and the draw of more prosperous
Southern Maine and beyond.

“The reason there’s no growth” in the Unorganized Ter-

A map of Maine with LUPC’s approved development sites in
orange and striped orange


 Tuesday, August 8, 2019

5
SEVENTEENTH ANNUAL

MAINE

BOAT & HOME

SHOW

AUGUST 9-11, 2019

Harbor & Buoy Parks, ROCKLAND

Show Hours:
Friday & Saturday 10-5, Sunday 10-4

Admission: Adult Tickets: $15 (Children under 12 yrs. Free)
Special Access Passes: $75 single/$125 per Couple
(includes parking, Exhibitor Party and more)

EVENTS

Icon Boats (Dock F)
Friday: The diesel-electric steamship America will be on the docks. Their mission - Getting veterans and their families out on the water.
Saturday & Sunday: The 1897 tugboat William Foss will be on the docks. The Foss is the longest-in-service tug in the U.S. And the oldest on the Eastern Seaboard. Climb aboard a Maine windjammer.
MUSIC

Miner’s Creek will perform their unique blend of old-time and contemporary bluegrass throughout the weekend. Hear them in the Epifanes tent (near Tent B). On Saturday the Blue Hill Brass will roam the grounds with their lively mix of tunes that spans the ages.

DEMO DOCK - Power & Sail (Dock F)
The Demo Docks are where some fine crafts will be standing by for sea trials. Potential boat owners can make an appointment to climb aboard and experience the ride in Rockland Harbor firsthand.

GET INVOLVED (Area A)
As part of this new initiative, students from the Maine Ocean School will show off their entry in the 18-Volt Electric Canoe Challenge, to be held on Saturday afternoon. They will be joined by other nonprofits, including:

- The Apprenticeshop - hands-on demonstrations
- Hurricane Island Outward Bound School - pulling boat on display
- Penobscot Marine Museum - knot-tying demos all weekend
- Plus a fleet of smaller crafts from hydroplanes to iceboats.

KIDS AREA (Tent H, Food Court)
There will be free organized activities for younger sailors, presented by Owls Head Transportation Museum, and a Cedar Works “Ship Ahoy” play boat to clamber aboard.

SCAVENGER HUNT (Tent B)
Families can sign up for a Scavenger Hunt at the MBH&H Kiosk (Tent B) then go forth and earn prizes (everyone’s a winner).

LIFE AT HOME (Area K)
A volunteer crew from the Midcoast Chapter of Habitat for Humanity will build and auction off a tiny house on-site. Next door, a canvas “glamping” tent will be tricked out by Frantz Furniture with interior design ideas and options for boat and home. Nearby, Shed City will have a sturdy building on display.

ANNUAL WORLD CHAMPIONSHIP BOATYARD DOG TRIALS - Sunday at 10:30 a.m.
The 17th annual running of this pawsome event will begin at 10:30 a.m. on the waterfront, with gates open at 9:45 a.m. Please leave your pets at home-they will not be allowed on the show grounds.
Brexit Broke It
d by Michael G. Roskin

Brexit has ripped apart the United Kingdom, warning us how nations may, through a series of political blunders, degrade their health and economic prospects. Stable, commonwealth Britain — never a fully accurate picture — could have staked on except for the 2016 referendum on leaving the European Union (Brexit) that unex- pectedly its countrymen and women had underlying problems, but Brexit broke British politics.

Now, as both Tortoise and Labour destroy themselves, a new one, the “Brexit Party” is emerging, probably to win the next European elections. Under Cameron and May, the Conservatives splintered over an unwieldy Brextex, now entering a grim final act under new Brexit leadership.

Labour under Jeremy Corbyn lurched leftward and backward, embracing Marxism and revolution. The medium-sized “progressives” have been neutralized, are already growing. Nigel Farage’s new super-sovereignty Brexit Party will also gain in the next election, which could come later this year. Farage, the equivalent of Steve Bannon, may yet form a four-party coalition.

Two-party Britain looks set to fragment into a four-party system — weakened Tories and Labour, strengthened Lib Dems and Brexit Party — none winning much more than a quarter of the vote and rarely a majority of seats. This means, as already is sometimes the case, that smaller parties are needed to support minority cabinets. If that small- er partner withdraws over some policy dispute, the cabinet collapses. Bad for governing stability.

In the United States, the so-called “national” Republicans could have learned from Brexit: push the smallest, coastal parties into the European Union’s fold. That would have made a “hard” Brexit less likely. An “all-or-nothing” Brexit referendum, something Tories reject. Labour might go for it, resurrecting the old “Lib-Lab” pact.

Britain, in its 2016 “Brexit” vote, went for free trade within Europe, but Prime Minister David Cameron in 2016 held a referendum on Brexit, supposing Remain would easily win. But it took 52 percent of Sunni voters who had Brexit indeed. An “amnestary Bill” is supposed to give that 48 percent a second vote, but Labour, which lost the last 2006 general election, dares not stimulate a second Brexit referendum, something Tories reject. Labour might go for it, resurrecting the old “Lib-Lab” pact.

Britain, an EU member since 1973, prospered from free trade within Europe, but Prime Minister David Cameron in 2016 held a referendum on Brexit, supposing Remain would easily win. But it took 52 percent of Sunni voters who had Brexit indeed. An “amnestary Bill” is supposed to give that 48 percent a second vote, but Labour, which lost the last 2006 general election, dares not stimulate a second Brexit referendum, something Tories reject. Labour might go for it, resurrecting the old “Lib-Lab” pact.

Boris Johnson, former mayor of London and foreign sec- retary, began as a newspaper columnist excoriating the EU with its ever-expanding regulations. He led the Brexit campaign, which led to a “hard” Brexit — no deal, no deal, no deal, again gaining the un- expectedly Britain’s countrymen and women had underlying problems, but Brexit broke British politics.

That’s Not Green

In regard to Ethan Andrews’ very informative August 1 article on Nordic Aquafarms, the latest dough and pony PR play, I’m glad that Carter Cry of Nordic Aquafarms thinks the pie-in-the-sky idea of producing 33,000 metric tons of fish per year on insect protein is “cool.” That sounds exactly like the shillish grandiose promises Johnson & Johnson’s chief tech- nologist effusively reassuring is the razor-sharp insight of University of Maine Farmington student Alicia Gaiero “that’s not green” about Nordic’s plans for Belfast.

Nordic needs to clear up and pave over dozens of carbon-intensive “fish farm” sites, that’s not green. Nordic needs to dump 7.7 million gallons of effluent per day into Belfast Bay — that’s not green. Nordic needs to exceed current levels of nitrogen per day into Belfast Bay — that’s not green.

If Nordic builds its fish factory, it will almost certainly feed its factory fish a fishmeal comprised largely of British salmon laced with pesticides — that’s not green. In Brazil, the Amazon rain forest is being cut down at an alarming rate to make room for exactly this kind of soy production — that’s not green.

Nordic’s fishmeal will in all likelihood contain forage fish, small fish that form the bottom of the fish food chain. Pressure on forage fish populations, brought on by industrial farming, threatens everything from farming forage fish populations around the world — that’s not green. Fossil fuels will be used to transport massive amounts of fishmeal from Scandinavia, that’s not green. It’s not complicated. If you want to produce “green” pro- tein, grow organic soy and eat it. If you want to produce “green fish that’s an oxymoron, don’t further destroy our oceans by dumping into them massive amounts of, pollutants, as Nordic proposes to do in Belfast.

Lawrence Reichard, Belfast

Local Parade or Political Rally?

The Lobster Parade has always been one of my favorite downtown events of the year. I think it was even better for years mostly because of the local flavor. I very much enjoy the creative displays of familiar businesses and organizations, the various bands, the hands, goddesses, parades, and the polit- icasts of the children. I also like to honor and celebrate our veterans, who are a welcome part of the mix. But this year there was an unusual amount of military display, which in fact stretched the entire parade route from Rockland for quite a while. What especially disturbed me was that along the usual waving veterans and flags, were interspersed huge, shiny, military vehicles that had been stored up for a “Parade Rally” and “Keep America Safe.” At a certain point it felt like our parade had been taken over by political rallying, and as I had just been at a political rally that same day, the experience was very per- mitted in the parade, it was most ironic to be confronted with such a blatant and controversial political message.

Rosemary Wilson, Rockland

Factors for Measuring Value

There are so many unanswered questions regarding the proposed fish factory in Belfast. An frequent permit applica- tion from Nordic Aquafarms raises even more, including this request: “Based on the geotechnical investigations pre- sented in Section 11, project development is expected to require blasting of approximately 18,000 cubic yards of bedrock during the construction of site buildings and ocean pipeline infrastructure.” (Ransom Consulting Section 20, Page 141)

What would be the result of this blasting on Penobscot Bay and the Little River? Will there be any warning given to peo- ple who live near Little River, who will be affected by the blast- ing occurs? Along with blasting, the dredging reputedly to bury Nordic’s three pipelines will stir up and re-suspend mercury deposited 50 years ago, and those samples taken from there at least one with a mercury concen- tration of 239 nanograms. Concentrations over 200 nanograms clearly a toxic level. The benefits for Belfast sound great if you believe the proposal is for forage fish, small fish that form the bottom of the fish food chain. Pressure on forage fish populations, brought on by industrial farming, threatens everything from farming forage fish populations around the world — that’s not green. Fossil fuels will be used to transport massive amounts of fishmeal from Scandinavia, that’s not green. It’s not complicated. If you want to produce “green” pro- tein, grow organic soy and eat it. If you want to produce “green fish that’s an oxymoron, don’t further destroy our oceans by dumping into them massive amounts of, pollutants, as Nordic proposes to do in Belfast.

Brecht Reichard, Belfast

More Lies from Sierra Club Maine

On Sunday afternoon Sierra Club Maine shared an arti- cle on Facebook about thousands of fish escaping from a fish farm in the vicinity of Belfast, with another caption referring to “the Sierra Club wrote to accompany the article was “Nordic Aqua- farm’s ‘clean’ reputation in Norway.” The article of the fact that Nordic Aquafarms as the facility is not one of Nordic’s. Huh.

This is not the first outrage lies courtesy of Sierra Club Maine regarding Nordic. In March of this year, they put out a press release stating their opposition to the Belfast salmon farm development which included a number of lies, all of them fact-check and refuted by Nordic. When we wrote to “Exhabit” officials most of these lies, they made an attempt to project the use lies and statistically improvable worst-case scenar- ios to bolster their arguments, they have their own reputa- tions, and our community. It’s pretty simple: stop making stuff up. And if you are an ally of truth and a supporter of Sierra Club and it might be a good idea to let the Maine chapter and your national counterpart know how you feel about this latest baseless attack.

Brenna Foksham Bebb, Northport

Fish Ladders, Questions to Ponder

I am wondering if the councilman or any has ever walked up the Megunticook River River Know Mill area, where I live, stands directly in the river shortly before a rather high dam at the restaurant The Jack, creates a large lake. Farther downstream in Belfast the river is dammed, and then is welded at the restaurant The Jack, creates a large lake. Farther downstream in Belfast the river is dammed, and then is welded.

The article of the fact that Nordic Aquafarms as the facility is not one of Nordic’s. Huh.

Brecht Reichard, Belfast

Clarification

The August 1 article “What’s in the Nordic Plan for Us (And What Are We in for)” stated that the city of Belfast has pledged $240,000 in financial incentives to Nordic Aquafarms. The recent $240,000 to that total would go toward buying a strip of land surrounding Little River Trail. So, while the city would not have to pay the new adjacency, the …

Nancy Lloyd, Camden

The Free Press

Rally?— Local Parade or Political Parade Rally?

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A map of Maine with LUPC's approved development sites in orange and striped orange.
In which The Free Press gets approved to use medical marijuana

by Ethan Andrews

“What is it you want to use it for? What are you trying to treat?”

This was the question I’d been kicking around in my head for three weeks, every since The Free Press offered to reimburse me for the cost of a medical marijuana card, so I could write about the process.

The inspiration behind this was not strict journalistic. Earlier this year, I wrote about local retail medical marijuana shops that have been popping up around the midcoast and came away from it feeling, as a growing number of people do, that the drug has been unfairly maligned. The supposed medicinal uses might run the gamut and be highly subjective, but people seemed to get genuine relief from cannabis as medicine, and maybe I could, too. Though I hadn’t decided for what.

Now I was on a video chat with Cheryl Celia, a nurse practitioner working for CheapMedCards.com. Celia was in her father’s living room in New Hampshire, where she had come to take care of him, but she spends part of her time in Maine. My appointment was scheduled for 10 minutes and was one of 26 she would do that day. This question about my intent, along with the $59 that I paid in advance, was crucial. She was asking why I thought I needed medical marijuana.

A quick word about words. Cannabis and marijuana are the same thing. Maine uses “marijuana” in statute and for the state’s medical marijuana program. But the term, which appeared in the early 20th century, is widely believed to have been propagated by the U.S. Bureau of Narcotics as a way to associate cannabis with Mexicans, white Americans, being as easily spooked then as now, were quick to get behind stories of dark-skinned foreigners, and American blacks, raping white women while crazed on “locoweed.” I use the words interchangeably in this article, but “cannabis” seems to be preferred among caregivers.

Prior to my video chat with Nurse Celia, my experience with thelokweed had been limited to a handful of more- or less bad experiences in college and a few bumbling attempts as an adult. Every time it was the same: a sense of high, in my experience, was part short-term intellectual dis-orientation about my intent, along with the $59 that I paid in advance, was crucial. She was asking why I thought I needed medical marijuana.

“Neck,” I said. Nurse Celia’s question about my as-yet-unnamed condition didn’t have any overtones of deconstructed doubt, nor did she project deep concern. It was strictly professional. Leading up to the appointment, I had resolved to be honest, but also to be prepared. I would say that, as a reporter, I had “become interested in the palliative possibilities of cannabis” and wanted to experience it with that didn’t work, I was ready with a list of old injuries — neck pain from hanging my head over a laptop; a foot injury from my 20s — and some general anxiety.

When the time came, I said all of it: the journalistic curios-ity, the aches and pains, the “palliative.” Celia didn’t push for particulars, but she suggested that I get advice from a caregiver about which strain, mode and ratio of THC to CBD would be best for my established condition.

“It was really back pain for the most part?” she asked.

It was clear that simple was best. “Neck,” I said.

She made me promise not to drive or operate heavy equipment while under the influence, and not to be within 1,000 feet of a church or school while using cannabis. She did not make me promise not to buy marijuana for my friends or advise me against becoming a drain on society. In a phone interview later, she said she talks to people of all ages and most have legitimate medical conditions. Patients in their 70s and 80s have been able to get medical marijuana cards in Maine but in Maine the bar is low. Short of saying you want a medical card for recreation- al use, most complaints get a person in the door. “If they don’t think of anything they need to have treated — if they’re pretty healthy — then I can’t give them a medical card. But I know, most people have some level of anxiety or chronic pain. That’s what I hear most- ly, chronic back pain. I feel like every- one in America has chronic back pain.”

Anxiety and insomnia are the sec- ond and third most common diagnoses, and anecdotal evidence for the bene- fits of cannabis is strong in both cases. Cannabis has been used to treat glaucoma, hypertension, cancer, PTSD, arthritis and symptoms of cancer. Celia discouraged smok- ing it, because the smoke contains tar, but said some peo- ple with asthma or emphysema report that the anti-inflam- matory effect still works.

Daniel Miller, the founder of cheapmedcards.com, said he got behind medical cannabis through his father, who got relief using the drug for his MS. The company’s service sees about 1,000 people a month in Maine. Miller said the idea was to bring down the price of getting a card, which had been upward of $100, “for a recommendation for a plant that God gave us for free,” he said. “I thought it was ridiculous.” Online medical card services might be more akin to toll booths than gatekeepers in this transitional moment for the medical cannabis industry, but there have always been toll booths in medicine, and Miller is happy to be cheaper than the rest. He also offers free cards to termi- nally ill patients or those with cancer patients.

Recently, I ran into a caregiver I interviewed for a past story. Generally he’s a good-natured, easygoing guy and a promoter of medical marijuana, but when I mentioned the idea for this story, he told me not to write it. The industry has spent so much energy fighting for legitimacy, he said. It appeared too easy to get a medical card, oppo- nents — those who believe the “medical” designation is a front for recreational use — might go on the attack again. Miller was less cagey about the blurred line between get- ting high and treating medical conditions. “I was getting high when I was 12,” he said. “It’s not like people don’t have access to cannabis. It’s everywhere. This just allows them, for $50, to not buy it off the street. To go into a store that’s testing it, that actually cares about the quality.” He boiled it down to two words: “safe access.”

By the time I had closed the video chat app, there was a temporary med card in my inbox. I printed it out and brought it to Scrimshaw, a retail medical marijuana shop in Rock- land opened recently by three caregivers in a former church.

Next week, I’ll share my experience of navigating the Wild West of medical marijuana products and describe what happened when I tried some of them.
Opioid Prescriptions Down at PBMC

Pen Bay Medical Center this week reported a 67.7-percent decrease in opioid doses prescribed since 2015 and a 33-percent drop in total number of patients receiving opioid prescriptions. Kendra Emery, PBMC’s medical director of community health, attributed some of the change to a clinical shift based on evidence, practice, policy and law.

“But I do not think policies alone drove this change in prescribing,” she said. “I give credit to our providers, who for more than five years have been having challenging and compassionate conversations with their patients about pain management.”

Despite a 15-percent drop in overdose deaths in Maine in 2018, many Mainers are still affected by opioid addiction. For this reason, PBMC has a standing order for Naloxone available at the pharmacy at Pen Bay Medical Center, meaning that any patient can ask for Naloxone without a prescription. Naloxone is a life-saving medication that is used to counter the effects of drugs like heroin and prescription narcotics.

A free community Naloxone education session is planned for Wednesday, September 25, at Rockland Congregational Church from 5:30 to 7 p.m. Doses of free Naloxone due to arrive from the state will be distributed through Pen Bay Medical Center practices and the emergency room as soon as they are available.

“We have made significant progress in reducing opioid prescriptions in the community, but there is still much work to do,” Emery said. “We are working hard to create a culture of compassion, safety and support around the use of opioids, opioid use disorder and chronic pain management.”
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Bay Chamber Concerts will present three concerts on Friday, August 9. The first will be a free performance in Union Hall, 24 Central Street, Rockport, at 4 p.m.; the second, a program at Rockport Opera House at 5:30. The evening will conclude with an 8:30 concert at Union Hall.

The free afternoon performance will feature student participants in Bay Chamber Music School’s Envision Chamber Music Workshop. A reception for friends and family will follow the performance.

The 5:30 program will feature historical portraits and readings from Bay Chamber Concerts cofounder Thomas Wolf’s new book “The Nightingale’s Sonata” with music performed by Geoff Nutter and Pedja Mužijević. The book spotlights Wolf’s grandmother, violinist Lea Luboshutz, and her musical family. Spanning generations, it is also the story of César Franck’s violin sonata, which will be performed. Of special interest is a focus on Rockport as one of the first summer music centers in America. Admission will include a free copy of the book (one per family) and a reception catered by Sara Jenks of Rockport restaurant Nina June. Tickets are $45 for adults; $10 for those under age 25.

The 8:30 program will feature arias by Handel and Purcell sung by countertenor Anthony Roth Costanzo, a performance of C.P.E. Bach’s cello concerto with soloist Joshua Roman and the orchestra under guest conductor in America. Admission will include a free copy of the book (one per family) and a reception catered by Sara Jenkins of Rockport restaurant Nina June. Tickets are $45 for adults; $10 for those under age 25.

For more information or to purchase tickets, visit baychamberconcerts.org.
A Trip Down the St. George Peninsula

One of Maine’s loveliest drives awaits you when you turn off Route 1 onto Route 131 South (at the Montpelier Mansion). Enjoy approximately 15 miles of grand views — fields rolling down to the tidal portion of the St. George River — the charming village of Tenants Harbor — Port Clyde, departure point for Monhegan Island and home to the ever-so-photogenic Marshall Point Lighthouse & Museum. Heading back up Route 131, take Route 73 through Clark Island, Spruce Head and Owls Head for more of the best Maine has to offer. (Don’t miss the reversing falls in South Thomaston and the spectacular Owls Head Lighthouse.)

You can also begin your travel down the St. George peninsula by taking Route 73 south out of Rockland. Explore Owls Head, South Thomaston, Spruce Head and Clark Island. At the junction of Routes 73 and 131S, turn left and continue through Tenants Harbor, on to Port Clyde – the end of the peninsula. To return, follow Route 131 back to Route 1 in Thomaston. Take your time — you’ll be glad you did.

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In Belfast—
Harbor Fest Hosts Boatbuilding Challenge
Belfast Harbor Fest and Classic Boat Show will be held on Friday, Saturday and Sunday, August 16 to 18, at Steamboat Landing and Heritage Park. The centerpiece of the festival will be Saturday’s National Boatbuilding Challenge, world championship competition, in which two-person teams have four hours to build a 12-foot Passy skiff. All festival proceeds benefit local charities, families and student scholarships through Belfast Rotary.

Harbor Fest starts on Friday with Evening by the Bay under the tent at Steamboat Landing from 5:30 to 8 p.m. Gates will open at 5:30, when food and beverages will be available. Singer-songwriter and electric-banjo player Becca Dean Biggs will headline, playing a blend of twangy, indie, alt rock and pop music for dancing. Dan Miller of Leaky Boot Jug Band and Jake Greenlaw of Toughecats will accompany Biggs.

Saturday will open with a blueberry pancake breakfast at 7:30 a.m., followed by a 5K “Bug” Run at 8:30. Exhibits and vendors’ area will open at 9:00. Family activities will include a bounce house, marine touch tank, knot tying, face painting, rain-gutter regatta and Touch-a-Truck, featuring all types of vehicles. There will be music from 10 a.m. to 4 p.m. At noon, Cosme Boating! will stage their 19th annual regatta, a four-mile rowing race; there will be a preliminary youth race at 10:45. Frogtown Mountain Puppeteers will present a show at 3 p.m.

Opera Singers Bring Love Songs to Crosby Center in Belfast—
Midcoast Performing Arts Initiative will present Maine native Ashley Emerson, a Metropolitan Opera soprano, and her husband, tenor Dominic Armstrong (shown), at Crosby Center, 96 Church Street, Belfast, on Sunday, August 18, at 2 p.m. Pianist William Hobbs will also appear in the concert of music by Copland, Robert Schumann, Clara Schumann and Leonard Bernstein. Tickets, $20, are available through Crosby Center’s Facebook page. For more information, call Christopher Groden, 323-4505, or email cgroden@gmail.com.

“Beatles Night” at Medomak Arts—
Medomak Arts, a nonprofit arts and gallery center located at 13 Friendship Street in Waldoboro, will host “Beatles Night” on Friday, August 16, from 6 to 8 p.m. All are invited to play and sing along with the band Rusty Hinges, who will share every Beatles song they can think of. Edward Fisher organized the first Beatles Night last year; this year it will be held in his memory. For more information, call 832-4774 or email medomakartsproject@gmail.com. (Image: Polly McGrory)

Bluesman Johnny Rawls Returns to Rockland—
The weekly Monday night blues series at Time Out Pub, 275 Main Street, Rockland, continues August 12 with Johnny Rawls (shown) in the upstairs music room. Doors open at 6 p.m., music starts at 7 p.m. Admission is $15 at the door. Johnny Rawls’ career spans more than 50 years; he is an internationally recognized recording artist, music producer and songwriter who tours extensively throughout North America and overseas. For more information, visit northatlanticbluesfestival.com.

Travelling Morrice Dancers Will Perform in Camden, Rockland—
American Travelling Morrice dancers will perform at Camden Public Library’s Amphitheatre on Sunday, August 11, at 1 p.m. and in the staff parking lot beside Rockland Public Library on Thursday, August 15, at 2 p.m.

For one week each year, American Travelling Morrice dancers will perform at Belfast’s Harbor Fest.

Becca Dean Biggs will play Friday night at Belfast’s Harbor Fest.
Sunday will feature cardboard boat races at 11 a.m. Come Boating! will offer free harbor rows from 10 a.m. to 4 p.m.; sign up at the Boat House. At noon, Waldo County Habitat for Humanity will hold a fundraising Lobster Gala; Memorial Lighting will provide music. For more information and the full schedule, visit belfastharborfest.com.

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Unitarian Universalist Church of Belfast (UUCB) is holding a Dinner Anywhere in the World Raffle. Last year’s winner went to Uruguay. The maximum prize value is $5,000 and any unspent prize funds will be used to purchase carbon offsets. The drawing will be held October 6.

There are three prize options:
• For travel outside the U.S. Two round-trip airline flights, travel expenses. For more information, call 785-4114.
• For travel within the U.S: Two round-trip airline flights, hotels, and any unspent prize funds will be used to purchase carbon offsets. The drawing will be held October 6.
• A winner who wishes to stay in New England may submit a proposal to UUCB. For example, rent a cottage on a lake for a week and host a lobster bake for a family reunion.

There will be a free gospel concert Thursday, August 15, at 7 p.m. at People’s United Methodist Church, 21 Depot Street (Route 235) in Union. Ernie and Jason Couch, from Nashville, Tennessee, will perform a mixture of 20th-century gospel classics and originals. The concert will blend “live music, good humor, and genuine spirit.” Refreshments will follow. An offering will be taken to help with the duo’s travel expenses. For more information, call 785-4114.

Reverend Bernice Martin and singer-songwriter Heather Pierson will lead the morning service at First Universalist Church, 345 Broadway in Rockland, at 10 a.m. on Sunday, August 11.

In 2018, Martin and Pierson released a songbook and companion CD called “Heart Songs & Circle Songs,” a collection of 37 chants, rounds and songs intended for community groups. They will be presenting songs from the collection to the congregation, and all are invited to participate. Heather Pierson is a pianist and performer who tours throughout the U.S.; she is music director at First Universalist Church of Norway, Maine.

Salt Bay Chamberfest Master Class

Nina Lee, cellist of the Brentano String Quartet, will coach New England string students in a master class in the library at Schooner Cove Retirement Community, 35 Schooner Street, Damariscotta, at 1 p.m. on Friday, August 16. The session is free and open to the public. For more information, phone 563-5523.

Free Gospel Concert in Union August 15

Unitarian Universalist Church August 15

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At First Universalist Church — “Heart Songs & Circle Songs” in Rockland

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Belfast Summer Nights Hosts Sara Trunzo and Wayne Delano Jazz — Belfast Summer Nights will present singer-songwriter Sara Trunzo and the Wayne Delano Jazz Quartet in a free concert at Belfast Commons Park, 21 Front Street, on Thursday, August 8, from 5:30 to 7:30 p.m. Trunzo’s Maine-grown country songs are influenced by the decade she spent running a food-bank farm. Her lyrics reflect the struggles of rural people in the Northeast. The Wayne Delano Jazz Quartet — Delano, along with Ezra Rugg, David Clarke and Richard Hollis (of the Boneheads) — will play jazz standards and originals. A hat will be passed for donations. Concertgoers are advised to bring chairs; no dogs are permitted in the concert area. For more information, call 322-7123.

Push Farther Project’s Musical Stories at Camden Amphitheatre — Push Farther Project (at right) will offer a free concert at Camden Public Library’s Amphitheatre on Friday, August 9, at 7 p.m. Bandmates Nora Willauer, Will Foote and Alex Wilder sing and play cello, percussion, acoustic guitar, melding folk, blues and classical influences to create musical life stories. The group was formed in 2015; all its members were born and raised in the midcoast. They have since toured throughout Maine, performed and written in Barcelona, and conducted live songwriting sessions in front of audiences across the Northeast. For more information, visit librarycamden.org. Shown, left to right, Alex Wilder, Nora Willauer and Will Foote.

Free Gospel Concert in Union August 15
Tickets for Maine Organic Farmers and Gardeners Association’s 2019 Common Ground Country Fair are now on sale. Advance, discounted tickets are available at retail outlets throughout Maine and through MOFGA’s online electronic ticketing system. Common Ground Country Fair will take place September 20, 21 and 22 at MOFGA’s Common Ground Education Center, 294 Crosby Brook Road in Unity. More than 60,000 visitors attend the fair. MOFGA encourages attendees to purchase tickets in advance; advance ticket holders do not need to wait in line at the gates.

Admission is free for MOFGA members, children ages 12 and under and persons with disabilities. Fair volunteers receive free admission and other benefits for working a four-hour shift. School groups may attend on Friday at no cost. Those who bicycle to the fair receive a $2 discount, as do those who take a designated train from Unity or Thorndike. Day-ticket prices are:

- Adults (ages 13 to 64): $10 advance; $15 at the gate
- Elders (ages 65-plus): $8 advance; $10 at the gate

A list of advance ticket outlets, grouped alphabetically by town name, is available at mofga.org. Many of the outlets also are selling copies of the 2019 Common Ground Country Fair poster by artist Kevin Martin of Vinalhaven.

For more information, call 568-4142 or visit mofga.org.

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Leith MacDonald Presents “Art and Artists of Monhegan”

Rockland Historical Society board member Leith MacDonald will give a free talk, “Art and Artists of Monhegan,” on Tuesday, August 13, at 6:30 p.m. in the Community Room at Rockland Public Library. Refreshments and conversation will follow. MacDonald spent time as a young artist painting on Monhegan. He eventually began giving guided tours of the island — following in the footsteps of George Bellows, Rockwell Kent, Edward Hopper and others — exploring the sites that inspired many great artworks. After moving to Rockland, MacDonald worked at Farnsworth Art Museum and he has curated or helped with exhibits for Monhegan Museum, Island Institute, Colby College Art Museum and others.

Now working at the Wyeth Study Center at the Farnsworth, MacDonald created the exhibit titled “Andrew Wyeth in Rockland,” incorporating the voices and stories of long-time Rockland residents. He recently curated and catalogued a large private collection of Monhegan art. He will share photos of some of the paintings in the collection and explore the connections between the artists and their subjects on Monhegan.

For more information, call 594-0310.

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Merryspring Talk on Langlais Legacy by Meg Rasmussen — Meg Rasmussen, executive director of Georges River Land Trust, will speak about the legacy of sculptor Bernard “Blackie” Langlais and the Cushing preserve that bears his name at Merryspring Nature Center, 30 Conway Road in Camden, on Tuesday, August 13, at noon. Langlais created larger-than-life wooden sculptures at his home in Cushing. Langlais Sculpture Preserve encompasses his home, studio and sculpture collection on 90 acres of land. Rasmussen will speak about Langlais’ art and describe how the preserve was created. Program cost is $5, free for Merryspring members. For more information, email info@merryspring.org or call 236-2239. Shown here, Bernard Langlais in 1976 among his sculptures in Cushing.

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What does 5210 stand for?

Answer: 5 or more servings of fruits and vegetables, 2 hours or less of recreational screen time, 1 hour or more of physical activity, 0 sugar sweetened beverages – more water & low-fat milk!

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BEER & WINE TASTING

Friday, August 16 – 4-6 p.m.

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Join us for our next Wine Tasting!

Saturday, August 10, 2-5 pm

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SHAW'S FISH AND LOBSTER WHARF RESTAURANT

“Casual Inside and Outside Dining on a Traditional Maine Fishing Wharf”

Lobster Dinners • Fried Seafood

LOBSTER ROLLS • WINE & BEER

SEASONAL HOURS 11 am - 8 pm Daily

Shaw’s Wharf
Route 32, New Harbor, ME 04554 • 677-2200

“Seafood at its Best” • Steaks and Chowders Too!
Belfast Farmers’ Market — Cooking Demos and Snapshot Contest

Belfast Farmers’ Market, at Waterfall Arts, 256 High Street, will be participating in Maine Farmers’ Market Snapshot Week on Friday, August 9, from 9 a.m. to 1 p.m. Activities will include free temporary tattoos and stickers and a photo contest sponsored by Maine Federation of Farmers’ Markets. Shoppers may submit photos that capture what they love about their local farmers’ markets. For more information, visit mainefarmersmarkets.org.

Taste the Market Day will be on Friday, August 16, from 9 a.m. to 1 p.m. at Waterfall Arts. In addition to live music the market will feature cooking demonstrations by The Maine Mead that will include fresh ingredients available at the market, free tasting and take-home recipe cards.

Belfast Farmers’ Market vendors accept SNAP and EBT for qualifying purchases and participate in the Maine Harvest Bucks nutrition incentive program.

The market is open every Friday, mid-April through October outdoors at Waterfall Arts and in winter at Auburn Hardware.

For more information, visit belfastfarmersmarket.org.

MOFGA’s Maine Apple Camp

Maine Organic Farmers and Gardeners Association (MOFGA) will host Maine Apple Camp at Camp NEO-FA, 213 Trotting Park Road in Liberty, Friday, Saturday and Sunday, August 16 through 18.

The camp will feature workshops led by over 15 presenters, including scientist and researcher Cameron Peace from Washington State University; orchard consultant Mike Biltonen and author and cider-maker Andy Brennan, both from New York State; orchardist and arborist Matt Kamin斯基 from Western Massachusetts; and journalist and fruit processor George Turley of Portland. They will present new ideas in orcharding and processing fruit, lead cider and apple tasting and interactive demos and more.

The fee for the weekend is $245; MOFGA members $195; Saturday only, $100.

Maine Mathematics and Science Alliance STEMports Project will lead a free, half-day augmented reality workshop for teens Saturday afternoon; families are welcome to participate. Advance registration is required.

For more information and to register, visit mofga.org/MOFGA-Events or email events@mofga.org.

Two Neighboring Gardens Featured on Open Garden Day —

Belfast Garden Club’s Open Garden Day on Friday, August 16, will feature two neighboring gardens in Belfast. The gardens will be open from 10 a.m. to 4 p.m., rain or shine. A $5 donation helps the club fund public gardens and contributes toward Unity College scholarships. Master Gardener Jane Earley’s small, in-town garden at 115 Cedar Street includes shade gardens, flower beds, raised vegetable beds, a pottery studio and a fountain. Betsy Reid’s small, mixed-use garden at 129 Cedar Street features vegetables, flowers and a wooden gate to the backyard made by Betsy’s husband Bill, who taught at Concordian School of the Arts and Design and makes artistic rustic furniture. Tickets are available on-site or in advance at Auburn Hardware, Left Bank Books, or The Good Table, all in Belfast. Shown here, Jane Earley’s property at 115 Cedar Street and Betsy Reid’s at 129 Cedar in Belfast.

Waldoboro Farmers Market Celebrates Snapshot Week —

Waldoboro Farmers Market, located at the town office, 1600 Atlantic Highway, will be participating in Maine Farmers’ Market Snapshot Week on Saturday, August 10, from 10 a.m. to 1 p.m. Snapshot Week unites farmers’ markets across Maine during National Farmers’ Market Week. Shoppers are invited to come to the market for activities, ready-to-eat food, music, a giveaway of temporary tattoos and stickers and to participate in a photo contest sponsored by Maine Federation of Farmers’ Markets. Participants may submit photos that capture what they love about their local farmers’ markets and win prizes. For more information, visit mainefarmersmarkets.org. Waldoboro Farmers Market shoppers can expect to find everything from vegetables, berries, plants, honey, goat soaps, maple syrup, baked goods, chicken, rabbit, bee products, blankets, local trail maps and children’s activities. The market is in operation Saturdays from June to September 14. Shown here, Bob and Nancy Gauth of Waldoboro show some love for their farmers’ market with a photo of Owls Head Lighthouse, which they are participating in Maine Farmers’ Market Snapshot Week on Saturday, August 10, from 10 a.m. to 1 p.m.!
L

leave your garden behind for a week of vacation and you
ever know what you’ll find upon returning: rabbits
could have nibbled the lettuces, a bear breathed the elec-
tric fence, or gusting winds blown over corn plants. None
of the above confronted us last week, but we did face a
tsunami of cucumbers ranging in size from salad to torpe-
do. From just six plants — albeit plants that had become
insanely muscular and invasive — we picked a half-bushel
of cucukes in one afternoon and returned two days later to har-
vest an additional 16. Time to make some relish.

Sweet pickle relish is a humble condiment. Some might legitimately wonder
why we bother investing time in making homemade when a fairly acceptable com-
mercial product can be had for around a dollar. But “fairly acceptable” is a far cry
from the deliciously sweet and sour condiment, organically grown, that we produce
at home. In a good year such as this, when
cucumbers, peppers and onions proliferate, we make so much relish it almost becomes
home. In a good year such as this, when

Butcher shops sells containers of an addictive ham salad,
as a burger topping. It also finds its way into tuna or egg
yard work and enjoy giving jars away to friends and family.

If you think sweet pickle relish is good only for piling atop hot dogs and hamburgers, you are underestimating its
myriad uses. We probably use more of it in tartar sauce
(mayonnaise, relish and horseradish mixed together) than as a burger topping. It also finds its way into tuna or egg salad, potato salad and even coleslaw. One of our favorite
butcher shops sells containers of an addictive ham salad, which
we fall upon in the store parking lot, often scooping
ham salad which we fall upon in the store parking lot, often scooping

for shade and woodland
other perennials

Green Thumb Yard Sale!
 Odds & Ends merchandise at Yard Sale prices.
DON’T MISS THIS ONE!
Rain or Shine
High Volume discounts!

YARD SALE!
August 9, 10, & 11
Large Multi-family Yard Sale
PLUS
Green Thumb Yard Sale!

Dooryard Books
Closing after 23 Years
Books 50% Off
438 Main St., Rockland
10AM-5PM, Mon-Sat

Yard Sale at CLC YMCA
Central Lincoln County YMCA’s Community Arts at the
Y is hosting an exhibit, “Kwiltz 4 Kidz,” featuring quilts
available for sale. The show, open to all, will be on dis-
play until September 7.

Kwiltz 4 Kidz is a local group with a dozen members who
have been making quilts together for more than 10 years. Their
aim is to donate quilts to people in crisis, such as the
aftermath of a house fire, health complications or family
loss. All proceeds from quilt sales are used to buy fabric
to make more quilts to donate — over 50 each year. For
more information, visit clcymca.org.

Quilt Sale
August 9, 10, & 11
Large Multi-family Yard Sale
PLUS
Green Thumb Yard Sale!
Odds & Ends merchandise at Yard Sale prices.
DON’T MISS THIS ONE!
Rain or Shine
High Volume discounts!

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With John Bottero — Appraisal Day at Waldoboro Museum

Waldoboro Historical Society (WHS) will host John Bottero at the WHS Museum, 1164 Main Street, on Sunday, August 11, at 1 p.m. The public is welcome; there is no admission fee. Donations to the museum will be accepted.

Those who would like to bring one item for review may do so; first-come, first-served. Items will be displayed and Bottero, a licensed auctioneer and vice president of Thomaston Place Auction Galleries, will share his assessment.

He has helped identify the value and history of some of the artifacts on display in the museum and teaches in local adult education programs and senior colleges as well as giving lectures.

Saturday, August 17 — Pie and Art Festival in Stockton Springs

Stockton Springs Community Library will hold its sixth annual Pie and Art Festival fundraiser on Saturday, August 17, from 11 a.m. to 1 p.m. Proceeds will benefit the library’s endowment fund.

The festival will feature sweet and savory pies donated by library volunteers and community members. Those wishing to donate pies should drop them off at the library at 8 a.m. that morning. Those who wish to purchase pies should note that pies sell out quickly.

Also on tap for the festival will be Judy Belasco, Chip Bradstreet, Tracey Chaves, Sarah Faragher, Scott Moore, Betty Schopmeyer, Martha Shaw, Tammi Short, Anna Spencer, Jo Swift, Peter Walls and Sons, Annemarie Welsh and Sandra Strohman.

For more information, visit stocktonspringslibrary.org.

Moody Talks Towboats at Camden Library

Camden Public Library will host an encore presentation of Roger Moody’s account of the life of Camden-Rockport native O. A. Harkness on Monday, August 12, at 11 a.m. Harkness helped Great Northern become the largest paper mill in the world by building a specialized inland navy to move its products.

Moody’s book “Logging Towboats and Boom Jumpers” gives the full story. For more information, visit library.camden.org.

Christine Science Talk at Camden Library

Mary Alice Rose will present a talk titled “The Science of Christianity” on Thursday, August 8, at 7 p.m. in the Picker Room at the Camden Public Library, 55 Main Street. A former engineer, meteorologist and earth scientist, Rose will now be an international speaker, Christian Science practitioner, and authorized teacher of Christian Science — will explore the connection between science and spirit.

Rose’s ideas are based on the teachings of Jesus as recorded in the Bible, and as discussed in “Science and Health with Key to the Scriptures” by Mary Baker Eddy.

Rose’s interest in science and technology led to a 20-year career in different areas of applied physical science. Her work ranged from meteorologist for the National Severe Storms Laboratory to manager developing the ground system for the Hubble Space Telescope.

Saturday, August 10 — Maine Bicentennial Talk at Knox Museum

General Henry Knox Museum, 30 High Street in Thomaston, will host a talk by Liam Riordan, Ph.D., professor of history at the University of Maine, on Saturday, August 10, at 6 p.m., in the Oval Room. A reception will follow.

Maine will celebrate its bicentennial next year and Riordan has been researching Maine's role to the north. His talk is titled “Brainstorming the Bicentennial: Past and Present Perspectives on Maine at 200.”

Riordan received his doctorate from the University of Pennsylvania and has been on the faculty at the University of Maine since 1997. He attended the University of Glasgow in Scotland in 2012 as a Fulbright Scholar, researching transatlantic trade during the American Revolution. He has published scholarly articles about the period with a concentration on Loyalists during the Revolution.

Tickets are available at a $100 cash donation of $10, $8 for museum members; tickets and museum memberships will be available at the door. All proceeds support the museum and its educational programs. For more information and to register, call 354-8062.

Guided Tours of Thomaston Place Auction Galleries

Thomaston Historical Society has organized a guided tour of Thomaston Place Auction Galleries as a fundraiser on August 15, with opportunities at 3 and 5 p.m. to explore the scenes and have a private preview of their August auction. Thomaston Place Auction Galleries, 51 Atlantic Street, Thomaston, has grown in 30 plus years to earn an international reputation as a source for fine art, jewelry, furnishings and more. With tour guide John Bottero, vice president and auctioneer, attendees will learn how these auctions come together.

Cost is $18, $15 for members of the historical society. For reservations, send a check to Thomaston Historical Society, P.O. Box 384, Thomaston, ME 04861. Note on the memo line the check is for the Thomaston Place Auction Tour and include a phone number, e-mail address and first choice of time. Reservations will be confirmed by email.

Wild Bird Rehabilitation Talk at Appleton Library — Laura Suomi-Lecker will present “Lessons from Avian Haven Wild Bird Rehabilitation Center: A Citizen’s Guide to Helping the Birds of Maine” at Appleton Library on Monday, August 12, from 5:30 to 6:30 p.m. Suomi-Lecker will discuss common reasons birds are admitted to Avian Haven in Freedom and what the public can do to help local birds. She will highlight recent cases involving injured eagles, owls, hawks, jays and many songbird species. Suomi-Lecker is education and outreach coordinator at Avian Haven and also technical director at Somerset County Soil and Water Conservation District, where she presents bird-related programs. For more information, call 785-5656 or email appletonlibrary@rci.com. Shown, young great horned owl. PHOTO: AVIAN HAVEN

Aquaculture Seminar at Darling Marine Center

Damian Brady and Chris Davis will present “Aquaculture in Maine: Challenges and Opportunities for Sustain- able Seafood Production” at 10:30 a.m. Friday, August 9, in Brooke Hall at the University of Maine Darling Marine Center, 193 Clark's Cove Road, Walpole. The two will discuss using buoys that monitor water quality to find prospective sustainable aquaculture species in Maine. Brady is an associate professor in UMaine’s School of Marine Sciences. His research focuses on the connection between water quality, living resources and habitat function. Davis directs the Maine Aquaculture Innovation Center, co-owns Pemaquid Oyster Company and is an adjunct faculty member in UMaine’s School of Marine Sciences. His work centers on new aquaculture species development, selective breeding of bivalves, and developing improved husbandry methods.

This event is part of DMC’s science seminar series. The free public talks, held Fridays through August 16, feature SMS faculty, students and alumni. Presentations provide opportunities to discuss marine research that advances understanding of marine ecosystems and human communities that are part of them. Visit dmcmaine.edu for a list of featured speakers and topics. For more information or to request a reasonable accommodation, call 563-8135.

“The Capital Crime of Witchcraft” at Bristol’s Lighthouse Park — Colonial Pemaquid will host a program on Monday, August 12, at 7:30 p.m. featuring historian Margo Burns (shown), whose talk, “The Capital Crime of Witchcraft: What the Primary Sources Tell Us,” will be in the Learning Center at Bristol’s Lighthouse Park, 3115 Bristol Road in New Harbor. Pemaquid’s Fort William Henry was built in 1692, the same year the Salem witch trials occurred. Burns specializes in the trials, has appeared in documentaries about them — including one for National Geographic Channel — and is a descendant of Rebecca Nurse, who was hanged as a witch in 1692.

The lecture is free to members, $5 for nonmembers. The next lecture at the park, on Monday, August 19, will be “The Story of the Pemaquid Mill.” For more information, visit friendsofcolonialpemaquid.org.

Wild Whales: Bigelow Laboratory Café Sci — Nick Record, senior scientist at Bigelow Laboratory Café Sci Sci, will present “Whales and Warming: How Climate Change Is Shaping the Future of Right Whales” on Tuesday, August 13, at 5 p.m. at part of Bigelow’s free Café Sci series. The North Atlantic right whale is one of Earth’s most endangered animals; only about 400 individuals remain. In the Gulf of Maine, climate change is rapidly reorganizing the ecosystem, putting their future at risk. Record’s research shows that advances in oceanographic forecasting can offer key insights to improving protections for whales in a changing climate. For more information and to register, visit bigelow.org/cafesci. Shown here, a North Atlantic right whale breaches in the Bay of Fundy. PHOTO: ANDERSON CABOT CENTER FOR OCEAN LIFE, NEW ENGLAND AQUARIUM.
Weskeag Wildlife Walk with Keel Kemper

PHOTO OF WESKEAG MARSH PROVIDED BY WESKEAG CONSERVATION

George’s River Land Trust and Friends of the Weskeag will co-host Wildlife Wonders of the Weskeag, a bird, wildlife and salt marsh habitat walk in the Weskeag Marsh on Thursday, August 15, at 10 a.m., with Maine Department of Inland Fisheries and Wildlife Regional Wildlife Biologist Keel Kemper.

Participants will meet in the Ralph Waldo Tyler Wildlife Management Area parking lot off Buttermilk Lane and walk to the observation platform for birdwatching and to discuss a broad range of coastal fish and wildlife issues in Maine. Kemper works to maintain and improve wildlife habitat conditions, maximize biological diversity and protect unique natural areas. He works on various wildlife issues from Bangor to Belfast, to Augusta, to Brunswick. Though IF&W biologists are known for their game species management, they also take part in endangered species conservation, with a research branch, manage state wildlife management areas, and monitor state-held conservation cemeteries. Keel will be able to answer Maine wildlife-related questions.

All are welcome. Dress for an easy walk and bring bug spray. For more information, email newtv@roadrunner.com, call 691-2120 or visit georgesriver.org.

Central Mountains Trails Challenge Celebration —

Coastal Mountains Land Trust (CMLT) will celebrate the completion of #FindYourTrail at Beech Hill Preserve, 316 Beech Hill Road, Rockport, on Thursday, August 15, at 5:30 p.m. CMLT launched the #FindYourTrail fundraiser challenge on National Trails Day, June 1, inviting hikers, bikers and paddlers to record their experiences on trails throughout the midcoast; every mile logged on CMLT’s website will be matched with funds donated by local businesses up to 15,000 miles — $15,000. The celebration will feature dancing to the music of Lazy Boot Jug Band (shown) and everyone who logged miles online will be entered into a drawing for prizes. Just under 10,000 miles have been logged to date; CMLT encourages participation to reach the goal by August 15. To log miles, visit coastalmountains.org/trails.

The Water

July 26

Iver Prosperity, a 603-foot Irving Oil tanker, arrived in Searsport from Saint John, N.B., and delivered 45,000 barrels of gasoline and 45,000 barrels of diesel. It departed July 27 for Portland, Maine. Lincoln Sea, a tug with tanker barges, arrived in Bucksport from Delaware City, Del., and delivered 140,000 barrels of kerosene. It departed July 27 for New York.

July 27

Cape Lookout, a tug with tanker barge, arrived in Searsport from New York via Boston and delivered 45,000 barrels of ethanol. It departed, date unknown, to Portland and Boston. La Cheval, a tug with flat barge, arrived in Searsport from Fourchon, La., to deliver its flat barge to Casco Bay’s Eastern Manufacturing Facility where it will be loaded with refinery modules. Casco is sending 19 barges of the modules to the offshore Lincoln Sea Refining facility, to be loaded with 38,000 barrels of jet fuel.

Expected Arrivals

August 7 — Roland A. Falgout, to Brewer from Fourchon, La., picking up refinery modules. August 10 — Chemical Pioneer, to Searsport from Wilmington, N.C., delivering caustic soda. August 13 — Margarita, to Searsport from Vila do Conde, Brazil, delivering clay slurry.

Shipping news is compiled by Ethan Andrews using automated identification system (AIS) data from marinetransport.com, local sources and direct observation at ports. It appears in The Free Press every other week.

Wren Summer—

Top to bottom: marsh wren, house wren and Carolina wren. PHOTOS BY DON REIMER

For several weeks, a diminutive brown bird has sung energetically from my backyard. Its jumbled notes are interspersed with scolding chatters and, at a rate of 9 to 10 repetitions per minute, his song is forceful and persistent. It’s a male house wren working at securing a mate. Females will sing a bit too, mainly to answer their mates shortly after pairing. In keeping with their bold vocal ten- dency, the wrens can sound like a group of kids playing in a room with squeaks and “spishing” sounds. Ranging between parts of Canada into South America, house wrens are the most widely distributed bird in the Americas and also the single most common wren.

House wrens nest in a broad variety of cavity sites, from woodpecker holes to nest boxes. Occasionally these oppor- turous birds will nest in cupolas or even windowsills. My yard offers three obvious nesting options — all manmade. In each locality. Next the twig structures are topped with soft nest materials such as grasses and hair. The female will make the final nest selection. Being highly competitive individuals, house wrens are known to pierce the eggs of neighboring wrens and other birds within their territory.

Another wren species that may nest near people is the Carolina wren. Whereas the house wren’s generally brown and gray plumage lacks true pizzazz, the slightly larger Carolina wrens have some standout physical features. Males and females share identical rusty backsides, buffy cinnamon underparts and a prominent white eye-stripe.

While Carolina wrens nest throughout southern and central Maine, the northern edge of the species’ breeding range may sound fairly simple and limited. However, this species can sometimes be coaxed into view by softly tapping wooden objects with squeaks and “spishing” sounds. Ranging between parts of Canada into South America, house wrens are the most widely distributed bird in the Americas and also the single most common wren.

Rockland Area Tides

August 8 to August 15

High AM High PM Low AM Low PM
Thursday 5:43 6:12 11:47 ---
Friday 6:49 7:14 12:30 12:48
Saturday 7:52 8:13 1:34 1:49
Sunday 8:52 9:09 2:35 2:47
Monday 9:47 10:00 3:31 3:41
Tuesday 10:37 10:48 4:22 4:30
Wednesday 11:22 11:31 5:08 5:14
Thursday --- 12:04 5:49 5:54

NATIONAL WEATHER SERVICE

Knox County

Thursday Night A 50 percent chance of showers before 3 am. Mostly cloudy, with a low of 63. South wind 8 mph. Friday Mostly sunny, with a high near 79. Southwest wind 5 to 10 mph.

Friday Night Partly cloudy, with a low around 58. Saturday Mostly sunny, with a high near 77. Saturday Night Partly cloudy, with a low around 56. Sunday Sunny, with a high near 77.

Sunday Night Partly cloudy, with a low around 58. Monday Mostly sunny, with a high near 77.

Monday Night A 30 percent chance of showers and thunderstorms. Partly cloudy, with a low around 57. Tuesday Mostly sunny, with a high near 77.

Tuesday Night Partly cloudy, with a low around 57. Wednesday Mostly sunny, with a high near 76.
Fiore Art Center Open Studio Day

Maine Farmland Trust’s Joseph A. Fiore Art Center at Rolling Acres Farm, 152 Punk Point Road in Jefferson, will host a free, family-friendly open studio day on Sunday, August 25, from noon to 3 p.m., featuring refreshments and live music by the jazz ensemble The Extension Chords.

Visual artists J. E. Paterak and Genevieve Cohn and poet-ry resident Michelle Menting will be opening their studios. New this year is the recently renovated Fiore Wing, which now stores most of the remaining artwork by Joseph Fiore. During Open Studio Days, the archives will be open and accessible to the public.

Cohn is a painter and educator living in Boston. Originally from a small town in rural Vermont, Cohn’s work considers the relationship among women, community and nature. During her residency, Maine poet Michelle Menting will focus on themes of migration, interconnectedness, adaptation and how these ideas pertain to wildlife, farming, per-maculture and climate.

Laurie McDonnell, this season’s resident gardener, intends to cultivate her writing practice as she tends the gardens at Rolling Acres Farm.

The Extension Chords have performed at events across midcoast Maine since they began attending Camden Hills Regional High School. Owen Markowitz plays drums, Katherine Bowen electric bass, and Myles Kelley keyboard. For more information, email program co-director Anna Witholt Abaldo at anna@mainefarmlandtrust.org or call 338-6575.

River Arts in Damariscotta, 241 Route 1, will celebrate a public opening reception on August 16 of “Old Items & New Ideas,” which will be exhibited in the West Gallery August 8 to 21.

Barbara Bean, Ann Slocum and Martha Slocum join together for this exhibition of sculptural assemblages and two-dimensional collages. A whimsical use of found mate-rials abounds in the show.

Bean, of Brunswick, and Ann Slocum, of Topsham, share deep roots in their love of antiques and fine arts. Both have extensive knowledge and wide experience collecting and recreating with materials that others have discarded. As antique dealers for many years, they have amassed old games, toys, blocks and metal objects. These have been transformed into new works of art.

Joining the two artists is Ann’s daughter, Martha Slocum, whose two-dimensional pieces complete the show. Her colorful collages complement the assemblages.

Regular gallery hours are Tuesday through Saturday 10 a.m. to 4 p.m. and Sunday 11 a.m. to 3 p.m. For more information, call 563-1507.

Maine Crafts Guild artisans will show their handmade creations in wood, metal, fiber, clay and mixed media at United Farmers Market of Maine, 18 Spring Street, Belfast, Friday, August 16, from 5 to 8 p.m.; Saturday, August 17, from 9 a.m. to 5 p.m.; and Sunday, August 18, from 10 a.m. to 4 p.m. The 2019 Maine Master Craft Artist Award presentation will take place from 6 to 6:30 p.m. on opening night. Friday admission is free; Saturday and Sunday admission, $3; under 18, free. Attendees need only pay once for the weekend. Fine jewelry, home furnishings and fashion apparel are among the handmade items that will be exhibited for sale. For more information, email belfast.show@mainecraftsguild.com. To learn more about the Maine Master Craft Artist Award presentation, visit mainecrafts.org.

Works by Barbara Bean (above) and Ann Slocum

shown here, rings and bracelets by Anita Roelz and Tall Fern Vessel by Jonathan White.

Tickets from baychamberconcerts.org or (207) 236-2823

14–18 AUGUST 2019
5 days of sublime concerts and free events in Rockport and Camden, Maine
“Liquid Visions” Exhibit at Belfast Free Library —
“Liquid Visions,” an exhibit of enamel oil paintings by Jon Byrer, will be on display for the month of August in the Kramer Gallery at Belfast Free Library. Byrer attended Maine College of Art and lives in the midcoast area, where he creates poured marbled paintings, drawings and photographs. Shown here, “August Blooms” by Jon Byrer, poured enamel, 40” x 40”.

Cushing Historical Society’s Arts in the Barn Show and Reception — Cushing Historical Society’s Arts in the Barn, at 17 Hathorne Point Road in Cushing, will host a reception on Friday, August 16, from 5 to 7 p.m. Featured artists will be Christine “Tee” Neville, watercolors; Candace Brettie, pottery; and Jim Nyce, photographs. The show will be on view Saturday and Sunday, August 17 and 18, from 10 a.m. to 4 p.m. The historical society is celebrating its 50th anniversary this year, it supports the cultural and artistic heritage of Cushing with shows and concerts in the barn and at Salt Pond Church. Shown here, “Goose River” by Jim Nyce.

Emily Sheffer Selected as Maine Media Book Artist in Residence — Emily Sheffer will be Book Artist in Residence for October at Maine Media Workshops + College, 70 Camden Street in Rockport. Focusing on climate change’s impacts on algae, Sheffer will combine the historic process of cyanotype printing with letterpress text in the books she will produce during her residency at Maine Media. Sheffer earned a BFA in photography with departmental honors from Massachusetts College of Art and Design and her work has been featured in exhibitions throughout the world. In 2017, she founded Dust Collective, a group of makers of handmade photography books; she currently works as an art photographer and studio director in Cambridge, Massachusetts. Jim Nickelson will be Book Artist in Residence from November 2019 through May 2020. Shown above, detail from a book by Emily Sheffer.

At Farnsworth Art Museum —
History of American Picture-Frame Design
Farnsworth Art Museum, 16 Museum Street in Rockland, will host a talk by Johanna Moore in the museum’s auditorium on Thursday, August 15, from 2 to 3 p.m. about the history of American picture frame design. Moore will show how frame designs transformed through time, with a particular emphasis on Maine history and frame makers. Artist and sign painter William Matthew Prior and artists Dorothy Emmons, Marguerite Zorach, James Fitzgerald and Vivian Akers will be among those discussed. Johanna Moore is an artist, gilder, frame maker and conservator with more than 30 years’ practice in Maine. Her work is on view in the museum’s exhibition “The Screen Show” through September.

Admission is $15, $10 for Farnsworth members, and includes gallery admission. For more information or to register, visit farnsworthmuseum.org.

Watch Them Paint: Plein Air in Camden
Camden Falls Gallery will open its fifth exhibition of the 2019 season, featuring paintings by Ken DeWaard and Jonathan McPhillips, on Saturday, August 10, with live plein air demonstrations by both artists around the harbor in Camden from 2 to 4 p.m. Locations will include Camden Public Landing and Head of the Harbor. DeWaard and McPhillips will also be available during the opening reception at the gallery from 5 to 7 p.m. The exhibition will run through Sunday, August 25.

McPhillips has held demonstrations and instructed workshops all along the Eastern Seaboard. His talent as both an artist and communicator has him in high demand from both private groups and large art organizations. In June, DeWaard participated in the International Plein Air competition in St. Petersburg, Russia. He was one of 11 artists to paint at the St. Petersburg Art Week International.

Camden Falls Gallery is located on the public landing in Camden. For more information, call 470-7027 or visit camdenfallsgallery.com.

The Season Nestled Between Mud Season and Deer Season is The Sweet Season
Enjoy Local Foods In Our Café
Serving Breakfast, Lunch & Dinner
Summer Hours: Tuesday-Sunday 6:30AM – 8:00PM
Closed Monday
U-Pic No Spray Blueberries $3.50/lb.
(Approx. $2.00/pint)
Two Artists’ Take on Drawing —

SUSAN GROCE

Susan Groce’s drawings have a weight to them. Is it their serious demeanor — is it because they are black and white? There’s a careful perfection in these otherworldly architectural “landscapes” that seem to offer up a different reality. Her new exhibit includes other drawings with a more playful feel, but the architectural “landscapes” still dominate.

She says of her work, “The fragility of the environment has been a consistent and rather illusive subject in my work over the past 30 years. I’m interested in breaking the rules of common physical and spatial sense — illusionary forms defying laws of gravity — rising, falling, curving away at nonsensical angles, and spatial sense — illusionary forms defying laws of gravity, perhaps ending abruptly in mid-air; creating forms/spaces or appearing and disappearing out of, or from, nowhere, or haphazardly cumulating in life, personal and material, and the preoccupation of that build-up.”

Kelly says of his current work, “Between work and kids, I have very little studio time these days, and have been doing mostly photography — as I can shoot while I am out in the world. But I can never go too long without the physicality of drawing or making things, so I’ve been back drawing again.

“This latest series are dwellings and stacks — two long-running themes in my work — the dwellings being the safety and contentment of home (represented by bird’s nests in “Dwelling II,” shown), and the stacks, a symbolic metaphor for the things we accumulate in life, personal and material, and the preoccupation of that build-up.”

Kelly is a multi-faceted carpenter, artist experimenter and teacher of classes like “Not Your Average Art Class.” His work will be on view at the Granite Gallery in Tenants Harbor Friday, August 16 through Wednesday, August 21.

MARK KELLY

“I’m in awe of the patterns, rhythms and workings of everyday life,” Mark Kelly said during a talk he gave several years ago at a PechaKucha gathering, where a group of artists gave five-minute slide talks. “I’ll have an idea, or something I’ll do will lead to something else, a progression, a progression.”

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“Dwelling II,” by Mark Kelly, charcoal on paper

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**PET ADOPTION PROGRAM**

**ACE**

This classic, black-and-white Pit is a happy guy who likes everyone he meets. Kids, men, dogs, even cats are greeted with huge enthusiasm. At 3-1/2, he is strong and boisterous, and will do best in a home without small children. He might mistakenly knock over. He’s crate trained and house broken and he LOVES toys, car rides and even baths! Also, he’s a champion fence jumper and will need boundaries are there to further expand his happiness!

Ace is sponsored by:

**Ringo**

Ringo is a 2-year-old male. He is a very scared and shy boy that has just moved to the shelter. He does have FIV, which means he is an indoor-only cat. Ringo will take a little more time than others to warm up to you … but once he does we believe he will be a great cat.

Just put on your favorite Beatles vinyl and sit back and let him do his thing.

Ringo is sponsored by:

**Carol**

Carol is a sweet girl who has! She has a beautiful red/brown coat and became your best friend. She is scared of being in the shelter. She is currently Pearl is on the shy side. She is scared of being in a new place with lots of new cats. However, give her a furry forever home and she will warm up to you and become your best friend. Check out how beautiful her fur is. So lovely!!

Carol is sponsored by:

**Pearl**

Pearl is a 4-year-old female cat. Currently Pearl is on the shy side. She is scared of being in a new place with lots of new cats. However, give her a furry forever home and she will warm up to you and become your best friend. Check out how beautiful her fur is. So lovely!!

Pearl is sponsored by:

**Salty Cat**

A classic, black-and-white Terrier mix is a handsomely bred and well socialized. This 2-year-old girl is like a magical woodland creature. She is very timid right now, but given some quiet time and gentle attention, she cuddles and explores. She has a beautiful red/brown coat and fine features. She will make a wonderful companion for someone with the time and patience to bring out her true nature.

Salty Cat is sponsored by:

**Jax**

Attention please! This black-and-white Terrier mix is a handsomely bred and well socialized. This 2-year-old girl is like a magical woodland creature. She is very timid right now, but given some quiet time and gentle attention, she cuddles and explores. She has a beautiful red/brown coat and fine features. She will make a wonderful companion for someone with the time and patience to bring out her true nature.

Jax is sponsored by:

**Ballard**

Ballard is sponsored by: 

**Reba**

This beautiful Cattle Dog mix is ready to go home, and for the right one, she is a tremendous prize. She is a graduate of our K-9 Corrections program, so she knows all of her basic commands and then some. At 2, she’s petite and sweet, crate trained and house broken. She does not do well with children, and needs a quiet home and a steady routine.

Reba is sponsored by:

**ROXANNE**

ROXANNE is a 2-year-old cattle dog mix. She is approximately 45 pounds. She is an active family. For chasing toys and playing with other dogs, even cats are greeted with everyone he meets. Kids, men, dogs, even cats are greeted with huge enthusiasm. At 3-1/2, he is strong and boisterous, and will do best in a home without small children. He might mistakenly knock over. He’s crate trained and house broken. She is scared of being in the shelter. She is currently Pearl is on the shy side. She is scared of being in a new place with lots of new cats. However, give her a furry forever home and she will warm up to you and become your best friend. Check out how beautiful her fur is. So lovely!!

ROXANNE is sponsored by:

**Carol**

Carol is a momma cat who has! Don’t worry about this momma, she has! We are happy to introduce you to Pearl. This beautiful Cattle Dog mix is ready to go home, and for the right one, she is a tremendous prize. She is a graduate of our K-9 Corrections program, so she knows all of her basic commands and then some. At 2, she’s petite and sweet, crate trained and house broken. She does not do well with children, and needs a quiet home and a steady routine.

Carol is sponsored by:

**Wren**

Wren is sponsored by:

**JAMES**

JAMES. This Lab cross is looking for an active household with a yard full of playmates because he LOVES to run and chase toys. He also loves car rides! He knows his basic commands and is crate trained. He is good with older kids, other dogs and men, but we think he would do best in a home that does not have cats or very young children.

James is sponsored by:

**Pearl**

Pearl is a 4-year-old female cat. Currently Pearl is on the shy side. She is scared of being in a new place with lots of new cats. However, give her a furry forever home and she will warm up to you and become your best friend. Check out how beautiful her fur is. So lovely!!

Pearl is sponsored by:

**Jax**

Jax is sponsored by:

**Ace**

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**Reba**

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**Reba**

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Thoughts and Prayers for Our Voting Machines—

Have you ever attended a workshop where Republicans sat down and talked about which one of them, if any, was truly the most generous or who would have the most winning words that made it abundantly clear that our president is a racist. A racist is what a racist does. Period. That’s it.

If you can’t see that he is a racist, I would encourage you to try harder, look further, put what you hope is true aside and look at what is truly real. There’s no point in trying to feel better about who we elected by pretending he is something he is not. It doesn’t help you, it doesn’t help anyone else. What you need is help from your local Republicans, your neighbors, your country. It helps no one but Donald Trump, and he doesn’t need your help. He will believe he is the “least racist person you’ve ever met” or he’s “the least racist person you’ve ever heard of”. I don’t believe that and neither do you. This is not a case of our president not really meaning the things he says and does. If you are in that 45 percent, it’s a case of you, my fellow American, not believing what is really true. That’s it.

Our President Is a Racist—

CNN just released the results of a poll which found that 51 percent of those polled believe that Donald Trump is a racist. What I find most interesting and amazing is that 45 percent, that is six out of every ten people, do not believe him to be a racist. That is, I believe, because I just assumed there is only one person in America who believes that Donald Trump is not a racist, and that is Donald Trump himself, 45 percent... amazing!

If you are in that 45 percent, who, along with Donald Trump, believe he is not a racist, you are mistaken. I am not going to bother to enumerate all the words, the untruths, the words that make it abundantly clear that our president is a racist. A racist is what a racist does. Period. That’s it. So why do you need to be a racist? I am not asking you to do anything.

If you can’t see that he is a racist, I would encourage you to use your intelligence and ask yourself “Why do I believe that he is not a racist?” One answer is that you are the “least racist person you’ve ever met”. That is not a reason to believe him, and it is not even true.

No one but Donald Trump, and he doesn’t need your help. He’s the least racist person you’ve ever heard of. That’s the reason you believe him. That’s the reason you do not believe that he is a racist.

Risks Fisheries and Wildlife—

Overall a relentless campaign disables any positive role in addressing that climate disruption and global warming are accelerating, that climate disruption is worsening, that the ecosystems are being threatened by climate change, that the wildlife is being threatened by climate change, that the fisheries are being threatened by climate change, and that the people of this country elected a racist president. It’s that simple.

If you can’t see that he is a racist, I would encourage you to try harder, look further, put what you hope is true aside and look at what is truly real. There’s no point in trying to feel better about who we elected by pretending he is something he is not. It doesn’t help you, it doesn’t help anyone else. What you need is help from your local Republicans, your neighbors, your country. It helps no one but Donald Trump, and he doesn’t need your help. He will believe he is the “least racist person you’ve ever met” or he’s “the least racist person you’ve ever heard of”. I don’t believe that and neither do you. This is not a case of our president not really meaning the things he says and does. If you are in that 45 percent, it’s a case of you, my fellow American, not believing what is really true. That’s it.

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If you’ve read all the way to this point, you obviously have some interest in the truth. This is real. It is true. That’s why I want you to vote. If you are still in that 45 percent who do not believe that he is a racist, you are mistaken. I am not going to bother to enumerate all the words, the untruths, the words that make it abundantly clear that our president is a racist. A racist is what a racist does. Period. That’s it.

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Notes from Lime City

Will They Stay or Will They Go?
by Nathan Kroms Davis & Becca Shaw Glaser

W e’re interested in what young people think about Rockland, the midcoast, and Maine in general, and whether they want to stay or leave. Nate grew up in a small town in New Hampshire and doesn’t remember many of his peers aspiring to stay in the area after high school. He still travels back to visit family but reconnects with neither with the Rockland

Becca grew up in Camden and Rock-

land and basically wanted to get the hell out as soon as she possibly could. She loved the woods, the water and her family, but felt suffocated by the xenophobia, nativism, homophobia, parochialism and belittling of teens, and longed for a perfect location out west where she could wear blue lipstick, purple hair or a shaved head, and not face sneers and thrown bottles from cars yelling,”—1—or, “Hey, baby, want to suck my—?” (Let’s hope it’s no longer like this in the midcoast, or anywhere.)

One way to assess how many are thinking of leaving Maine is to look at the Bureau of Labor Statistics Survey by the U.S. Census Bureau. Maine is the oldest state in the nation, with a median age of 44.3 (which Becca and Nate are rapidly

Some people stated that keeping Mainers in Maine and attracting new young people to live in Maine are vital to our state’s economy and future. With this in mind, Nate and Becca’s friend Queda Moore-Vissing lend

ed upon the Maine Sea Goddess Coronation at the Maine Lobster Festival last week, microphone in hand, to find and interview young folks about their future plans.

As open-ended questions, we interviewed 12 local people, ages 15 to 25, promising them anonymity. Of the 12, eight expressed at least a tentative plan to stay in Maine long-

term (sometimes after travel or college). Of the four who planned to leave, most of their reasons were economic: They said, “There’s better jobs that can make more money [else-where]” and “I would love to live here; unfortunately, it’s kind of out of reach for now.” One person specifically stated that she might stay, “if the lobstering industry got better, because it runs in my family.” The one person who cited primarily other reasons for leaving said that she wished to “live freely and learn about different cultures.”

Of the eight who planned to stay, their reasons included: natural beauty, family and friends, the “laid-back” lifestyle in Maine, “the community,” “all the people,” “this is a great place,” “kind of quiet but gets busy in the summer, which is nice,” “small-town comfort,” “it’s safe,” “I feel like that, but then I appreciate all the stuff we have” and “there’s definitely things you can do.” And don’t forget this: “In the event of a zombie apocalypse, this is the best place to weather.”

We asked about the roles of their parents and friends. One person who wants to stay said that some of her peers who want to leave feel that “there’s nothing to do around here I guess,” but her companion responded that “sometimes I feel like maybe I’m the only one. I don’t appreciate all the stuff we have.”

(We hardly think of much sanc-

tioning and games is needed and was a friendly competition. Participants will determine how the group will function; refreshments will be potluck.

End of Summer Craft Fair at Midcoast Rec

Midcoast Recreation Center, 535 West Street, Rockport, will hold a craft fair on Saturday, August 10, from 9 a.m. to 3 p.m. Registration is $5 per table and a $10 table fee. There will be a silent auction and a bake sale. Admission is $2 per person and everyone is invited to attend.

Midcoast is looking for artists and crafters to display and sell merchandise. Classes will begin on Tuesday, September 3. Registration is open at unima.earlcoll.edu.

Donations can be dropped off to the center and mail to: MidCoast Recovery Benefit on Thursday, August 15, from 5:30 to 7:30 p.m. Tickets, $45, can be purchased on the Café Miran-

dg center website or at the door. The evening will feature music by guitarist Phil Clement, hors d’oeuvres and a cash bar that will serve non-

alcoholic “mocktails.” For more information, visit midcoastrecovery.org.
Belfast Library Teen DIY Planet Stress Balls

Belfast Free Library will host a do-it-yourself Planet Stress Ball program for teens on Monday, August 12, at 6 p.m. Teens are invited to participate in the workshop, part of the library’s Universe of Stories summer program, and make a “squishy.” All materials provided. For more information, call 338-3884.

Songwriting for Children in Waldoboro

Singer-songwriter Matt Loessing of Earthlands will lead a free songwriting program for children going into grades two through six at Waldoboro Public Library on Thursday, Aug ust 15, from 10:30 to 11:30 a.m. Preregistration would facilitate planning but walk-ins are welcome. For more information, call the library at 832-4484 or visit waldoborolibrary.org.

Owls Head Garden Club Pie Sale

Owls Head Garden Club will hold its annual summer pie sale on Saturday, August 10, from 8 to 8:45 a.m. at the Community Building, 224 Ash Point Drive. A large variety of homemade pies will be for sale. Proceeds will benefit the club’s community beautification plantings and programs.

Village Bookshop to Open in Waldoboro

The Village Bookshop, Waldoboro Public Library’s used-books store at 25 Friendship Street, will have its grand opening during ArtWalk on Saturday, August 10, from 1 to 2 p.m. Participants can “build” their own bird. For reservations, phone 596-5566.

Free Lunches for Children in Waldoboro

Lincoln County Summer Meals, a project of Healthy Lincoln County, is launching its first mobile meal unit. The lunch wagon was purchased as part of a pilot program to increase children’s access to free, healthy lunches during the summer. For more information, call recreation director Marcus Benner at 832-5369.

Indoor Pickleball for Adults in Waldoboro

Waldoboro Recreation Department will be offering indoor pickleball for adults at First Baptist Church, 71 Grace Avenue, Waldoboro, every Tuesday from 9 to 11 a.m., August 13 through October 1. The cost is $4 weekly; all are welcome to participate in the relaxed, pick-up style program. No preregistration required. For more information, contact recreation director Marcus Berner at 832-5609.

“Fantastic Birds and Where to Find Them”

Project Puffin Visitor Center, 311 Main Street, Rockland, will offer a free children’s program, “Fantastic Birds and Where to Find Them” on Tuesday, August 13, from 1 to 2 p.m. Participants will learn about some colorful and strange birds that have appeared in the Gulf of Maine and will have an opportunity to “build” their own bird. For reservations, phone 596-5566.
**Poetry Reading at Owl & Turtle in Camden**

East Coast poets Kathleen Ellis, Mark Melnicove and Claire Millikan, along with Seattle poet Bill Carty, will read from their recent works at Owl & Turtle Bookshop and Cafe, 33 Bayview Street in Camden, at 1 p.m. on Thursday, August 15. A book signing will follow the reading. For more information, phone 230-7335.

**Jon Ward, Author of “Camelot’s End,” at Left Bank Books –**

Left Bank Books, 109 Church Street in Belfast, will host a free talk and book signing on Friday, August 9, at 7 p.m. by Jon Ward, author of “Camelot’s End: Kennedy vs. Carter and the Fight that Broke the Democratic Party.” The dual political biography details the 1980 clash between Ted Kennedy and Jimmy Carter when Kennedy challenged Carter for the Democratic presidential nomination, an event that marked the unraveling of the Democratic Party as America had known it. Featuring new interviews with party leaders and behind-the-scenes revelations from the time, “Camelot’s End” presents both Kennedy and Carter in a new light. As senior political correspondent for Yahoo News, Ward writes about politics, culture and religion. He has covered two White Houses and two presidential elections, mountain biker with George W. Bush and survived running through a plate-glass window in Liberia. To reserve a seat, call 338-9009 or email leftbank@myfairpoint.net.

**The Absent Hand:**

Sandra L. Hoekstra, Bookseller

Bookseller and Rare Books, in Antiquarian, Collectible, Out-of-Print and Rare Books, Maps, Prints and Interesting Ephemera in a Variety of Topics

Visit us at 153 Main Street, Thomaston, ME or call 207-691-3140

**All people by nature desire to know - Aristotle**

A Harvard Square Bookshop in Cambridge, MA

**Left Bank Books**

Best Selling Author & New Yorker staff writer Suzannah Lessard joins us for a talk and signing on Friday, August 16 at 7 p.m.

Suzannah’s new book is **The Absent Hand:** Reimagining Our American Landscape

“Few writers have ever captured the exquisite, delicate balance of architecture and memory as eloquently and as movingly.” — The New York Times

Open Mon-Fri. 9:30-5:30 • Sat. 10-5 • Sun. 11-4
109 CHURCH STREET, BANGOR • 207-338-9009
WWW.LEFTBANKBOOKSHOP.COM
**Calender of Events**

**Please Take Note**
Listings should be emailed to publications@freepressonline.com or mailed to The Free Press, 8 North Main Street, Rockland, ME 04841 by noon Friday before the Thursday publication date. Include your name, address and phone number.

**NOTEWORTHY**

**THURSDAY, AUGUST 8:**
- **Craig & Fred: A Marine, a Stray Dog, and How They Rescued Each Other,”** 7 p.m. at Skidompha Library, Walpole. State Rep. Seth Bertr proposes a new utility that would replace Central Maine Power and Emera Maine, and that would be responsible to Maine ratepayers instead of its investors, as with the current power plan.
- **Talk on the History of Hog Island,** 7 p.m. at Bremen Library. Eric Snyder gives a free talk on the Bremen island’s history and on Hog Island Audubon Camp, where he has led workshops on geology, island ecology, astronomy and island history for 15 years.
- **Into the Woods in Belfast,** at Crosby Center, 96 Church Street. Midcoast Actors’ Studio puts on the family-friendly show that spins old fairy tales into new. **The curtain rises at 7:30 p.m. Thursday, Friday and Saturday.** $8 adults; $5 kids. MidcoastActors.org.
- **Cameron Shakespeare Festival Runs to Sunday,** with The Taming of the Shrew in Camden Amphitheatre and Hamlet at St. Thomas’ Episcopal Church, 33 Chestnut Street. For the schedule and tickets, go to CameronShakespeare.org.

**FRIDAY, AUGUST 9:**
- **“Aquaculture in Maine: Challenges and Opportunities for Sustainable Seafood Production,”** 10:30 a.m. in Brookie Hall at Darling Marine Center, Walpole. Damian Brady of UMaine’s School of Marine Sciences and Chris Davis of Midcoast Aquaculture Innovation Center discuss using buoys that monitor water quality to find aquaculture sites in Maine. Their free talk is part of DMC’s public Science Seminar Series.
- **Talk on the Transformative Power of Kindness at Camden Opera House,** 9 a.m. Psychologist Eva Ritvo on her book “Kindred” about people who’ve felt the kindness of strangers. She founded the Berkline Global Initiative and is coauthor of “The Beauty Prescription.” Free.
- **“Camelot’s End,”** 7 p.m. at Left Bank Books, 109 Church Street in Belfast. Jon Woul on his book about the clash between Ted Kennedy and Jimmy Carter for the 1980 Democratic presidential nomination, with tidbits and revelations from party insiders of the day. He is a senior political correspondent for Yahoo News.
- **Comedian Ian Stuart at Blue Cafe in Camden,** the intimate space on Camden Opera House’s third floor, at 7:30 p.m. He’s founder of Portland Maine Comedy Festival and Maine Comedy All Stars Tour. Free; donations for the Community Arts Fund accepted. Cash bar.
- **Midco on Belfast Common,** between Pearl and Milite streets. The Greek tragedy is performed in the amphitheater at 6 p.m. Friday and Sunday and 1 p.m. Saturday. Rain moves it to First Baptist Church, 95 High Street. $15 $15 at Left Bank Books and at the production. Not suitable for children, say the organizers.
- **17th Annual Maine Boat and Home Show at Harbor Park in Rockland,** this Friday, Saturday and Sunday. Maine’s only in-water boat show, with artisans, food, and, of course, lots of boats. One of the show’s usual big draws is Sunday’s Boatyard Dog Trials at 10:30 a.m. Show admission is $15 adults, free under 12.

**SATURDAY, AUGUST 10:**
- **Medea on Belfast Common,** between Pearl and Milite streets. The Greek tragedy is performed in the amphitheater at 6 p.m. Friday and Sunday and 1 p.m. Saturday. Rain moves it to First Baptist Church, 95 High Street. $15 $15 at Left Bank Books and at the production. Not suitable for children, say the organizers.

**AUGUST 17-23**

**Wild Maine Blueberries**

**OPEN FOR THE SEASON STARTING AUGUST 3RD**
(hoping to be open through August 17th)
7 Days a Week 10am-5pm or by Appointment

**Coastal Maine Blueberries**

For a full schedule, visit wildmaineberry.info

**AUGUST 17-23**

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**Ride All Night...**

...With the all-inclusive admission to the Union Fair! — including Unlimited Midway rides thru Friday. No expensive ride bracelet; just pay one low price of $12 admission. DON’T WANT TO RIDE? Purchase admission before 10 a.m. First Sat. & Sun. and noon weekdays for $8

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**AUGUST 17-24**

**Camden Shakespeare Festival Runs to Sunday,** with The Taming of the Shrew in Camden Amphitheatre and Hamlet at St. Thomas’ Episcopal Church, 33 Chestnut Street. For the schedule and tickets, go to CameronShakespeare.org.

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**Monday, August 12: 11 a.m.**

** важно, что государственные организации являются основными
для успешного развития конкуренции в области услуг. В рамках этой
кампании необходимо активно привлекать потенциальных
клиентов, используя разнообразные маркетинговые
techniques and play the role of a business consultant.
Thursday, August 8, 2019

CADENDAR OF EVENTS

Olde Bristol Days Vintage Car Show, 11 a.m. to 3 p.m. outside Harbor Room Restaurant, Route 130 in New Harbor. An array of interesting and collectible cars and motorcycles, many of which will join the Olde Bristol Days Parade at 10 a.m.

“Frolic in the Field” at Pumpkin Vine Family Farm, 217 Hewett Road in Somerville, 5 to 9 p.m. Crafts, food, and a contra dance called by Chrisy Fowler, with music by Tots Oshima and John Pranio. Kids are welcome to explore the farm under a parent’s eye. Free.

“Brainstorming the Bicentennial: Past and Present Perspectives on Maine at 200,” 6 p.m. at General Henry Knox Museum, Thomaston. Follow Maine’s road to statehood with Liam Kiordan, Ph.D., a UMaine professor and former Fulbright Scholar of transatlantic trade during the American Revolution. $10 suggested donation, $8 members.

SUNDAY, AUGUST 11:

American Traveling Morris Dancers in Camden Amphitheatre, 1 p.m. See the dancers caper through moves born in the English countryside, as they clash wooden sticks and wave handkerchiefs to lively fiddle tunes. They’ll also perform on Thursday, August 15, at 2 p.m. in the staff parking lot at Rockland Public Library.

MONDAY, AUGUST 12:

“Logging Towboats and Boom Mills by Building a Supply Line Using Clever Contraptions to Move Logs to the Mill,” 1 p.m. at Camden Public Library. Roger Moody on his book about the center has helped injured eagles, owls, hawks, loons and songbirds from Laura Suomi-Lecker. She’ll tell what you can do to help Maine’s birds. Free. Include a phone number, email address, choice of time. Reservations confirmed by email. $8 admission, $5 PMM members.

THURSDAY, AUGUST 15:

Guided Tours of Thomaston Place Auction Galleries, 51 Atlantic Highway in Thomaston, at 3 p.m. and 5 p.m. Go behind the scenes and see what’s up for bid next. $8 admission, free for members of Friends of Colonial Pemaquid.

TUESDAY, AUGUST 13:

6th Annual Antique Car Show & Elvis Extravaganza in Damarcosotta, 5 p.m. at Schooner Cove Retirement Community. Antique autos and a show by Elvis tribute artist Don Boudreau. Hot dogs, popcorn, soft drinks. Free and open to the public.

“Whales & Warming: How Climate Change Is Shaping the Future of Right Whales,” 5 p.m. in Café Sci, a free public series at Bigelow Lab for Ocean Sciences, East Boothbay. Dr. Nick Record describes how the planet’s 400 remaining North Atlantic right whales face deadly run-ins with ships and fishing gear and must cope with changes to their food supply in the fast-warming Gulf of Maine, and he tells what scientists are doing to help. Register at Bigelow.org.

THURSDAY, AUGUST 15:

“Lessons from Avian Haven Wildlife Sanctuary,” 2 p.m. at Rockland Public Library. Learn about ocean currents and winds. $30 admission, $25 museum members. Jeffrey Ryan on his soon-to-be-published book about Whyte, who arrived in the mining town of Monson in 1895 with sacks of loot and a fierce desire for privacy — until the FBI came looking for him. No one could have imagined how Whyte, who lost everything during WWII, amassed another fortune before he died.

COMING UP:

Belfast Harbor Fest and Classic Boat Show, Friday, Saturday and Sunday, August 16, 17 and 18. With an opening “Evening by the Bay” party, pancake breakfast, 5K, vendors and exhibits, live music, family fun, cardboard boat races and lobster gala. See pages 12-13.

“New Discoveries and Symbolism in Moby Dick,” Tuesday, August 17, at 5:30 p.m. at Odd Fellows Hall, 99 Main Street in Belfast. David Pelouquin offers insights he has presented at Melville Society symposia and findings that shed light on a hidden role for the maker of Queequeg’s coffin, the “carpenter from Aroostook County.” $8 admission, $5 PMM members.

Maine Comedian Bob Marley at Camden Opera House, Saturday, August 17, at 5 p.m. Registration tickets, $29.50, at CamdenOperaHouse.com and at the door an hour before showtime.

39th Annual Megunticook Race Festival

Saturday, August 31

Location: Barrett’s Cove Public Beach
104 Beaucaire Avenue, Camden

Registration: Starts at 7 a.m.
Register at RunSignUp.com

Race Options: Sprint Triathlon, Olympic Triathlon, Olympic Relay Triathlon, 5K Run/Walk, Kid’s Race

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The Free Press
THURSDAY, AUGUST 8:

- Pan” Flutist Claire Chase at Strand Theatre, Rockland; noon to 1 p.m. The MacArthur Fellow performs the theatrical work that was written for her and portrays different aspects of the Greek demigod. The free concert is presented by Salt Bay Chamberfest, which is expanding beyond Damariscotta.

- Sara Trunzo and the Wayne Delano Jazz Quartet in Belfast Summer Nights, 5:30 to 7:30 p.m. Pianist Trunzo plays at 21 Front Street. Trunzo’s Maine-grown country and the quartet’s standards and originals. Bring a chair, but not the dog.

- Arts on the Hill in Rockport: Salt Bay Chamberfest presents the three-piece ensemble offers a free afternoon concert of lively music. Bring a picnic. At 7 p.m., the PushFarther Project plays cello, percussion and acoustic guitar as the trio sings story-songs with folk, blues and classical influences.

- The Nightingale’s Sonata’ with Thomas Wolf, 5:30 p.m. at Rockport Opera House. Bay Chamber Concerts’ cofounder shares music, historical photos, and madrigals. The free concert is presented by the PushFarther Project. For more information, visit推FartherProject.com.

- Brian Setzer’s “Rockabilly Riot!” at Savage Oakes, Union, 7 p.m. Guitarist and former Stray Cats frontman Setzer and his band play at the outdoor venue. Gates open at 5 p.m. for a $15 lawn or blanket. 568 at SavageOakes.com and $75 at the door.

- Larry Kaplan at Sails, Power & Stones, Rockport, 7 p.m. Kaplan paints musical portraits of people whose lives are defined by the sea and landscape of New England. The Bluegrass and Folk Arts show is $15 – doors open at 7 p.m.

- The Weight Band at Rockland’s Strand Theatre, 7:30 p.m. The band that was born in 2013 inside the Woodstock, New York, barn of Levon Helm, the former Band of Springs and driveway blanks from its “World Gone Mad” album, for more information contact station manager Jo Lindsay at wrfr93.3@gmail.com.

FRIDAY, AUGUST 9:

- GazeboConcerts in Camden Amphitheatre, 7:30 p.m. The three-piece ensemble offers a free afternoon concert of lively music. Bring a picnic. At 7 p.m., the PushFarther Project plays cello, percussion and acoustic guitar as the trio sings story-songs with folk, blues and classical influences.

- “The Nightingale’s Sonata’ with Thomas Wolf, 5:30 p.m. at Rockport Opera House. Bay Chamber Concerts’ cofounder shares music, historical photos, and madrigals from his new book “The Nightingale’s Sonata,” a family tapestry that centers around his grandmother, legendary violinist Lea Luboshutz. The book (one per family) is open to all. Rain moves it into the library.

- Brian Setzer’s “Rockabilly Riot!” at Savage Oakes, Union, 7 p.m. Guitarist and former Stray Cats frontman Setzer and his band play at the outdoor venue. Gates open at 5 p.m. for a $15 lawn or blanket. 568 at SavageOakes.com and $75 at the door.

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SATURDAY, AUGUST 10:

- 34th Annual Mostly For Fun! “Trombone Concert,” 7 p.m. at Elm Street Congregational Church, Bucksport. Twenty trombonists play sacred to popular folk to popular folk to popular folk to popular folk to popular folk to popular folk.

- Son of Serendip at Boothbay Harbor Opera House, 7:30 p.m. The foursome who were 2014 finalists on “America’s Got Talent” bring their voices, cello, harp and piano stringing$s. $35 in advance at the box office or calling 633-1559; $35 online and at the door.

- SUNDAY, AUGUST 11:

- Packed Lineup at 7th Annual Live Music Festival, 10 a.m. to 6 p.m., at Hidden Valley Nature Center, Jefferson, from 11:30 a.m. to 6 p.m., featuring Primo Cubano, Tricky Britches, Sibylline, and Paranoid Social Club. Local food and beer will be on sale all day.

- Michael Paul Lund Presents “Cabaret,” “Oklahoma!” and “110 in the Shade,” 2 p.m. at Camden Public Library. It is the fifth and final installment in his Broadway musical tribute series.

- Sybil Weinstein Piano Recital in Cushings, 3 p.m. at Old South Church, Route 1 Southport. The Camden native will play pieces from Colonial America, Stephen Foster’s Civil War music, Joplin and Joseph Lang rays, Broadway tunes by Gertrudis and Berlin, classical pieces, and a sentimental Irish tune to cap the show.

- MONDAY, AUGUST 12:

- “Jazz on the Water – Creative Ensemble Collective,” at Rockport Marine Park at 5 p.m. Free outdoor jazz on the picturesque harbor by an ensemble of artists from around the world who come together to play for the Creative Ensemble Collective.

- Bluesman Johnny Rawls in Monday Night Blues Show, at Rockland’s Time Out Pub, 7:30 Main Street, at 7 p.m. The Portland band’s sound is steeped in Django Reinhardt and the hard and fast club jazz of Paris in the 1930s and 40s.

WEDNESDAY, AUGUST 14:

- “Bach for Breakfast” Series Opens, 7:30 p.m. The Maine trio plays progressive folk with a taste of blues, classical and fiddle outdoors.

- Opening Concert of Screen Door Festival, 5:30 p.m. at Rockport Opera House. Featuring many of the performers appearing throughout the week, including Maxwell String Quartet, Guilhem Desq, Tessa Lark, and members of the PushFarther Project. Tickets, passes and the schedule of paid and free concerts along the coast Wednesday to Sunday, August 14 to 18. BayChamberConcerts.org.

THURSDAY, AUGUST 15:

- Toomla String Quintet on Camden Village Green, 1 p.m. Pack a picnic for the free outdoor concert.

- Mileoast Brass Quintet Concert in Camden Amphitheatre, at 6:30 p.m. The brass band plays modern classical, pop, jazz and rock. Bring seating. Free and open to all. Rain moves it into the library.

- The Subdukes at Boothbay Harbor Opera House, 7:30 p.m. The longtime New Orleans quintet blends “meaty grooves and jazzy dynamics,” soulful R&B swagger ... and folksy social consciousness.” $30 in advance at the box office, $33-5199, $35 online and at the door.

COMING UP:

- Love Songs in Belfast, Sunday, August 18, at 2 p.m. at the Crosby Center, 96 Church Street. Metropolitan Opera soprano (and Maine native) Ashley Emerson and her husband, tenor Dominic Armstrong, team up with pianist William Hobb to play pieces by Copland, Robert and Clara Schumann, and Leonard Bern- stein. $20 ticket available on Facebook.

- Concert in Belfast to Benefit Asylum and next Friday, August 23 and band of six pay tribute to love in all its forms this Friday and Saturday and runs the next five days at 10 a.m. in Union Hall, Rockport, during the Screen Door Festival of Bay Chamber Concer$. Acclaimed violinist Jennifer Koh will explore the connection between J. S. Bach’s major works for solo violin and works by today’s composers. Coffee and muffins available beforehand. Single and series tickets: BayChamberConcerts.org.

- PushFarther Project on Camden Village Green, 1 p.m. The Maine trio plays progressive folk with a taste of blues, classical and fiddle outdoors.

- “TIDELINE” Through August 26th

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Our Community

FRIDAY, AUGUST 9:
- “Kinky Boots – The Musical” at 3 p.m. and 7 p.m. at Rockland’s Strand Theatre. High-def capture of the musical at Adelphi Theatre in London’s West End, called “dazzling, fabulously saucy and uplifting,” is offered at $15, and $10 for students 18 and under.
- “Michael Wallis Is Here,” 7 p.m. in the CHIP Select series at Camden Opera House. Director Avi Belkin’s documentary on the legendary reporter, with never-broadcast footage from the “60 Minutes” vault. $10, free under 18 or with college ID.

COMING UP:
- Met Opera Encore: Puccini’s La Boheme, Sunday, August 18, at 8 p.m. at Rockland’s Strand Theatre. The popular opera is shown with a shortened intermission and reduced ticket price of $12.50 adults and $10.50 Strand members, along with champagne specials, sweet treats, and a drawing for free tickets.

ARTS
- Call for Entries to Juried “10x10 Exhibition,” opening August 21 at Port Clyde Art Gallery, with cash prizes. Submit from August 19 to 11 a.m. to the gallery by 4 p.m. and entry fees: Port Clyde Art Gallery.
- Maine Postmark Poetry Contest, part of the 15th annual Belfast Poetry Festival on October 19. Submissions, accepted from anyone until August 15, must bear a Maine postmark. Rules are at BelfastPoetry.com.
- Maine Wood Biennial 2020 Call for Entries, for the seventh juried show at the Center for Furniture Craftsmanship, Rockland. The 11th juried show at the Center for Furniture Craftsmanship, Rockland. Submissions, accepted from anyone until August 15, must bear a Maine postmark. Rules are at MaineWoodBiennial.com.
- Maine Wood Biennial 2020 Call for Entries, for the seventh juried show at the Center for Furniture Craftsmanship, Rockland. Submissions, accepted from anyone until August 15, must bear a Maine postmark. Rules are at MaineWoodBiennial.com.

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34 Thursday, August 8, 2019

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  Surgical Skin Center ..................... 207-301-3939
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Cardiac Rehab ............................... 207-301-8989
Cardiology .................................... 207-301-8475
Childbirth Education ...................... 207-301-8345
Day Surgery ................................... 207-301-8800
Emergency Care ............................. 207-301-8315
Endoscopy ..................................... 207-301-8424
Gift Shop ....................................... 207-301-8557
Health Connections ......................... 207-301-5566
Infection Prevention ....................... 207-301-8272
Infusion Center ............................. 207-301-8969
Lab (Outpatient) .................. 207-301-8720

Lactation Consultant ...................... 207-301-8337
Mammography/Radiology/X-Ray ......... 207-301-8500
Mental Health Services (PARC) ......... 207-301-8390
MMP Cardiology ............................. 207-596-6410
Outpatient Pharmacy ...................... 207-301-8985
Pediatric PT/OT ............................. 207-301-6380
PREP ............................................ 207-301-8815
Pulmonary Rehab ............................ 207-301-8880
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Nancy Kay Strong — Age 93; To share a memory or story with the family, visit bchfh.com.

Judith A. Carty — Age 77; To share a memory or story with the family, visit bchfh.com.

Lance Kendall McLain — Died Thurs., Aug. 1, 2019 Age 92; To share a memory or story with the family, visit bchfh.com.

Edward Francis MacEacherren — Age 58; To share a memory or story with the family, visit bchfh.com.

Constance Ross Painter — Died Thurs., Aug. 1, 2019 Age 81; To share a memory or story with the family, visit bchfh.com.

Michael McConnell Ross — Died Sun., June 23, 2019 Age 65; To share a memory or story with the family, visit bchfh.com.

Paid obituary notices may be submitted to the advertising department of The Free Press. Contact admanager@freepressonline.com for more information.
Doc “Mike Wallace Is Here” Coming Aug. 14

The Points North Institute and the Camden Opera House have added an additional film to the 2019 CIFF Selects series on Wednesday, August 14, at 7 p.m. with special screenings of the Sundance hit “Mike Wallace Is Here” by award-winning director, Mellenkin.

“Mike Wallace Is Here” offers an unflinching look at the legendary reporter, who interrogated the 20th century’s biggest figures in his more than 50 years on air, and his aggressive reporting style and showmanship that redefined what America came to expect from broadcasters. Unearthing decades of never-before-seen footage from the “60 Minutes” vault, the film explores what drove and plagued Wallace, whose storied career was entwined with the evolution of journalism itself.

Tickets are $10 for adults and can be purchased on the day of show at the Camden Opera House box office, or in advance online at pointsnorthinstitute.org. All screenings are free for students under the age of 18, or those with a valid college ID.

Puccini’s “La Bohème” at the Strand Aug. 18

The Strand Theatre presents “A Night at the Opera,” a festive evening broadcast of the Metropolitan Opera’s “La Bohème,” on Sunday, August 18, at 8 p.m.

Presented with a shorter intermission (run times have been trimmed) and a reduced ticket price, this special summer offering is an opportunity for those new to opera to experience this beloved production. Plus, attendees can enjoy champagne and hors d’oeuvres of show at the Camden Opera House box office, or in advance online at pointsnorthinstitute.org. All screenings are free for students under the age of 18, or those with a valid college ID.

New on DVD & Blu-ray

Just Released August 6 —

POKEMON: DETECTIVE PIKACHU PG/Family/Dir: Rob Letterman (Ryan Reynolds, Justice Smith, Kathryn Newton) Ace detective Harry Goodman goes mysteriously missing, prompting his family to search for him. While they're trying to find out what happened. Aiding in the investigation is Harry’s former Pokemon partner, Detective Pikachu, a hilariously wise-cracking, adorable super sleuth who is a puzzle even to himself. Find out the truth to combine forces with each other, Tim and Pikachu join forces to unravel the tangled mystery.

Recent Releases

DUMBO PG/Animation/Dir: Tim Burton (Colin Farrell, Michael Keaton, Danny DeVito) A circus owner enlisted Holt and his children, Molly and Joe, to care for a newborn elephant whose oversized ears make him a laughingstock in an already struggling circus. While Holt discovers that Dumbo can fly, the circus makes a comeback, attracting entrepreneur A.V. Vandevere, who recruits Dumbo for his newest entertainment spectacle. Discover that Dumbo’s fear of his own shyness, Denverland is full of dark secrets.

FIGHTING WITH MY FAMILY PG-13/Dramatic Comedy/Dir: Stephen Merchant (Dwayne Johnson, Lena Headey, Vince Vaughn) Born into a tight-knit wrestling family, Paige and her brother Zak are ecstatic when they get the once-in-a-lifetime opportunity to try out for WWE. But when Paige can’t keep up with her training program, she must leave her family and face this new, cutthroat world alone. Based on a true story.


HELLOBOY 2019/R/Adventure/Dir: Neil Marshall (David Harbour, Ian McShane, chick). The first non-traditional interpretation of this famous hero has been raised by humans. As such, he is caught between the good and bad of both worlds. Based on the character created by Mike Mignola.

LONG SHOT R/Romantic Comedy/Dir: Jonathan Levine (Charlize Theron, Seth Rogen, June Diane Raphael) When Fred Flarsky reunites with his first crush, Charlotte Field, he charms her with his self-deprecating humor and his magical touch of her youthful idealism. As she prepares to make a run for the presidency, Charlotte hires Fred as her speechwriter. She writes out of water on Charlotte’s elite team, Fred is unpunished for his lifestyle in the limelight. Sparks fly as their chemistry leads to a round-the-world romance.

THE MUSTANG R/Drama/Dir: Laure de Clermont-Tonnerre (Mathieu Schoenaerts, Jason Mitchell, Bruce Dern) Roman Coleman, a convict in a rural Nevada prison that struggles to escape his violent past, is required to participate in an “outdoor” program as a part of his start of mandated social rehabilitation. Spotted by a veteran trainer and helped by an outgoing fellow inmate and trick rider, Roman is accepted into the selective wild horse training section of the program, where he finds his own humanity in gentling an especially unbreakable mustang.

ON THE BASIS OF SEX PG-13/Drama/Dir: Mimi Leder (Oscar Isaac, Rachel Brosnahan) The story of how Ruth Bader Ginsburg rose to power and ultimately Supreme Court Justice.

SHAZAM! PG/Action/Dir: David F. Sandberg (Zachary Levi, Mark Strong, Jack Dylan Grazer) Billy Batson is a 14-year-old foster kid who can turn into the adult version of himself. Finding that they are uniquely equipped to communicate with each other, Tim and Pikachu join forces to unravel the tangled mystery.

SPIDER-MAN INTO THE SPIDER-VERSE PG-13/Animated/Dir: Bob Persichetti, Peter Ramsey (Shameik Moore, Jake Johnson, Hailee Steinfeld) A fresh vision of Peter Parker’s early years, with a ground-breaking visual style that’s first of its kind, introduces Brooklyn teen Miles Morales and the limitless possibilities of the Spider-Verse, where more than one can wear the mask.

TRANS NT/Drama/Dir: Christian Petzold (Franz Rogowski, Paula Beer, Godfried Giese) Geor, a German refugee, finds himself involved in the identity of a recently deceased woman. While he delves into the delicate and complex culture of the refugee community, becoming ensnared in the physical likeness of his own died and falling for a mysterious woman named Marie. An adaptation of Anna Seghers’s 1942 novel “Transit Visa.”

UK 13/Horror/Dir: Jordan Peele (Lapita Nyong’o, Winston Duke, Elisabeth Moss) A young girl with magical powers returns to her childhood home with her husband and their two children for a vacation. Haunted by a trauma from her past, Adelaide feels that something bad is going to happen. When darkness falls, the Wilsons discover the silhouette of four figures standing in the driveway. The film pits an American family against terrifying opponents: evil dopplegangers of themselves.

In Our Theaters

In Week of August 9 – August 15

Short descriptions of movies that are playing locally

ART OF RACING IN THE RAIN PG/Drama/Dir: Simon Curtis (Kevin Costner, Miguel Ventimiglia, Amanda Seyfried) Based on the bestselling novel by Garth Stein, a loving race car driver, a witty and philosophical dog named Enzo has gained insight into the human condition and understands that the techniques needed on the racetrack can be applied to the journey of life.

BRIAN BANC KS 13/Drama/Dir: Tom Shadyac (Aldis Hodge, Greg Kinnear, Sherri Shepherd) True story of Brian Banks, an All-American high school football star wrongly convicted of a crime. Despite lack of evidence, Banks is sentenced to a decade of prison and probation. Years later, with the support of the California Innocence Project, Banks fights to reclaim his life and fulfill his dreams of playing in the NFL.

DORA AND THE LOST CITY OF GOLD PG/Adventure/Dir: James Bobin (Isabela Moner, Q’orianka Kilcher, Benicio Del Toro) A live action take on a popular kids’ cartoon. The titular character ventures deep into the jungle with her backpack, Boots the Monkey and some new friends from high school.

FAST & FURIOUS PURSUITS: HOBBS & SHAW PG-13/Action/Dir: David Leitch (Dwayne Johnson, Jason Statham) Fast cars and not much of a plot drive this story nowhere.

KITCHEN R/Drama/Dir: Andrea Berloff (Elisabeth Moss, Melissa McCarthy, Gardeny Carby, Don Cheadle) A female crime comic book series created by Ollee Maitz and Ming Doyle for DC. Hell’s Kitchen housewives whose mobster husbands are sent to prison face Irish mafia matters into their own hands.

THE LION KING PG/Family/Dir: Jon Favreau (Donald Glover, Beyoncé, Seth Rogen) A good lion has his kingdom stolen from him by his uncle. In the face of the darkness, he must triumph over tyranny. A live-action re-make of the animated classic. Well, actually it is an all-computer-generated remake, which is to say, it is still magnificent.

MARIANNE & LEONARD: WORDS OF LOVE R/Documentary/Dir: Nick Broomfield (Leonard Cohen, Judy Collins, Ron Cornelius) The documentary starts on the Greek island of Hydra in 1965 where Leonard Cohen was struggling and unknown fiction writer, and Marianne, Bilde, a single mother with a young son, became part of a community of artists, writers and musicians.

ONCE UPON A TIME IN HOLLYWOOD R/Documentary/Dir: Quentin Tarantino (Leonard DiCaprio, Brad Pitt, Margot Robbie) In 1969 Los Angeles, everything is changing, as TV star Rick Dalton and his longtime stunt double Cliff Booth make their way around an industry they hardly recognize anymore. Multiple storylines play to how the final moments of Hollywood’s golden age.

SCARY STORIES TO TELL IN THE DARK PG-13/Horror/Dir: André Øvredal (Zoe Margaret Colletti, Michael Garza, Gabriel Rush) It’s 1968 in America. In the town of Mill Valley, when a young woman is chased by the Shadow of the Bellows family has looked large, a young girl with terrible secrets turns her life into some scary stories.


WANDAVISION PG-13/Drama/Dir: Ava DuVernay (Tessa Thompson, Elizabeth Olsen) When Wanda Maximoff and Vision’s life is turned upside down, they must confront their greatest fears. With the help of their friends, Vision, Wanda and their son Billy, they try to get their lives back.

WATERSHIP DOWN PG/Animation/Dir: Jason Clare, John Bogdanov (John Boyega, Domhnall Gleeson, Idris Elba) An artful and intimate meditation on the life and works of the acclaimed novelist. From her childhood in the steel town of Lorain, Ohio, to ‘70s-era book tours, and even the journey to get to meet his man-child employee Nathanial to do any work. When Cynthia and her wife Mary try to hawk a Civil War-era sweater inherited from Cynthia’s late, deeply deceased grandma, he tries to get the better of them.

TONI MORRISON: THE PIECES I AM PG/Documentary/Dir: Timothy Greenfield-Sanders (Toni Morrison, Hilton Als, Oprah Winfrey) An artful and intimate meditation on the life and works of the acclaimed novelist. From her childhood in the steel town of Lorain, Ohio, to ‘70s-era book tours, and even the journey to get to meet his man-child employee Nathanial to do any work. When Cynthia and her wife Mary try to hawk a Civil War-era sweater inherited from Cynthia’s late, deeply deceased grandma, he tries to get the better of them.

YESTERDAY PG-13/Musical Comedy/Dir: Danny Boyle (Himesh Patel, Lily James, Sophia Di Martino) A young man wakes up in an alternate universe where no one has ever heard of the Beatles. He takes full advantage of the situation and becomes a worldwide music phen. But being a decent guy, he is unable to leverage this to the max.

The Free Press

R/Documentary/Dir: Ryan White (hiv+ through the tangled mystery.)
Waldoborough Historical Society
Rockport, from 9 a.m. to 3 p.m. Nearly 30 plantings and programs.

Craft Fair at Midcoast Recreation Center, 535 West Street (Route 90) in Rockport, from 9 a.m. to 3 p.m.

Free Nature Play Group in Alna, 8:30 a.m. to 3 p.m. Kids 3 to 6 (and a parent) are invited to play in the woods, bring outdoor clothing, and bring snacks.

Weekly Midcoast Camps include: The Morris Farm, Wiscasset, Monday to Friday, August 12 to 16, from 8 a.m. to 3 p.m. Kids ages 4 to 12 can explore wild and Scenic Maine. A wide range of activities will be offered, including hiking, exploring forests, and gaining skills in planting, cooking, and fibers. Learn more at Morris-Farm.org.

Famous Annual Yard Sale” at Waldoboro Public Library, 10:30 to 11:30 a.m. Songsinger-songwriter Matt Lassissi of Lassissi and Friends leads the free program, open to all; pajamas welcome.

Free Crafts at Ashwood Waldorf School, 180 Park Street in Rockport. Kids 3 to 6 (and a parent) are invited to paint clay pots and plant seeds from 10 a.m. to noon. Register by calling 301-3950 or go to JourneyToHealthCourseStorm.com.

Free Children’s Drawing Classes at Rockland Public Library, 4 to 5 p.m. Tuesdays. Catinka Knoth leads the Let’s Draw Together! series for kids 6-plus (or older) with an adult – adults invited to join in. All materials provided. This series is part of Let’s Get Art! Memories!

“Weird Events Wraps Up” at Midcoast Library, 596-5566.

Free Family Fridays 8:45 a.m. at the Community Building, for clues hidden in animal Families can solve some puzzles and enjoy a bit of play. Free. For info, call 785-4733.

Cooking 101 for Teens and Other out-of-this-world slime. Kids are invited to concoct a batch of "Space Slime" at Carver Memorial Library.

Saturday, August 10: Last Day to Sign Up for Appleton Library’s Summer Reading Program, from 10 a.m. to 1 p.m. Appleton Village School students are encouraged to see the library’s NV’s Battle of the Books display to get a head start on reading for the coming school year. The program will award two Kindles for young readers and two Kindle Fires at a drawing Saturday, August 24, at 10:30 a.m. For more info, call 785-5566.

Mondays at the Lake, 8:30 a.m. to 3 p.m. Kids 4 to 12 are invited to make a squishy ball. All materials provided.

Waldoboro Historical Society Museum Weekend Yard Sale, 8 a.m. to noon Saturday and Sunday at the Waldoboro School and Community Club, Route 32 south of the village. Donations of items other than clothes may be left in the museum’s drop box at 1164 Main Street, Waldoboro, or call 796-5362 for the book’s items.

Family Movie & Pizza Night at Thomaston Public Library, 5:30 to 8 p.m. This one features “E.T. the Extra-Terrestrial,” about a visitor from another planet who needs a boy’s help to get home. Free and open to all; pajamas welcome.

A Summer of Science at Rockland Public Library, for kids in grades three to seven. They’re invited to join 4-H leader Kathryn Jenkins from 10:30 a.m. to noon Fridays through August 16. This week, the focus is on “catapults.” Register for class at the front desk or call the library at 594-0310.

Saturday, August 10: Last Day to Sign Up for Appleton Library’s Summer Reading Program, from 10 a.m. to 1 p.m. Appleton Village School students are encouraged to see the library’s NV’s Battle of the Books display to get a head start on reading for the coming school year. The program will award two Kindles for young readers and two Kindle Fires at a drawing Saturday, August 24, at 10:30 a.m. For more info, call 785-5566.

Monday, August 12: Family Movie & Pizza Night at Thomaston Public Library, 5:30 to 8 p.m. This one features “E.T. the Extra-Terrestrial,” about a visitor from another planet who needs a boy’s help to get home. Free and open to all; pajamas welcome.

Free Ball Making for Teens at Belfast Free Library, 6 p.m. Teens are invited to make a squishy ball. All materials provided.

Weekly Midcoast Camps include: The Morris Farm, Wiscasset, Monday to Friday, August 12 to 16, from 8 a.m. to 3 p.m. Kids ages 4 to 12 can explore wild and scenic forests, and gain skills in planting, cooking, and fibers. Learn more at Morris-Farm.org.

A Summer of Science Wraps Up at Vose Library in Union, for kids in grades four to seven, 11 a.m. to noon. This week, “Will It Light?” Register at the front desk or call 785-4733.

“Fantastic Birds and Where to Find Them” to 2 p.m. at Project Puffin Visitor Center, 311 Main Street in Rockland. Kids will learn about some colorful and strange birds that have appeared in the Gulf of Maine and do a bird craft. Reservations: 596-5566.

Free Crafts at Ashwood Waldorf School, 180 Park Street in Rockport. Kids 3 to 6 (and a parent) are invited to paint clay pots and plant seeds from 10 a.m. to noon. Register by Friday, August 9 info@AshwoodWaldorf.org.

Free Children’s Drawing Classes at Rockland Public Library, 4 to 5 p.m. Tuesdays. Catinka Knoth leads the Let’s Draw Together! series for kids 6-plus (or older) with an adult – adults invited to join in. All materials provided. This series is part of Let’s Get Art! Memories!

“On-the-Spot Admit Day” at UMA Rockland, in Rockland Breakwater Building, from 10 a.m. to 5 p.m. Reps will help recent high school grads, new and transfer students, and returning students to complete their application, take a placement test if needed, start the financial aid process, enroll in full classes, and register for new student orientation.

UMA’s fall semester starts September 3. Drop-ins are welcome, and one can also register ahead: uma.edu/onthespot.

Intergenerational Story Time, 6:30 a.m. at Bay Street Manor, 45 West Main Street in Searsport. Kids are invited to join the “manne’s residents for a story, presented by Carver Memorial Library.

“Universal Superstars” at Vose Library in Union, 11 a.m. to noon. Kids are invited to enjoy a themed story hour and “space craft” with visiting children’s librarian Kristin Gould. Register at the front desk or call 785-4733.

“Concussions and Teens: What You Should Know,” 5-6:30 p.m. at Rockport Public Library. Mosthail Grant, OTD, OTR/C, will give the free presentation on new concussion laws and how concussions may affect teens differently than adults, symptoms, handling and treatments. Free, but you must register: JourneyToHealthCourseStorm.com. 301-3956.
**Calendar of Events**

**Monday, August 12**
- **Jefferson Hospital Open House and Exhibits**, 4 to 6:30 p.m. at Old Jefferson Town House, 7 Gardiner Road.
- **MAM Support Group**, third Thursdays, 6 to 8 p.m. 6 Hodgdon Street, Damariscotta.

**Tuesday, August 13**
- **Indoor Pickleball for Adults in Waldborg-Barton Church**, 7 Grace Avenue, Rockland, 10 a.m. to 11 a.m. Tuesdays, August 13 to October 1. The cost is $4 weekly and all are welcome to take part in Waldborg Recreational Department’s relaxed, pick-up style program. No need to register. For more info, call 832-5349.

**Coming Up**
- **Scholarship Application Deadline** for UMaine Hutchinson in Belfast, in Tuesday, August 20. The fall semester begins September 3. For info, visit Hutchinson@umaine.edu.
- **Prostate Cancer Networking and Support Group**, second and fourth Mondays, 5:30 to 7:30 p.m. at Knox County Hospital, 6 White Street, Rockland. FMI: 617-756-4703, charushcudle@gmail.com.
- **Grown Up Story Hour at Camden Public Library**, first Saturdays at 10 a.m. Every Saturday, week by week, read by a rotating group of bookworms.
- **Overanxieties inメイン, Thursday, August 15, 1 p.m. First Baptist Church. Mondays, 6:30-7:30 p.m., Belfast. 382-6464.

**Dementia Conversation Series, third Thursdays, 4 to 5:30 p.m. The Lincoln Home, 22 River Road, Newcastle. All friends and family members welcome. Learn new ways to cope. 563-3350.

- **Belfast Story Language Days**, last Sundays, 10 a.m. Ukulele Group on Fridays at 10:30 a.m. Story Time on Saturdays at 10:30 a.m. Babes to age 2 and siblings; Wednesdays for babies to age 2 and siblings; Tuesdays for ages 4-5; Fridays for ages 2-3; Saturdays for preschoolers to early elementary.

**Carver Memorial Library, Searsmont:**
- **Children’s Clothing Exchange in Warren, Monday, August 12, 5 to 6:30 p.m.** in Pen Bay Medical Center’s Chapel Room. Drop-in meeting facilitated by a lactation consultant. FMI: 921-8345.

- **Mother’s Milk Support Group in Rockport, Tuesday, 12:30 p.m. to 5 or 6:30 p.m. in Pen Bay Medical Center’s Chapel. Drop-in group open to families and mothers-to-be. FMI: 921-8345.

- **Postpartum Support Group, first and third Thursdays in Rockport in Pen Bay Medical Center’s Cardiac Rehab Solarium and second and fourth Thursdays in Belfast in Waldborg County General Hospital’s Biscone Building, from 11 a.m. to 1 p.m.** Thursdays for new parents open to the family. FMI: 505-4140.

**Library Openings, in the midst of summer:**
- **Appledore Library, Rockland:** Story Time on Saturdays at 10:30 a.m. for kids of any age. FMI: 505-4140.
- **Belfast Free Library:** Story Time Tuesdays at 10 a.m. and Story Time Fridays at 10 a.m. for ages 2-4. Siblings welcome. FMI: Camden Public Library: Story Hour Tuesdays and Thursdays 10:30 a.m. for preschoolers; Wednesdays for babies to age 2 and siblings; Thursdays for ages 4-5; Fridays for ages 2-3; Saturdays for preschoolers to early elementary.

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YARD SALES
LINCOLNVILLE CENTER INDOOR FLEA MARKET
Saturday, August 10
Third Saturday of the Month
Community Building,
Route 173, Lincolnville Center
FMI: 788-9321
Supported by
United Church Community Church
(97)
MULTI-FAMILY YARD SALE
Friday and Saturday,
August 8 and 9
8 a.m. to 5 p.m.
Summer workshops will be
lous late-summer literary event.
To present their best essay, short
(8/29)__________________________
me a call, 441-7929 or 993-2629.
(8/29)__________________________
Route 17, Rockport
Phone
YARD/GARAGE SALE
Saturday, August 10
10 a.m. to 4 p.m., Locust Court
(off Main/wk)
8 a.m. to 1 p.m.
WASHER/DRYER —
Motorcycle —
EQUIPMENT
Wood chipper. Delivery available,
hoe, excavator, wood splitter,
Tractor/loader/back-
end, new, navy blue suede-like cov-
rior, fog lights, $8,500 OBO.
“expresso” exterior, leather inte-
8139, Rockland.(kr)________________________
MOTORCYCLE —
WASHER/DRYER —
Motorcycle —
EQUIPMENT
Wood chipper. Delivery available,
hoe, excavator, wood splitter,
Tractor/loader/back-
end, new, navy blue suede-like cov-
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“expresso” exterior, leather inte-
8139, Rockland.(kr)________________________
WEDDINGS
ECHO HILL WEDDINGGST, GEORGE
Echo Hill — St. George.
Making your special day
in your own way!
Privacy, dance floor, kitchen,
porch, rental items.
(207) 542-2644.
www.ecohillllc.com
PART-TIME GALLERY ASSISTANT, CAMDEN
RENTAL
600 Main St., Camden
Office space.
(207) 542-2600.
EOE
END HELP WANTED DISPLAY ADS
FULL-TIME TECHNICIAN
Completing preventive maintenance, such as engine
tune-ups, replacing filters,
oil changes, tire rotations and
changes & wheel balancing.
Clean driving record a must.
Competitive pay, health
insurance, life insurance &
vacation time offered.
Apply within
Mon- Fri 7:00 AM - 5:00 PM
30 ft. lot, beachfront! 1844050
www.easternshore.com
FIVE TOWN CSD Camden Hills Regional High School Rockport, Maine
Boys JV Soccer Coach
Full 2019
Camden Hills Regional High School is now accepting applications
for a Boys JV Soccer Coach. Responsibilities include
instructing & supervising student athletes during
practice and during home/away games. Coaches are expect-
ed to abide by the Maine Principals’ Association’s by-
laws & code of ethics. Traveling is necessary for away
games, with the school providing transportation.
Experience preferred. Must have or be able to obtain Maine
Department of Education Criminal History Record Check
and Free First Aid & CPR Certification prior to the first
day of employment.
Applications will be accepted until a suitable candidate
is found.
Interested applicants should submit an application and
resume along with three letters of recommendation and
DOR fingerprinting documentation, if available, to the
teacher below. To obtain an application, please call
(207) 236-3358 or stop by the Superintendent’s Office
(207) 236-3358.
Superintendent of Schools
Five Town CSD
7 Lions Lane
Camden, ME 04843
Phone (207) 236-3358
Fax (207) 236-7810
EOE
Classifieds/Help Wanted
MOTORCYCLE JACKET
$90. 413-522-5715, Tenants wood, leather cushion, like new,
NO BUSINESS, SERVICE OR
do accept faxes (596-6698).

DEPRESSION AND Bipolar Support
SUPPORT ALLIANCE
Support groups help peers living with depression and bipolar disorder, one another and benefit from the experience and understanding of others.

WATERBURY Beach Robertson
15 t. 10:00 am, SUN. 10:00 pm
10-25 suit. $10.00
South Thomaston, 975-1300.

ROCKPORT FEED
SUPPORT CENTER
Living alone? Need help? Do you use sub-
stance usage challenge? Fees: PERCENT
"I'm a Safe" help is in the language.
Need help? Look up the phone number
Listed above.

For information
Boston. www.namaine.org

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For information
Boston. www.namaine.org

REAL ESTATE
THOMASTON — House on the
Baltimore-Washington Pkwy., $285,000.

FREE PRESS
AD WORK!
Deadline is 4 p.m.
Market Basket ads run for two
weeks. Only one per house
hold per week will be printed. We can only accept ads that are:
20 words or less. We cannot
accept ads over the phone — we
do accept ads online.
Market Basket ads must be received by
4 p.m. on Monday, unless indicated.
No BUSINESS, SERVICE or
YARD SALE ADS ALLOWED in the
Market Basket. Ads that do not follow these guidelines cannot be
published.

MARTHA'S VINEYARD
Gazette
Deadline is 4 p.m.
Market Basket ads run for two
weeks. Only one per house
hold per week will be printed. We can only accept ads that are:
20 words or less. We cannot
accept ads over the phone — we
do accept ads online.
Market Basket ads must be received by
4 p.m. on Monday, unless indicated.
No BUSINESS, SERVICE or
YARD SALE ADS ALLOWED in the
Market Basket. Ads that do not follow these guidelines cannot be
published.

FREE:

Baker’s Table, good condition, 35” long x 18” x 20”.

B & D “Mouse” Sander and
hose. Water jetted sofa. STANFORD
Foot Spa massage chair, 2nd floor.

Unique Bradford Electric Cots.

Antique Quilted Full Size

Antique Rocking Chair, light
wood, 40” long x 19” x 23”.

Unique Bradford Electric Cots.

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My Lincoln Town Car Can’t Weather the Storms; Stalled for Answers to Common Jeep Cherokee Engine Issue

DEAR CAR TALK: How can I stop rainfall from getting on the floor behind the front passenger seat of a 2009 Lincoln Town Car? Other places are fine. Actually, one friend of mine said we weren’t changing our oil on time. They did an oil change, and a bunch of people report that Jeep is blaming low oil level. But you’ve got to be very low on oil to cause the engine to stop running. I’d say you’d need to be at a minimum of two quarts down.

According to Jeep’s own consumption test, you’re losing a quart every 1,250 miles. That’s not a ton of oil loss. As long as you check it and add a half-quart every 600 miles or so, you’ll never get anywhere near low enough to cause your engine to stall.

In fact, if you’ve been driving the car with your crankcase full and it’s still stalling, that tells me the oil level has nothing to do with it. So, we’re not buying the oil-level explanation.

The 9-speed transmission in this car was also problematic. That’s another possible culprit, along with the transmission wiring harness.

If you check all of your wiring harnesses by wiggle-testing them while the engine is running. If you can get the engine to stall, you’ve found the source of what is an electrical problem.

The other major problem this vehicle has is with something the prime suspect is a clogged moon roof drain. In order to delay moon roofs from leaking (they all leak over time), one of several things can happen to screw up the wonderful feat of engineering. Twigs, leaves and squirrel droppings can clog up the drains. The water has nowhere to go but into the headliner and then into the passenger compartment of the car.

The other thing we’ve seen is that the tube can become disconnected and actually separate from the drain. In that case, the water does the same thing and obeys gravity, which may fix the problem.

If your moon roof drains are all working perfectly (which they’re probably not), the next suspect would be the rubber seal around the door. If part of the seal that’s designed to keep water, wind and noise out got torn or damaged, that could allow water to seep into around that door and get on the floor back there.

It’s going to be one of those two things, Margo, so get them checked out. Then you can write back to us and ask us how to get a horrific smell out of a 2009 Lincoln Town Car that had a long-term water leak.

Ray Magliozzi

DEAR CAR TALK: Our 2014 Jeep Cherokee stalls out when making right-hand, uphill turns. Especially when they lead across railroad tracks. It’s not only unsafe, it’s also going to be difficult to diagnose. Not to mention difficult to sell.

Jeep has had a raft of complaints about stalling Cherokees. And as far as we can tell, they haven’t figured it out yet.

A bunch of people report that Jeep is blaming low oil level. But you’ve got to be very low on oil to cause the engine to stop running. I’d say you’d need to be at a minimum of two quarts down.

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Ray Magliozzi
WEDNESDAY
AUGUST 14
Open until 8:30pm!

Check out your inventory favorites, fill up on tasty summer fare and meet the auction team at the first-ever preview open house!

ADMISSION: $20pp • Free for Members & Registered Bidders
BBQ—5:30-8:30pm: $10pp • Free for Registered Bidders

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FEATURED CARS
1924 Ford Model T Touring 1952 MG TD 1964 Jaguar E-Type
1929 Peerless 6-61 Roadster 1954 Chevrolet Corvette 1965 Ford Econoline Pickup
1931 Ford Mail Truck 1956 Chevy 210 Custom 1966 Shelby GT350 Carryover
1937 Packard 120-C Coupe 1957 Chevrolet Suburban 1970 Plymouth Hemi Cuda
1941 Oldsmobile Series 66 1959 Plymouth Sport Fury 1970 Plymouth Road Runner
1949 Packard Station Sedan 1962 Chevrolet Corvette 2007 Shelby GT500
1950 Moto Guzzi Falcone 1963 Austin-Healey 3000

New England Auto Auction
at Owls Head Transportation Museum, Owls Head, ME